# Principal’s Report

## Celebrating Excellence in Education: Canterbury Boys High School's Enrichment Program Nominated for Australian Education Award

A group of boys painting a mural

Description automatically generatedWe are thrilled to announce that Canterbury Boys High School's Enrichment Program has been nominated for an Australian Education Award for Best Extra-Curricular Activity in Australian schools. This prestigious recognition reflects the dedication and innovation that define our commitment to academic excellence and student success.

At Canterbury Boys High School, we are proud to offer a comprehensive Enrichment Program designed to cater to the needs of students with high academic potential. Through targeted enrichment classes, differentiated teaching programs, and cross-curricular learning experiences, our program aims to nurture the talents and interests of our boys, empowering them to maximise their academic potential and excel in their educational journey.

Key highlights of our Enrichment Program include:

**A person standing in front of a group of people

Description automatically generatedRigorous Selection Process**: Students are selected based on their performance in an enrichment test, followed by an interview and portfolio submission. This ensures that participants are motivated, capable, and ready to engage in challenging academic experiences.

**Comprehensive Curriculum:** From Year 7 to Year 12, our program offers a continuum of enrichment opportunities, including cross-curricular projects, advanced studies classes, and specialised ALPHA Program for senior students. Subjects range from philosophy and comparative studies to advanced mathematics and science, providing a stimulating environment for intellectual growth and exploration.

**Outstanding Academic Achievements**: The success of our Enrichment Program is reflected in our students' academic achievements. From impressive HSC results to state-topping performances in subjects like mathematics, English, and science, our students consistently demonstrate excellence and mastery in their studies.

**Community Engagement and Support**: Our program fosters a strong sense of community and collaboration, with regular meetings among teachers to discuss student progress, share best practice, and ensure continuous improvement. Additionally, we are honoured to have renowned academic professor Mr. Alan Fish as the patron of our program, providing mentorship and guidance to our students.

We are incredibly proud of the impact our Enrichment Program has had on our students' academic growth and success. This nomination serves as a testament to the hard work, dedication, and innovation of our staff and students. We look forward to continuing our journey of excellence and empowering the next generation of leaders and scholars.

## Maxwell L Fuller Invitational Chess Tournament

The Maxwell L Fuller Invitational Chess Tournament, hosted by Canterbury Boys High School on April 4 and 5, was a resounding success, attracting over 140 students from 14 schools across the Inner West. Named after former student and Australian chess master Maxwell Fuller, the tournament showcased intense competition and strategic brilliance.

Both days saw each participant engaging in six matches, culminating in a nail-biting final showdown. In the secondary competition, Partly from Fort St HS emerged as the top player, securing victory for his school, which also claimed the championship title. Canterbury Boys High School demonstrated remarkable prowess, finishing a close second amidst stiff competition from quality schools.

A group of people playing chess

Description automatically generatedA group of boys posing for a photo

Description automatically generatedFriday's competition continued the excitement, with Bryan from Campsie PS earning the title of top player and Ashbury PS clinching the champion school title.

The success of the 2024 tournament has organisers already planning for next year, anticipating even greater participation and heightened levels of play.

Meanwhile, Canterbury Boys High School's chess program shifts focus to the Term 2 NSW Junior School Chess League, where we plan to field a record number of teams across the three age groups.

## Harmony Day 2024

Harmony Day at Canterbury Boys High School was a vibrant celebration of diversity and unity, expertly led by the CAPA Head Teacher, Ms. Clark. The culmination of the event took place in the John Howard Hall, where students from various cultures showcased their talents through dance and musical performances representing their countries. The atmosphere was electric as the audience was treated to a rich tapestry of cultural expressions.

The highlight of the assembly was when students and staff, representing the multitude of cultures at Canterbury Boys High School, took to the stage to wish everyone a happy Harmony Day in their native languages. This gesture encapsulated the spirit of inclusivity and acceptance that permeates the school community.

To conclude the festivities, students were handed orange frozen drinks, representing harmony and unity. This simple yet symbolic gesture marked the end of a memorable celebration of diversity. The event served as a poignant reminder that diversity is indeed the strength of Canterbury Boys High School, and Harmony Day provided a timely opportunity to celebrate and embrace this strength.

