

Canterbury Tales

Canterbury Boys High School

TERM 2 2017

PAGE

Principal's Editorial



Term Two continued to deliver outstanding opportunities for our school community. It was a term filled with quality programs and partnerships. May I thank our following partners in learning:

- Sydney Story Factory who continued our in-residence partnership, supporting students from Years 7 to 12;
- Our Scientist in School and the Sydney University STEM Teacher Academy who collaborated with our STEM team to lead initiatives supporting our students and the Year 5 STEM Enrichment Program with Canterbury, Ashfield and Ashbury Public Schools:
- Business mentor partnerships, including ABCN (Australian Business & Community Network) partnering with the Powerhouse Museum and Microsoft; Youth Frontiers Raise mentoring partnering with VMWare and King and Wood Mallesons mentoring students as part of the Talking Law Program.

Read about these initiatives by regularly following the school website and social media accounts. Thank you for another great term.

Ms Belinda Giudice Principal

CALENDAR OF EVENTS

TERM 3 2017

17/07/17	Staff Development Day		
20/1/17	Year 10 into College Night		
28/07/17	Centenary Fundraiser Trivia		
	Night (7pm-10pm)		
28/07-04/08/17	Education Week		
21/09/17	Year 12 Graduation		
22/09/17	Last day of school for Term 3		
	-		
TERM 4 2017			
02/10/17	Daylight Savings starts		
09/10/17	Start of Term 4		
16/10/17	HSC Exams begin		
06/11/17	Year 7 Vaccinations		
07/11/17	HSC Exams end		
10/11/17	Cantervale		
13/11/17	Timetable Rollover		
13/11/17	Presentation Night		
20/11-21/11/17	Year 8 Swim School 2017		
24/11/17	White Ribbon Day		
14/12/17	HSC Results released		
19/12/17	Last day of school Term 4		
IN THIS ISSUE			

Page 1	Principal's Editorial / Calendar of Events
Page 2	2018 Centenary / Uniform Shop News
Page 3	Events
Pages 4-8-	Programs and Projects
Page 9	Counsellor's Hints for Instagram
Page 10	Work Experience
Page 11	TAFE Taster Course/ Library News
Page 12	Athletics

FOLLOW US ON SOCIAL MEDIA

To keep up to date with regular news stories and events of CBHS, please follow us on: http://www.canterburb-h.schools.nsw.edu.au/ https://twitter.com/CanterburyBoys https://www.facebook.com/Canterbury-Boys-High-School-467523453336257/

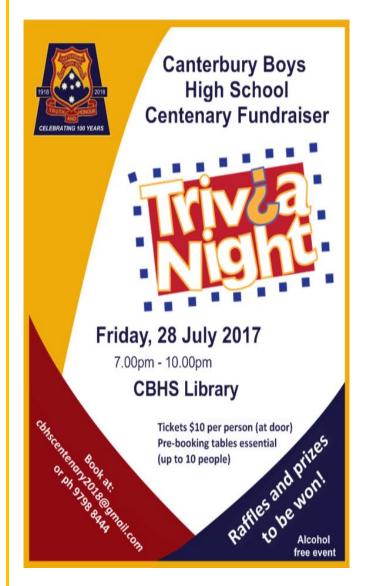
2018 Centenary

Anniversary Preparations

In 2018, we will celebrate our centenary anniversary. We invite our student and staff alumni and all existing students, staff, parents, local schools and our community to join with us in celebrating this historic public education milestone. If you would like information on any of the Centenary events, please provide your contact details with the Administration Office. (see front page for contact details)

Trivia Night Fundraiser

Support our Centenary efforts and form a trivia team! All funds raised will go towards our Centenary celebrations.



Important Announcement

Uniforms can now be purchased at Lowes @ Campsie

As of the first week of the holidays, school uniform will now be sold at Lowes, Campsie.

