



Term 4 Week 9 – December 1st, 2021

PRINCIPAL'S REPORT



I would like to remind everyone about a very simple way of improving educational outcomes. Getting a good night's sleep.

Sleep plays a vital role in helping students to learn and achieve their very best personal results. Some benefits of getting the right amount of sleep every night are; Learning & Memory: sleep helps concentration and motivation along with consolidation and strengthening of new information and memories. Emotional & Mental Health: studies show children who are sleep deprived are more likely to suffer from depression, anxiety, negative body image and low self-esteem. Behaviour & Decision Making: sleep deprivation affects decision making capacity, has a negative effect on behaviour and relationships, and increases risk of accidents. Body Systems: sleep deprivation affects children's physical growth, brain development, immune system and plays a key role in weight gain.

I was recently informed that during lockdown one of our students volunteered their time to cook, package and distribute food packages for families that were struggling during those difficult times. This is a great example of the wonderful young men that are a part of our Canterbury Boys High School community. At CBHS we work very hard to instil a community spirit in every boy. Well done Harry, keep up the great work.



Last week I gave the students involved in the ALPHA program (Advanced Learning Pathway for High Achievers) a challenge of writing a 500-word creative writing piece based on a photo taken from last year's graduation. The standard of writing was very high. On Monday, I gave the boys feedback on their stories and presented Samir S with a \$50 voucher from Nio's Grille as it was judged the best of the entries. Well done Samir and every student for your dedication and commitment to the ALPHA program.

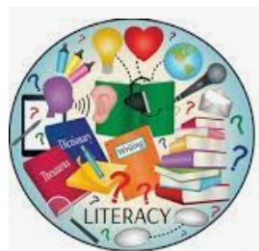


DEPUTY PRINCIPAL'S REPORT

Literacy, numeracy and more...



In the next few weeks, right up until the end of the year, all our students in Years 8 to 10 will be participating in a range of assessments to gauge their learning growth in reading and numeracy. This week, students are taking part in 'Check In Assessments', the Department of Education's online assessments which supplement our existing school practices to identify how students are performing in key areas.



Our other major source of information about reading growth is Star Testing, part of our Accelerated Reader program. Star Testing provides each student with individualised reading targets based on their 'ZPD' (Zone of Proximal Development i.e. books that challenge, without being too hard to read). We have seen some phenomenal individual results so far, for example, with Alex in Year 8 increasing his reading age by more than two years within an eight-month period.

Teachers will be investigating the results of these assessments in detail on our student-free professional development days at the end of this year (Friday 17 December) and the beginning of next year (Friday 28 and Monday 31 January) to tailor teaching specifically to student needs.

There's a lot to celebrate



In amongst the assessments, there is also lots to celebrate in the coming weeks – we will be farewelling our current Year 12s with two special events, the Graduation Dinner on 7 December and the Graduation Ceremony on 8 December. The boys have been coming into school to have their graduation gowns fitted. The fact that their school career is over, is gradually becoming a reality. We will also have a number of old boys visiting on the day of graduation, so it promises to be a particularly poignant

and emotional day, not only for students and parents, but for teachers as well, as we witness the culmination of our combined efforts over the last six years.

Following this is our Prefect Investiture on Monday 13 December, where our outgoing Student Leadership team hand over the reins to the new leadership team. This transfer of leadership is symbolised in a touching ceremony where the incumbents present the new leaders with school blazers, embodying the school motto of Truth and Honour.

Looking forward to 2022

We welcomed Year 12 2022 back to school this week - while the HSC exams finish this week with the last two exams on Thursday and Friday, neither of these exams involve students in this cohort so classes have started and are already in full swing. To say that these boys have hit the ground running, is somewhat of an understatement. They receive their Assessment Policy and Procedures booklet this week, which details their responsibilities to ensure they are prepared for the demands of each course.



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We strongly encourage our students to use a planner to map out when their assessment tasks are due – all courses have their first assessment task due in either the first or second week that students return to school next year. This will mean that their 'holiday' time must involve a substantial amount of schoolwork. Something to note about the calendar for next year – teachers return to school the week before students,

which means that 'Week 2' is actually the first week that students attend school.

We are also looking forward to Orientation Day on 9 December, where our new Year 7 2022 will spend the day getting to know our school. Along with meeting teachers, taking part in some hands-on lessons and getting to know each other, our new students will receive their school tie from a member of our alumni in a special ceremony to welcome them into the Canterbury Boys community.

Helping keep everyone safe

We're continuing with our COVID-safety measures in line with Department of Education advice. This means we're continuing to:



- wear masks for students and staff (students supply their own masks). This is mandatory indoors



- maximise natural ventilation, with doors and windows open in classrooms
- physical distance and limiting mingling of cohorts with different playground areas, and staggered exit times
- Have enhanced cleaning and hygiene practices.

Each week we rotate the designated playground areas for each cohort. **Well done to our student-body** for being responsible and following the requirements we have in place that are designed to keep everyone safe.

Stay safe and well everyone.

Ms Caitlin Dwyer
Deputy Principal

Helping keep everyone safe

It's very important that if **you or your son has any COVID-19 symptoms**, get tested as soon as possible and self-isolate until you receive a negative result. Common symptoms include fever, headache, cough, sore throat, difficulty breathing, runny nose or fatigue. Of course, all students attending school must be well and free of any flu-like symptoms and not have been directed to self-isolate by NSW Health

Please contact the school if you, your son or another member of your household receives advice from NSW Health about self-isolating / being a 'contact' so that we can work with you to make sure the necessary measures are in place.