## School Newspaper

We are thrilled to announce the exciting launch of the Canterbury Boys High School Newspaper. This initiative marks a significant milestone in our school's commitment to empowering our students and fostering their creativity and voice.

Led entirely by our talented students, our newspaper will serve as a platform for them to showcase their writing skills, share their perspectives, and delve into the stories that matter most to our school community. But that's not all - we're taking it a step further by compensating our student writers with Cantabrians, our very own currency, which can be utilised for various school expenses such as canteen purchases, uniform expenses, excursions, and more.

We firmly believe that a student-led newspaper not only enhances writing skills but also provides students with a valuable platform to express themselves and amplify their voices. Through this initiative, we aim to cultivate stronger writers, critical thinkers, and active contributors to our school community.

If there's a particular story or event you'd like our team to cover, please don't hesitate to reach out to either Mr. Dummett or Ms. Webster. We're committed to ensuring that our newspaper reflects the interests and concerns of our entire school community.

Join us in celebrating this exciting new addition to our school's extracurricular activities, and let's support our budding journalists as they embark on this enriching journey.

You can read a taster of the newspaper today: See the articles by Rafeeq and Selim later in this newsletter.

## The Magpies have landed

The partnership between Inner West Magpies, NSWAFL, and Canterbury Boys High School marks a significant collaboration aimed at enhancing both sporting and educational opportunities. Under this alliance, the Inner West Magpies Junior AFL program will utilise the school's back oval for training and home games. NSWAFL's contribution involves the provision and installation of new AFL posts, alongside securing a $250,000 grant from AFL Melbourne to upgrade the back oval, introducing amenities like lighting and other infrastructure that will be an asset to the school.

This investment not only promises an improved playing surface but also signifies the integration of essential facilities benefiting both the school and the football club. In reciprocation, the Inner West Magpies pledge to serve as prominent advocates for Canterbury Boys High School within the local community. They will actively promote the school's first-class facilities and programs, including the new John Howard Hall and the Enrichment Program, which significantly enhance educational experiences for students.

The introduction of Inner West Magpies as a community partner seamlessly complements the school's existing educational partnership with the Canterbury Bankstown Bulldogs. It underscores the school's commitment to becoming a vital educational hub within the local community, showcasing the synergy between sports and education in fostering holistic development.

## Why Attendance Matters

Regular attendance at school is not merely a matter of fulfilling a requirement; it is the cornerstone of your child's educational journey. When students attend classes consistently, they benefit from:

**Academic Achievement:** Attending school regularly allows students to fully engage with the curriculum, grasp important concepts, and participate in interactive learning activities. Consistency in attendance directly correlates with academic success.

**Social Development:** School is not just about academics; it's also a place for social interaction and skill-building. Regular attendance provides opportunities for students to form friendships, collaborate with peers, and develop crucial interpersonal skills that are essential for success.

**Establishing Routine:** Consistent attendance helps children establish healthy routines, fostering discipline and time-management skills that are invaluable throughout their lives. It sets the foundation for responsible behaviour and self-discipline.

**Teacher Support:** Regular attendance allows teachers to monitor your child's progress closely, identify areas where they may need extra support, and provide timely assistance to address any challenges they may encounter. This personalised attention can make a significant difference in your child's academic journey.

**Preparation for the Future:** Attendance patterns established during school years often carry over into adulthood. By instilling the importance of regular attendance now, you are preparing your child for future responsibilities, whether in higher education or the workforce.

## The Benefits of Healthy Attendance Patterns

Encouraging and supporting your child to maintain healthy attendance patterns can yield numerous benefits, including:

**Improved Grades:** Students who attend school regularly tend to achieve higher grades and perform better during assessment periods. Consistent attendance allows them to stay on track with their studies and fully absorb the material taught in class.

**Enhanced Opportunities:** Schools often reward good attendance with various incentives, such as awards, certificates, or special privileges. By fostering regular attendance habits, you open doors to these additional opportunities for your child.

**Increased Confidence:** Success breeds confidence. When students attend school regularly and experience academic progress, their self-esteem and confidence grow, motivating them to continue striving for excellence.

**Stronger Relationships**: Regular attendance enables students to build stronger bonds with their teachers and peers, fostering a sense of belonging and support within the school community. These relationships can provide invaluable emotional and academic support.

