



Canterbury Tales

Canterbury Boys High School

Where learning is innovative, inclusive and supportive

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TERM 2 2018

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Principal's Editorial

Term two has been another exciting term at Canterbury Boys High School. Our students have been busy engaged in learning, our recent Parent-Teacher night represented the enthusiasm and eagerness from students and teachers alike to share what has been happening in our classrooms.



Outside of the classroom, students have continued to excel in a variety of fields – academic, leadership, arts and sport.

We edge a step closer to our Centenary activities this November and I thank the Centenary Team and our Prefects for their efforts in numerous fundraisers and activities. More information on the Centenary is on the school website and later in this newsletter.

Thank you for my time at CBHS-It is with great sadness that I say farewell to the wonderful school community of Canterbury Boys at the beginning of Term Three as I have been merit selected to the role of Principal of Prairiewood High School. I have absolutely loved leading CBHS over the past 2.5 years and am proud of what has been achieved. Highlights include: leading the schools journey in School Excellence (School Plan, External

CALENDAR OF EVENTS

TERM 3 2018

Tues July 24	Start of Term 3 for students
Aug 6-10	Education Week
Thurs Aug 9	Australian Maths Competition
Aug 20-24	Trial HSC Examinations
Fri Aug 28	Visual Arts HSC major works due
Thurs Sept 27	Year 12 Graduation
Fri Sept 28	Last day of school for Term 3
Sun Oct 7	Daylight Savings starts

TERM 4 2018

Mon Oct 15	Start of Term 4 for students
Thurs Oct 18	HSC Examinations begin
Tues Nov 6	Year 7 HPV Vaccinations 2 nd dose
Fri Nov 9	HSC Examinations end
Mon Nov 19	Timetable Rollover
Mon Nov 19	Presentation Night
Fri Nov 23-25	Centenary Weekend
Fri Nov 23	White Ribbon Day
Mon Dec 03	Year 8 Swim School
Thurs Dec 20	HSC Results released
Wed Dec 19	Last day of Term 4 for students

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FOLLOW US ON SOCIAL MEDIA

To keep up to date with regular news stories and events at CBHS, please follow us on:

- <http://www.canterburb-h.schools.nsw.edu.au/>
- <https://twitter.com/CanterburyBoys>
- <https://www.facebook.com/Canterbury-Boys-High-School-467523453336257/>

Validation as examples), extraordinary HSC results through our 3+3 Compressed Curriculum model, expansion of our Community of School initiatives, and initiating wonderful learning partnerships with the Sydney Story Factory, the University of Sydney STEM Academy and the Australian Business and Community Network. In 2017, CBHS become a White Ribbon School and we received a prestigious award from the Public Education Foundation for our STEM initiatives. Congratulations to all the young people that make up the CBHS community. It has been my pleasure supporting you as Principal. My advice to you is to place high expectations on yourself, always strive to keep improving, to do something that matters and to always aim to be a good human being that shows respect, compassion and kindness through your interactions with others.

CBHS has the most outstanding teaching and non-teaching staff that are dedicated, hardworking and committed to seeing students reach their full potential. I sincerely thank the staff for their tireless efforts and support. In particular, I would like to thank Ms Catherine Player and Ms Belinda Conway for their extraordinary senior executive leadership and support. Ms Player will relieve as Principal.

As valued partners in learning, may I thank the parent body and local community for your support and partnership. The directions of the 2018-20 School Plan have been set and focus the themes of Connect, Thrive and Learn as key strategies to ongoing school improvement. I look forward to watching the continued achievements of CBHS. Thank you for letting me be a small part of the 100-year history of CBHS – such an exemplary example of quality public education.

Ms Belinda Giudice, Principal



Food Technologists of Tomorrow

This term, the Stage 5 (Years 9 and 10) Food Technology elective class has been studying how companies develop new food products to expand their market share or enter into a market that they may not previous be part of.

Some common examples include Coca-Cola developing new flavours of their soft drink or Red Rooster selling fish alongside their chicken range.

Students have been completing an assessment where they had to conduct research and develop their own food product that used pasta as an ingredient that could be mass produced and sold in a supermarket, including its packaging.

They were also required to produce a sample of their food products in class. Students made their own variations on staple pasta dishes including Spaghetti Bolognese, Macaroni and Cheese, Garlic Chicken Pasta and Sausage pasta. Included are some of the samples of the finished products.

I would like to congratulate the chefs of tomorrow on how well they conducted themselves and the various products they produced and look forward to their food catering products that they will make next term.