The department's website <https://education.nsw.gov.au/covid-19/advice-for-families> is the 'source of truth' for the most current advice on how COVID matters are managed. The website also includes information for parents about the process if there were to be a positive case at school, as well as Frequently Asked Questions.



School Travel for 2022



2022 school travel applications are now open

Students who need a School Opal card or travel pass for 2022 can [apply](#) now. A new application will need to be submitted if they are applying for a school travel pass for the first time, or if they are requesting an additional travel entitlement as a result of a new shared parental responsibility situation (joint custody).

Students who change address, school, campus location, or who have repeated a year or received an expiry notification from Transport for NSW for their school travel entitlement should [renew or update](#) their details before **the end of term 4**. This will ensure that schools can endorse applications and current entitlements are updated and remain valid. School Opal card holders will have the changes applied to their existing card.

If a student's distance eligibility has changed based on their grade the system will automatically update their entitlement if they meet the new criteria. If they do not meet the new [eligibility criteria](#), they will receive an expiry notification via email.

Students who have an entitlement approved under a medical condition that is due to expire will receive a notification advising them to re-apply.

[Term Bus Pass](#) holders will receive a notification to re-apply.

Students in the Opal network applying for an Opal card (including a Term Bus Pass) for the first time will receive their Student Opal card at their nominated postal address. Cards will be mailed out from January 2022.

Students living in rural and regional (R&R) areas should receive their travel pass at the start of the new school year from their nominated transport operator. It may come via the school or be sent directly to them at home. **Note:** some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.



School Student Transport Scheme site change

On 1 October 2021 the School Student Transport Scheme (SSTS) information and application portal was moved to **transportnsw.info**. This will assist families find all their travel information in the one place.

Travel from Term 1 2022

We ask that parents plan and make sure their child knows which service/s to use and has a valid ticket to travel; either a School Opal card or Child/Youth Opal card (within Greater Sydney) or a School Travel Pass (outside Greater Sydney), from the start of the school year.

Applications for the School Student Transport Scheme (SSTS) open at the start of Term 4 2021 for travel in 2022, so parents/students can [apply](#) or [update](#) details early and be ready for the start of the new school year.

Most students using the Opal network will not need a new Opal card and can continue travelling on their existing card each year.

The start of the year is a difficult period for local bus operators, and students travelling without a valid ticket make service planning and operations increasingly difficult.

We recognise that for some families last minute changes to school enrolments mean they may not have a School Opal card or Travel Pass for the start of term. In the Opal network, we strongly encourage these families to have their children travel on a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their [local bus operator](#) to discuss their travel needs.

Bus operators are flexible and understanding, particularly at the start of the school year, and will ensure students can travel safely to and from school. But to best support our operators we encourage all students to have a valid ticket, as early as possible, from the start of the school year.

Please also remember that students using Opal cards must tap on and tap off in line with the [Student code of conduct](#) and [Opal terms of use](#).



Transport
for NSW

Further information can be found at transportnsw.info/travel-info/using-public-transport/school-travel Enquiries can be submitted at transportnsw.info/contact-us/feedback/passes-concessions-feedback



CAREERS CORNER

Transition Adviser Presentation

Our Careers Team, Alexandra Giameos, Careers Adviser and Patricia Bursill, Transition Adviser, were invited to present to the Transition Adviser Training Conference organised by Senior Pathways Ultimo.

They shared best practice strategies and elements of our Career Education Program to beginning Transition Advisers.

The presentation was well received, and the new Transition Advisers gained from our team's wealth of experience.





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Our **Gateway Services** can give you the resources to assist you make informed decisions about your career. Our services can connect you to employment opportunities and support you into a rewarding career. The service delivers tailored advice and support that's flexible, online and at no cost to you.

Discovery Program - Includes **GuideU** and Online Career Coaching and Job search support includes job exploration, assessing your interests, values and skills, goal setting, interview skills, resume and cover letters, job websites, self-marketing strategies, using social media, developing employability skills and more.

Jobs Matching and Jobs Board – Access to our Jobs Board and we match you to suitable jobs. We have the resources to connect you with job opportunities that match your skills and career goals.

For advice and support register today! Get your access today;
https://sras.jobreadygateway.com.au/apprentice_registration/step_one/new or



SCAN ME

In addition to the **Gateway Services** we offer, our **Help Centre** which is a great place to find all kinds of useful tips and resources, such as:

Creating a winning resume - How to find the jobs you want

Interview techniques that will impress

Language, Literacy and Numeracy Support

Would you like to feel more confident with your language, reading or math skills? We can give you help to build your skills.

Links to community support agencies and information websites

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Science Week 2021 – Food Different by Design

This year, Science Week was a virtual affair, students from every class were asked to submit posters on either Sustainability or Genetic Modification of Food.

The winners of the poster competition for 2021, each received a \$25 gift voucher.

And the winners are:

- 7T – Jhenson A
- 8R – Maheeb C
- 8T – Weideu G
- 8T – Hamza Z
- 9H – Khalil M
- 10 B – Aaron K
- 10 C – Matiu B
- 10 H – Alex L





Introduction to Biology, Chemistry and Physics

During the last five weeks of term, Year 10 students who will be starting Preliminary Biology, Preliminary Chemistry or Preliminary Physics in 2022 have been getting introduced to the art of experimentation in their respective subjects.