## Your Role as Parents

As parents, you play a crucial role in shaping your child's attitudes towards attendance and education. Here are some ways you can support and encourage regular school attendance:

**Set Expectations:** Clearly communicate the importance of attending school regularly to your child and establish clear expectations regarding attendance.

**Create a Positive Environment:** Foster a positive attitude towards school by showing interest in your child's education, celebrating their achievements, and providing a supportive environment for learning.

**Communicate with the School:** Stay informed about your child's attendance record and communicate with the school if any challenges arise. Schools are here to support you and your child in overcoming any obstacles to regular attendance.

**Lead by Example:** Demonstrate the value of education by prioritising attendance in your own commitments and responsibilities.

Regular school attendance is not just a requirement; it is an investment in your child's future. By fostering healthy attendance patterns, you are laying the groundwork for their success in academics, social interactions, and life beyond the classroom. Together, let's work towards ensuring that every student at Canterbury Boys High School has the opportunity to thrive and reach their full potential.

Thank you for your ongoing support and partnership in your child's education.

# Deputy Principals’ Report

## Teaching and learning Term 1

**Canterbury Boys High School Principal’s Scholarship**

We are pleased to announce the launch of the Canterbury Boys High School Principal’s Scholarship aimed at recognising and supporting exceptional students who embody the values of Truth and Honour. There are 2 scholarships, generously donated by the Pontian Club, valued at $1000 each, that will be awarded to two Year 9 students who have consistently demonstrated commitment to upholding the high expectations of our school community. Information regarding the eligibility criteria, application process and timeline has been emailed to Year 9 parents/carers and students.

## Year 11 ALPHA program

The Year 11 2024 ALPHA cohort have now completed their three Elevate Education seminars, as well as their Welcome to the ALPHA program interview with Mr Dummett, Ms Webster and their parents. Congratulations to the ALPHA students on their nomination and acceptance into the Stage 6 enrichment program. Mentors have been allocated and will be working with their mentees to support them to continue to maximise their potential.

## Assessment and reporting

All our students have now completed at least one assessment task for each of their subjects. We expect that students carefully read the feedback they receive from their teachers and use this to help them improve their learning habits. Don’t wait

## Minimum Standards

Minimum standardstesting for Year 12 is almost complete. Early next term, Year 11 will be completing their mandatory testing. Year 10 will be participating in Minimum Standards tests for Reading, Writing and Numeracy later in Term 2. These tests are essential for the HSC so it’s important that our boys prepare for them over the coming weeks;

**Year 12**

Year 12 recently had the opportunity to hear from an ex-student, Benjamin To, who shared his post-school journey. It was a very personal reflection, where Benjamin described the obstacles on his path to success – and one of the main obstacles was his lack of motivation and drive. His story about how he turned his life around was inspirational, and our students responded with thoughtful and insightful questions. Year 12 all appreciated his honesty and the chance to relate his experiences to their own HSC journey.

## A person in scrubs pointing at a white board Description automatically generatedA group of people sitting in a room Description automatically generatedA group of men standing in front of a white board Description automatically generated

**Year 10 English**

Year 10 English have been studying poetry this term, in particular a close study of the poet, Peter Skrzynecki, and how he powerfully captures the post-World War II immigrant experience. Peter Skrzynecki’s poetry has a distinctive style. Below is a poem written by year 10 student, Yasyn, in the style of Skrzynecki, that beautifully conveys his understanding of the poet’s ideas and style. Please enjoy reading it.

## We all belong at Canterbury Boys High School

**A group of people playing frisbee

Description automatically generatedA group of kids in blue shirts

Description automatically generated**Our Wellbeing Team have focussed on the theme of ‘We all belong’ this term in their year meetings and year activities. Each year meeting has focussed on a particular aspect of ‘belonging’ to foster positive relationships, encourage prosocial skills (social and emotional competence) and maintain a positive learning environment. Year 7 Gala Day is a great example of how we build helpful and inclusive relationships. Harmony Day is of course a whole school highlight – please see the photos later in this newsletter for a glimpse into how we celebrated the day.

## Parent evenings Term 2 – dates for your calendar

Please join us for the following events next term – valuable opportunities for home and school to come together to support the best educational outcomes for your son.