Mr Dukes-Teacher



Love Bites program-

Student Support Officer

On the 11th May all Year 10 students participated in the Love Bites program at school. Love Bites is an extremely successful school based Domestic and Family Violence and Sexual Assault prevention program.

Students took part in two interactive workshops which aim to promote respectful relationships, challenge gender stereotypes and aim to bring about awareness and change in relation to Domestic and Family Violence and Sexual Assault in Australia.



The day ended with students taking part in a creative arts session which involved creating art works or a rap song to reflect on their learning throughout the day.



Homework Centre

- Does your student need help with his homework?
- Have they got an assessment task to complete?
- What about a quiet place to study?
- We invite your student to come along to the Homework Centre in the Library. Staff will be available to help students with their homework, assessment tasks and study skills.



WHERE: School Library

WHEN: Every Monday and Thursday

TIME: 3:30 pm - 4:45 pm

COST: It's FREE!

Contact Ms Robson at CBHS on 9798 8444.

Centenary Celebrations

In 2018, CBHS celebrates our centenary anniversary.

We invite our student and staff alumni and all existing students, staff, parents, local schools and our community to join with us in celebrating this historic public education milestone.

The official events will be held on the weekend of 23-25 November 2018. So save the date!

If you would like to be kept informed about Centenary events, please provide the Administration Office with your contact details by contacting the school by phone 9798-8444 or email canterburb-h.school@det.nsw.edu.au

Information about the Centenary and photographic memories from the last century can also be found on our Centenary Facebook page 'CBHS Centenary'.



City of Canterbury Bankstown Libraries



On 12 May 2016, the former Bankstown and Canterbury Councils were amalgamated and became known as the City of Canterbury Bankstown.

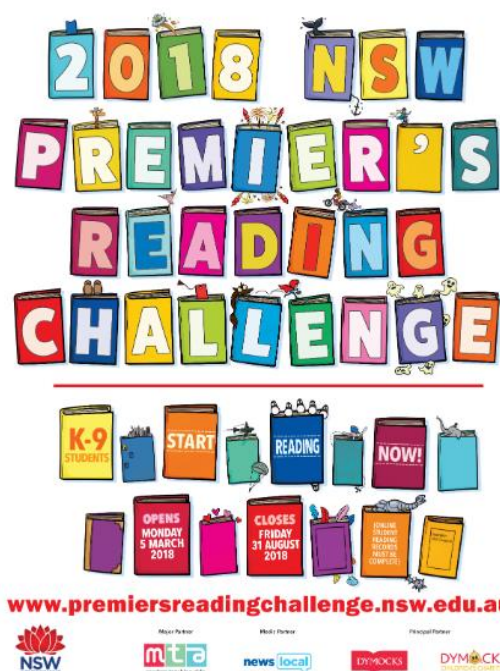
It is now the largest Council in NSW, by population, with 350,000 residents and nine libraries of resources to select from Bankstown, Campsie, Chester Hill, Earlwood, Greenacre, Lakemba, Padstow, Panania and Riverwood.

I was privileged to visit Campsie Library and see the resources that they have available. Whilst my primary concern was to determine what was relevant to our students, I was pleasantly surprised at the facilities available for everyone! These ranged from story-time for children and reading groups for older people, community language resources, technology classes, English language classes, and Multicultural programs and events.

For student assignments, in addition to e-books, non-fiction books and reference collection, there is also the Homework Assistance Program, and a large HSC collection, including Excel study guides (with very generous borrowing limits!). There is also a fantastic collection of online databases and full text journal articles. The cost of a subscription to these online services is prohibitive for small schools such as ours, but Library members can access them for free.

Some of the databases can be searched using different age appropriate interfaces and results can be matched to each student's individual reading ability. Searching is precise, quick and convenient. These online resources are of particular relevance to our senior students, as they provide access to information that is accurate, current, and validated.

I would encourage you, if you have not yet done so, to visit your local Library and join!



The 2018 Challenge is underway! Students in Years 7-9 are eligible to enter, and students are already entering their reading records online on the Challenge website.

Challenge: Years 7-9

Number of books you must read: 20

Minimum number of PRC books: 15

Maximum number of personal choice books: 5

PRC booklists you can read from: Years 5-6
Years 7-9

As many of you already know, a certain number of books must be read in order to complete the Challenge. Students can choose books suited to their reading levels and interests, as they have the choice of titles from both the Year 5 -6 lists and Year 7 -9 list. Combined, this means there are over 3,000 titles to choose from! See the website for details.