Lowes address details and opening hours are:

<u>Address</u> :	Shop 36, Campsie Centre	
	14-28 Amy Street	
	CAMPSIE NSW 2194	
Phone:	(02) 9718 3184	
<u>Fax</u> :	(02) 9787 2932	
• • • •		

Opening Hours:

Mon: 9:00 AM - 5:30 PM Tue: 9:00 AM - 5:30 PM Wed: 9:00 AM - 5:30 PM Thur: 9:00 AM - 7:30 PM Fri: 9:00 AM - 5:30 PM Sat: 9:00 AM - 5:00 PM Sun: 10:00 AM - 4:00 PM

THE UNIFORM SHOP

is moving to ...

LOWES CAMPSIE

from the first week of the July School Holidays

(caps, ties and football socks are still available from the school office)

Lessons Afloat

Year 10 Geography Excursion

The Lessons Afloat excursion took place on Sydney Harbour and aimed to highlight the rapid urban changes in this area. The showcasing of past and ongoing development in places such as Barangaroo and Millers Point are prime examples of *"urban growth and decline"*, our current topic in Year 10 Geography.

The day started off with the year group boarding the ferry at Circular Quay. We then received a map to plot our route and a worksheet that would need to be filled in along the way with the help of the guide. We travelled from Circular Quay to Darling Harbour where we observed Barangaroo and the new entertainment precinct. From there we circled around Cockatoo Island and for Woolloomooloo headed where the redevelopment has revealed the social inequality in this area of Sydney. Lastly, we docked at Watsons Bay for a lunch break, before returning to the Quay.

Overall, it was a great day where we got to see the Harbour and its sights. We were also provided with the opportunity to learn some new things about our city's past, present and future urbanisation. This knowledge will be useful in Stage 5 Geography, as well as to anyone interested in continuing the field of study.

Harry Van Dorssen Year 10



Overseas Visitors

Educators from Bangladesh

This term, CBHS excitedly welcomed a group of university lecturers and professors from Bangladesh into our school for one day.



The team of student volunteers worked very hard to make them feel welcome. These researchers were very impressed by the way our school operates. They observed our classes, focusing specifically on English and were given lots of resources by our senior staff to use in universities in Bangladesh.



The lecturers were so impressed that they hoped to come back again for a longer period of time in the near future.

The Supreme Court

College Legal Studies Trip

On Tuesday 6th June College 1 and 2 went to the Supreme Court to provide a real life experience of the NSW court system.



The excursion was organised by The Rule of Law Institute which runs guided tours of the courts. The Honorary Justice Geoff Bellew spoke with the boys about cases on which he had sat and how you had to show cause before making judgements on criminal cases. The students also visited a high profile appeals case.

Programs and Projects

Talking Law Program

Once again we are lucky enough to be the Talking Law Program running in conjunction with our community partners King and Wood Mallesons, General Electric and JP Morgan and some Year 10 students. The program aims to increase the confidence of students to engage in critical conversations with people associated with the law to help them understand their rights in the community.



Students have engaged with lawyers for the first three sessions this term. The ongoing support from *King and Wood Mallesons* over the last five years has been invaluable to the success of this program and the learning of our students.

Youth Frontiers Raise

This term the Raise Foundation has returned to our school to deliver the Youth Frontiers Mentoring Program. Students from Years 8 and 9 have been matched with mentors from VMWare who visit the school monthly to provide students with support in achieving their goals through a range of discussions mentorina activities. and support. Both students and mentors are enjoying working together and getting to know each other and we always look forward to welcoming them at our school. An excursion has been planned for next term where students will visit VMWare and learn more about where their mentors work and explore employability skills.



Indigenous Mentoring Program

Every Wednesday morning for an hour, our Years 7 and 8 Aboriginal and Torres Strait Islander (ATSI) students from Canterbury Boys and Girls High Schools are escorted to Canterbury Public School to participate in a mentoring program. With CPS teacher, Griffen Jones, the high school students support a small group of younger ATSI students to use technology and design projects for an indigenous garden, based on traditional, sustainable land management practices. Students have researched their own totem animals and created designs to paint onto poles set in the indigenous garden at CPS.