**Year 7 Meet the Teacher**

**Tuesday 7 May 2024**

**3.30 pm – 5.00 pm**

**in the school hall.**

## We would love to meet all our Year 7 parents and carers at this event. It is an invaluable opportunity to establish a home-school relationship that will develop over the next six years. Mr Kendrick, Year 7 Adviser, will distribute interim reports, which will give you useful information on how your son is transitioning to CBHS. There will also be entertainment and light refreshments.

Please RSVP by **Friday 3 May** by completing the google form using the following link:

<https://forms.gle/4Goen2ejnJoDVyix8>

**Year 11 and 12 parent-teacher interviews**

**Tuesday 14 May 2024**

**4.00 pm – 7.00 pm**

**in the school hall.**

Year 11 parents/carers will be able to discuss their son’s interim report, which gives feedback on progress after one term of Stage 6 study. Students and parents from our Year 11 ALPHA group will also attend a seminar covering topics including the importance of attendance, standing out through independent learning and HSC subject analysis.

Year 12 parents/carers will receive their son’s academic report, marking the half way point of their HSC study. We hope to see

Making an appointment to see your son’s teachers will be done via the **Parent Portal.** More information about how to do this will be made available early next term.

## Thinking about next term

## All students return from the break at 8:35am on Tuesday 30 April, on their regular timetable. Monday 29 April is not a student day; it’s a staff only day for professional learning. Our staff will be engaged in a range of curriculum workshops to plan for the new syllabi and courses that we will be introducing

We’re **a uniform school,** so we expect that all uniform requirements have been organised prior to school starting. Please use the holiday break to make sure your son has the correct school uniform, which includes black school shoes, the school jumper and jacket.



Leather Lace-up Sneakers

Work

Boots/Shoes

Skate Shoes

Men’s Dress Shoes

Leather Runners



Regular Black School Shoes

## Holiday reading

Modelling great reading habits is important in encouraging active reading. Your son should have his holiday reading material already organised so he is well set up to maintain his skill set while also enjoying himself. We’d like our boys to be reading texts at the right level – their ‘ZPD’, which means it isn’t too easy for them, and it challenges and extends them, without overwhelming them. What will you be reading this holiday?

Enjoy a safe and happy school holiday.

Ms Caitlin Dwyer Ms Marilena Webster

Deputy Principal Deputy Principal

|  |
| --- |
| **City Lights** *by Yasyn*  The city lights flicker, like a nervous cough  Through dusty windows of yellow squares  A symphony of languages float in the air  Punjabi whispers mix with Portuguese prayers  We gather on balconies, a disparate crew  Eyes spilled untold journeys, some old, some new  A Yemeni woman strings green beans with care  Her hands whisper stories the wind cannot share  A young boy kicks a dented football below  His laugher a bridge where cultures can flow  An old Italian man mends a cracked birdbath  Humming a tune from a life long past  We are the debris of a ship long wrecked  The tide’s castaway  Each one adrift, searching for a safe bay  But here, in this concrete jungle, under this sky  Fragile connections begin to fly  The laughter, the music, a hesitant hum,  A tapestry woven, thread by thread.  Belonging.  A whisper, a hope unheard,  Birthed in the spaces where cultures merge.  The city lights flicker, like a nervous cough,  But tonight, they hold a promise, though fragile and soft  For in this shared space, beneath the cold stars,  We are strangers no longer, but neighbours by far. |

# HSIE FACULTY

It has been a busy term in HSIE. Here are some of the exciting learning activities in which students have been engaged in recent weeks.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| May be an image of 4 people, people studying and text  Stage 5 Commerce students worked together on their political campaign assessment task. | A person holding a bowl of leaves  Description automatically generated  Our students were enriched with an Aboriginal Identity and Culture excursion to Bundeena. | | | May be an image of 2 people and people playing soccer  Year 8 students Ahmed and Tanveer won first place in the STEM category in the 2023 Geography Teachers Association NSW & ACT Young Geographer Awards for their joint Geography/Science project ‘Water in the World’- Sydney Olympic Park. |
| May be an image of 5 people  Stage 5 students received Certificates of Excellence for History. | | | A group of boys in school uniforms  Description automatically generated  9N History worked cooperatively and raced to complete a list of historical terms. | |
| A group of people sitting on a round table in a park  Description automatically generated  7N Geography students went to the Cooks River studying land use and wetlands and conducted surveys of local residents. | | A person signing a document  Description automatically generated with medium confidenceMay be an image of 7 people and tree  8N History students conducted an archaeological dig and analysed artefacts. | | |