Why not use the upcoming school holidays as an opportunity to continue reading for the Challenge? Whilst our School Library has quite a few of the listed titles, do not forget to visit your local public library as well.

Counsellor's Advice

How to Maximise your Son's Learning



1. Make sure he sleeps well.

- The brain needs rest to work properly. It is then able to focus on tasks, put emotional experiences into context and create controlled and appropriate responses.
- How much sleep do people need?
 - Primary School: 10-12 hours per day.
 - High School: 9-11 hours per day.
 - Adults: 7-9 hours per day.
- Parents can help by insisting on set bedtimes.
- Need help- Google *twilight* and *flux*.



2. Make sure his use of technology is appropriate.

- The amount of time adolescents spend in front of a screen (computer, tablet or phone) can affect attention, concentration and mood. There can be a negative impact on the teenager if too much time is spent using technology.
- How much screen time is acceptable? This depends on the purpose of the activity, but for non-learning activities up to 2 hours daily is fine – beyond that is leading to potential internet misuse.

- How can I help as a parent?



- No technology in bedrooms after a certain time, usually an hour before sleep;
- Set the internet to cut off at a reasonable time if necessary;
- Set up a charging point (maybe in the kitchen) for everyone's devices to charge overnight;
- Encourage balance between the real-world and virtual world by encouraging friends, social activities and sport activities;
- Check out www.cybersmart.gov.au for ideas.

3. Delay supplying alcohol at home.

- Latest research shows parents should delay their teenagers drinking alcohol for as long as possible.
- Check out the website: www.drinkwise.org.au

4. If you need to discuss this with a health professional.

- Contact your son's School Counsellor or contact Headspace specialists who can help you and make an appointment. It's a free service.



- www.headspace.org.au
- *Ashfield*: Phone 9193 8000
- *Hurstville*: Phone 8048 3350
- *Camperdown*: Phone 9114 4100

Doug Creighton, School Counsellor
Phone: 9798 8444 Extension 106

Careers

Yr 10 ASPIRE Degrees at Work

Yr 10 students visited State Street, a corporate global business management consultancy, through our partnership with UNSW ASPIRE. The Degrees at Work program aims to open students' minds to the different types of jobs and career possibilities available within finance and to inspire students to enter university.



The visit included a tour of the corporate workplace and exposure to the diverse job roles within State Street. Students heard from a panel of industry mentors ranging from Assets Manager, International Relations Manager, Compliant Manager Global Services, Portfolio Manager and Project Manager who shared their career journey and advice on achieving success in the workplace. Discussion topics included skills and qualities highly valued within the workplace such as Teamwork, Communication, Presentation, Problem Solving, Critical thinking. Employees also helped students with setting goals and planning their career paths.

Some comments by students about their experience:

"The financial industry has a lot more job opportunities than what I initially thought."

"Today I learnt I just need to keep working hard, every day, at home and school."

"I want to get into a financial business of some sort as it really interested me."

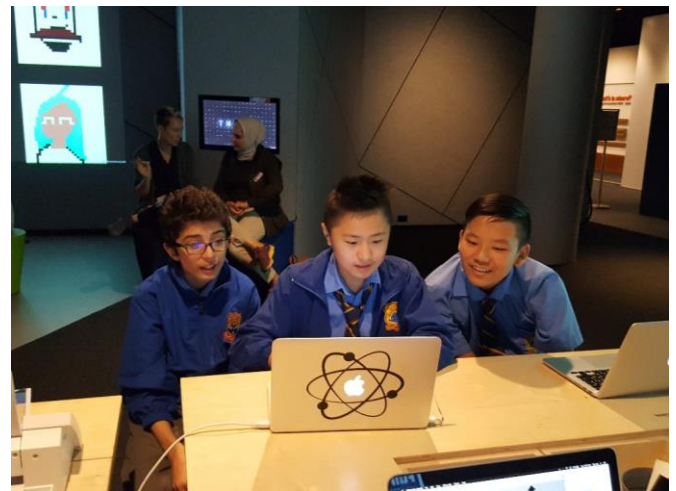
"I learnt how to do an interview and what to ask."

Year 8 ABCN Full Steam Ahead

In partnership with ABCN, the Museum of Applied Arts and Sciences and Commonwealth Bank, Year 8 students participated in the Full Steam Ahead program designed to deliver computer science education through interactive workshops in the areas of Science, Technology, Engineering, Arts and Maths.

This program consisted of four interactive workshops giving students the opportunity to learn about coding and the basics of games design.