# NEWSPAPER ITEMS

## Checkmate for Success: Canterbury Boys High School students inspire Canterbury South students ahead of chess tournament

A group of people playing chess

Description automatically generatedBy Selim S

Last Friday, Canterbury South Public School reached out to Mr Dummett to request that three of our students come to the school to support, mentor and coach their students who will be participating in the Maxwell L Fuller Invitational Primary Chess Tournament on April 5.

A group of people playing chess

Description automatically generatedSelim, Tyrone and Leo went to Canterbury South Primary School on Friday March 22 during lunchtime to play games against and mentor approximately seven of their chess players. They also had a skilled chess coach onsite, who observed and approved of the boys’ teaching methods. The teacher involved, Ms Marangao, was very impressed with the boys, and not only for their knowledge of chess but their calm patience with the students from CSPS.

A group of people playing chess

Description automatically generatedThe students of Canterbury South Public demonstrated excellent ability to process and improve on feedback given by their mentors, quickly calculating to find the correct move to play depending on the feedback received. Though nervous at first about playing against more experienced chess players, these students concentrated on the task before them and played their moves with confidence and in a state of calmness. Even Mr Dummett was given the opportunity to play a game after one young, ambitious student stepped up to give him an opponent. The resulting game was very interesting to observers, and eventually concluded with Mr Dummett’s success, not only with winning the game, but also entertaining and educating his opponent. Similarly, the other students also enjoyed learning from the mentors and all had improved at the end of the day.

"Today was a valuable opportunity for our boys to share their skills with younger students in our community. This program is a great example of the strong connections we have with schools in our local learning precinct," said Mr Dummett.

A person and child playing chess

Description automatically generatedThe mentors from CBHS were highly successful in educating students at CSPS and ensured that they are more experienced and excited for their upcoming games in the Maxwell L Fuller Invitational Primary Chess Tournament on April 5. Additionally, the mentors of Canterbury Boys High School enjoyed this opportunity and look forward to more opportunities in teaching students from Canterbury South Public and any other schools who are eager to learn the complex and exciting game of chess.

## Harmony Day

By Rafeeq G

Ever since 1999, Harmony Day is a special day that is held every 21st March to celebrate Australia's multiculturalism, and to celebrate the country's cultural diversity. Harmony Day is about inclusiveness, respect and a sense of belonging for everyone. This message can be lived by each of us, every day in our lives and in Canterbury Boys High School.

On 21 March 2024, the boys at Canterbury Boys' High School celebrated harmony day by dressing in orange or wearing their cultural outfits. The colour orange is a colour that represents Harmony Day. Orange has traditionally been associated with meaningful dialogue and social interactions. Additionally, the colour orange represents freedom and the encouragement of respect for one another.

At Canterbury Boys’ High School, approximately 85% of our students have a language background other than English due to them coming from a different country. At Canterbury Boys, there are approximately 44 other languages spoken by the students. By showing your cultural background, the staff and students get the opportunity to think critically about our own beliefs and examine the world in different ways. At Harmony Day, the students at the school had shown their multiculturalism through their amazing traditional performances with their dances, musicals, and speeches.

A group of people standing on a stage

Description automatically generatedI would like to congratulate all the staff, and students who contributed to the outstanding success of our harmony day last Thursday. The special event led by Ms Clark and her dedicated team ensured that the day ran smoothly, leaving a lasting impression on all who attended, and showed the school’s multiculturalism and also showing the student’s and staff's inclusiveness, respect and a sense of belonging for everyone and continuing this message for each student at Canterbury Boys and also using it in your everyday life.

# Science Faculty

Year 7: participated in all things Science – laboratory safety, equipment, terminology and working scientifically skills.

Year 8: explored the inner workings of the human body, dissecting hearts,

Year 9: observed different types of chemical reactions.

Year 10: analysed the Big Bang Theory, the origin and age of the Universe.

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Figure 1. How long does it take for water to boil? | | A group of students in a science lab  Description automatically generatedFigure 2. Is the universe expanding? | A group of kids in uniform  Description automatically generatedFigure 3. Which path to class is the fastest? | | | |
| A group of boys in uniform standing in front of a sink  Description automatically generatedFigure 4. Bunsen Burner Licence | | Figure 5. Oobleck - a non-newtonian fluid | | | Figure 6. Water cycle in a beaker |
|  | A group of students in uniform  Description automatically generatedFigure 7. A metal and an acid produces? | | |  | | | |

# Music Faculty

Term 1 has been busy for music students with their involvement in some of the most important events, showcasing our talented performers.

We have seen the emergence of our beginner musicians taking up the challenge of learning instruments such as trumpet, trombone, saxophone, guitar, and keyboard. Some of these boys will be in the school stage band in no time. Our school stage band took on new yet challenging music pieces and delivered excellent performances at the official opening ceremony of our school hall and Open Day.

Harmony Day also showcased our versatility and our diverse cultural groups performing in our new school hall. We saw performances from our African drummers, assorted Polynesian vocal acappella groups, the haka, several notable vocal performers, and cultural dances to name a few.

|  |  |  |
| --- | --- | --- |
| Great vocal performance by Ejay R, singing “A Sky Full Of Stars” for Harmony Day. | Adam Blasi on the bass guitar playing with Leo Miller and Atolantic Wriddho, warming up the guests as the enter the hall for our Open Day | |
| Sosaia Togia-Lafo and Mino Gaiga *(Background: Sonny Di Bella and Jaziah Swann)* performing a Samoan folk song for Harmony Day | | Canterbury Boys' High School Stage Band performing at the official opening ceremony of our school hall. |

# Career’s Corner

## Volunteering at the Exodus Foundation

A group of people posing for a photo

Description automatically generatedYear 9 and 10 students made a difference to the lives of the less fortunate in the community. They served meals and packages hampers at the Exodus Foundation, Loaves and Fishes restaurant. Students were fortunate to meet the Founder of the Foundation, The Reverend Bill Crews and have their photo taken with him. We are proud of our caring students for volunteering with enthusiasm and positivity!

A group of people sitting at a table

Description automatically generatedA group of people in aprons

Description automatically generatedA group of people in a room

Description automatically generated

## A child and child talking to each other Description automatically generatedYear 10 Future Focus

Year 10 students attended the Future Focus program at The University of Sydney. The Future Focus program aims to assist students to think about their future and navigate the journey from school to university with confidence. Students explored and discovered future study and career pathway options and scholarships by attending a mini career expo and speaking to university student ambassadors. They also participated in workshops aimed at assisting students to identify their interests and abilities in relation to choosing suitable subjects for the senior school and potential Bachelor degrees.

## A person standing in front of a glass door Description automatically generatedA group of boys in uniform Description automatically generated

## Year 10 Macquarie University Young Wisdom Incubator Bootcamp

A group of people sitting in a room

Description automatically generatedA group of boys in uniform

Description automatically generatedThis term, six Year 10 students volunteered to participate in a start-up program called Young Wisdom, INCUBATOR at Macquarie University. The purpose of this experience was to help students understand what it is to be a true entrepreneur, how to start a business and gain inspiration to pursue entrepreneurship. In small groups of students from different schools, we created our own kind of business by working collaboratively and thinking creatively and strategically at the INCUBATOR facility. Overall, this excursion was a wonderful experience for my classmates and I, as we gained valuable insight into our potential future as entrepreneurs.

By Rafeeq G



## Year 11 UNSW Gateway Leadership Program

On the 14th of March, eight Year 11 students identified with leadership capabilities were selected to partake in the UNSW Gateway Leaders Program, alongside student leaders from various schools. We participated in leadership workshops facilitated by the Faculty of Business aimed at helping us to discover how to become a well-respected leader, additionally with techniques used to enhance confidence and communication skills in a leadership role. Students benefited greatly learning how to emit their presence whilst on stage, and deeply appreciated the opportunity to increase their confidence and overall esteem regarding leadership.