Students also learnt about exciting careers in technology and finance, and that future jobs will need people with more skills in digital literacy, science, maths and technology than ever before.



Yr 12 ABCN InRoads

Yr 12 students with an interest in a career in the technology industry were given the opportunity to participate in the ABCN program, InRoads in partnership with recruitment agency, TalentRise. The InRoads program is designed to assist students to gain knowledge of entry level positions in the IT industry and become job ready by understanding the job seeking process and the importance of demonstrating soft skills in gaining employment. Over four sessions, industry mentors will share their expertise and knowledge of career path opportunities and workplace expectations. This coaching and support offered to students by industry mentors will help students land their first job after the HSC.



Yr 8 ASPIRE Taster Day

Yr 8 students visited the UNSW campus to experience a day in the life of a university student and to learn about choices that can be made for their future career. Students learnt about what university is, the difference between university and school, and what courses can be studied at university through discussions with university ambassadors, a tour of the university campus and hands-on faculty workshops.



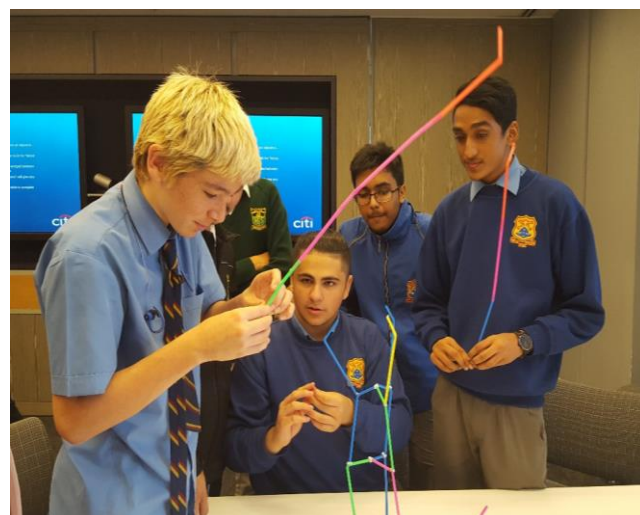
WATPAC Coroner's Court Construction Site Visit

Year 9/10 Work and Life Skills class attended a construction site visit of the new Coroner's Court being built at Lidcombe. This large facility expected to be completed in December includes a Mortuary, Administration, and Court. Students were given a tour of the premises by the site Manager and shown the various trades associated with the construction industry ranging from tiling, glazing, bricklaying, electrical, air conditioning and plumbing.



Yr 9 &10 ABCN Pathways at Citi

Year 9/10 Commerce visited Citi Group head office in the CBD through our partnership with ABCN.



The Pathways at Citi program aims to expose students to the variety of jobs available within the banking sector and develop student understanding of the types of skills required in the workplace through small group mentoring and interactive group work.

Sporting Events

Athletics Carnival

On Thursday May 10th we held our annual Athletics Carnival. It was great to see many different sporting events take place throughout the day, with a few records being broken. The new track records are:

Jayden Considine - 12 years 1500m (6:25.86)

Adam Elchab - 12 years 400m (1:26) and

Aiden Kawiri - Opens 100m (11.15).

The Age Champions on the day were:

Adam Elchab - 12 years - Morris

Aaron Kama - 13 years - Hola

Filipe Tupe – 14 years - Mundine

Justin Selems - 15 years - Mundine

Zac Charrouf - 16 years - Morris

Aiden Kawiri - 17+ years - Hola

There were many great results across the field. Congratulations to Mundine on coming first on the day with a total points score of 379. In Second place came Morris on 310 points; 3rd place went to Hola on 299 points and 4th place on 205 points was Peponis.



Well done to all the record breakers and Age Champions and to all the other boys that got involved, adding to the spirit of competition on the day and earn valuable points for their house. It was a great and energetic day had by all!



Zone & Regional Cross Country

A small but talented group of students from CBHS, participated in the zone Cross-country carnival, held in May at Scarborough Park, Kogarah.

It was a great day, with perfect weather for running. There was fierce competition from the numerous schools that competed and our boys all tried their hardest and made us proud.

Many of our students just missed out on selection into the Regional Cross-country Squad, by finishing slightly out of the top 10, in a race that had over 50 competitors in each age group.

Five students qualified for the regional team: Jayden Considine, Lachlan Sobkowski, James Fakinos, Justin Selems and Ameen Ahmed Abdul Razaq. We congratulate the three runners (Jayden, Lachlan and Justin), who attended the event, for representing us well.

Mr Ghama