By Neel G & Hugo T

A group of boys in uniform posing for a picture

Description automatically generated

## Image previewYear 12 Guest Speaker Presentation

Our Year 12 cohort was fortunate to listen to an inspirational and motivational presentation by a former Canterbury Boys High student, Benjamin who completed his HSC in 2017. Benjamin completed his Bachelor of Medical Science and is currently in his third year studying Medicine.

Benjamin shared his high school and university experience with students and imparted wisdom, valuable tips, and advice on how students can achieve success navigating their future career journey.

A group of men standing in front of a projector screen

Description automatically generated

# Enrichment Program

## Year 8N Enrichment Excursion to Bundeena National Park

As part of our co-curricular enrichment program with History, English and Visual Arts, 8N, some Year 8 students and First Nations students went on an excursion to visit Bundeena National Park on February 29. In History, English and Visual Arts we have been learning about historical investigations and First Nations people connection to country. We had two First Nations guides who demonstrated the First Nations historical tools,culture, history and connection to Country.

A person putting on a face paint

Description automatically generated A group of people in uniform

Description automatically generated

The experience began with our guides applying ochre to the face of each student and having a smoking ceremony to welcome us to Country, the rangers said ”the smoking ceremony cleanse all bad and negative spirits”. The day’s events began quickly, no sooner had we completed the smoking ceremony, we were shown how to throw a spear. This led to a spear throwing competition with three trial rounds. We were taught how to correctly throw the spear, what it was used for and how it was made.

A group of people in uniform

Description automatically generated A group of people in blue shirts

Description automatically generated

A child with a white face and a blue shirt

Description automatically generatedFollowing the spear throwing, we went on a bush tucker walk. We learnt the use of multiple different plants, one of which was called Lomandra. If pulled out correctly, you will get a white base, and if you chew on the white base it will activate your saliva glands and help you to stay hydrated. It can keep you hydrated for upto 5 days. We also learnt about the Cole Wattle plant, which if combined with water will create a natural soap that can cleanse your body.

# A group of people in blue shirts Description automatically generatedA child with a white face and a blue shirt Description automatically generated

After the bush tucker walk, we sat in a group and our guides presented a variety of Aboriginal artefacts, explaining the use and cultural importance of each tool. Some of these artefacts included shields, battle axes, boomerangs (normal and battle versions), and kangaroo skin. The final activity was boomerang throwing of which many agreed was the most enjoyable.

A group of people sitting in a circle in a circle

Description automatically generated A group of people in blue uniforms

Description automatically generated

The experience was a very enjoyable one, and one that I think most of us, if not all of us, came away from this experience with new knowledge and respect for Aboriginal culture, people, and practices.

Ahmed Laanani and Finn Norman

Year 8 Enrichment

# Dates To Remember

|  |  |
| --- | --- |
| Tuesday 30th April | Students Return to School |
| Tuesday 7th May | Year 7 Meet The Teacher |
| Monday 13th May | Zone Cross Country |
| Tuesday 14th May | Year 11,12 Parent Teacher Night |
| Thursday 16th May | All Day Athletics Carnival |
| Friday 17th May | Year 12 Excursion |
| Thursday 30th May | Year 7N Excursion |
| Monday 10th June | Public Holiday: King’s Birthday |
| Tuesday 11th June | Year 10 Excursion |
| Monday 1st July | Zone Athletics |
| Tuesday 2nd July | Year 8,9,10 Parent Teacher Night |
| Friday 5th July | Last Day of Term 2 |
| Tuesday 23rd July | Students Return to School |

# P & C NEWS

The Canterbury Boys High School P&C Association will next meeting on Wednesday the 30th of August via zoom.

**Acknowledgements**

The Canterbury Boys High School P&C wishes to acknowledge the following supporters of our P&C as well as various community partners.

* Canterbury Bankstown Bulldogs Football Club
* ACG Air Conditioning
* Inner West Magpies AFL
* Fettayleh Foods
* King Carlos Coffee Roasters
* Fruitful Hampers
* Superior Training Centre
* Bolsta Fundraising
* Valion Group
* Ray White Canterbury



|  |  |
| --- | --- |
|  |  |
| A building with windows and signs  Description automatically generatedA blue and white logo  Description automatically generated |  |
|  | |