The purpose of this program is to foster the relationships between students from all schools and it is anticipated that the younger students will gain extra confidence as they navigate the transition from primary into secondary school

i-Science Program

iScience is run by the University of Sydney as part of the Compass Program. It involves Year 9 students from a range of schools working collaboratively on an open-ended inquiry focusing on a topic within Biology, Physics and Chemistry over a series of four oncampus workshops. Supported by a university mentor, each group presents their findings in a formal presentation. Congratulations to Hassan Nadeem and Anan Ahmed for achieving Highly Commended awards.



Active Volunteering –Students Gain Real Qualifications

This term has seen the introduction of a *Certificate 1 in Active Volunteering* for our fantastic student volunteers from Years 9 and 10.

Students who are already involved in volunteering, in or outside of school or seeking volunteering opportunities, have been given the opportunity to complete a Certificate 1 in their own time, thus gaining a qualification and record of service for their hours of volunteer labour.

We have a history of community service in our school including a valued relationship with *BUPA Aged Care,* Ashfield, seeing our College students visit residents on a weekly basis, reading, playing games and sharing stories with residents.



Our Green Squad students are well known in the local community for volunteering their time to clean up the Cooks River as well as assisting local primary schools set up and maintain their gardens. These volunteers also regularly assist landscaping our own school grounds and maintaining our gardens.

Recently students from Stage 5 elective subject, *Work and Life Skills*, have volunteered their time preparing and serving food at *Exodus Loaves and Fishes Restaurant* in Ashfield, and others have visited elderly residents at *BUPA Aged Care* in Clemton Park, helping them to record their life story.





The opportunities for volunteering at *Exodus* and *BUPA* Clemton Park will continue next term as the boys work towards completing their Certificate 1.



The skills that these young men are developing through their experience volunteering are invaluable.

Patricia Bursill Transition Adviser

PAGE 6

Sydney Story Factory

During Term 2, the English faculty continued to work with the *Sydney Story Factory* as part of their residence. Year 7 worked on their creative writing as part of *'Telling Stories'*. The boys were given a choice of three options and able to explore the idea of setting and realism. Year 8 also developed their creative writing as part of the *'Marstrek'* Unit.



The senior English Extension 1 and 2 students have worked with the volunteers throughout the term. The focus has been on developing skills for creative writing and editing their own and others work. English Extension 2 student, Soliman Abdul-Wali, views the volunteer's input and advice as *"invaluable for the completion of my major work"*. Thank you to Richard and the volunteers from *Sydney Story Factory*. We look forward to exciting endeavours in Term 3.

Unmapping Project

Years 9 and 10 Visual Arts have undertaken a very special project for the last eight weeks called the Unmapping Project. This project has been held on a Tuesday afternoon, split between two venues - the Sydney Story Factory in Redfern and the Museum of Contemporary Art in the Rocks, Sydney. The students have been inspired to write and also create artworks in very different spaces to the classroom. They have written amazing pieces that reflect a wide array of ideas and created art works related to exhibitions at the MCA. The boys absolutely attending have loved the workshops and feel very grateful for having this opportunity.



We look forward to completing the project and thank Sydney Story Factory for the opportunity.

Ms Hassey Visual Arts Teacher

Year 5 'Mission To Mars'

The on-site semester long weekly *STEM Enrichment Program 'Mission To Mars'* with Year 5 students from Canterbury, Ashbury and Ashfield Public Schools has come to an end.



Next semester, we will welcome Summer Hill Public School to the program. Students have developed skills in science and technology. This includes exploring high school Physics; learning about abiotic and biotic life systems; designing rockets using *google sketch up* and 3D printing software and participation in a range of robotics activities.

ABCN Coding & Creativity Program

Earlier this term, selected Year 8 students were invited to attend several education sessions designed to teach students problem solving skills using new and innovative towards technologies aimed improving learning. Students were taken to the Powerhouse Museum to learn how to use programs such as Unity3D in order to make video their very own game, worked collaboratively to solve activities with virtual reality headsets and program their own Arduino Board. They saw new technologies such as the Virtual Heritage Project aimed at showing NSW before the time of the European settlers, experienced the Microsoft HoloLens and developed small pixel images.



Students were invited back to continue learning programming skills to participate in a "Hackathon" – a competition where students had to make a program using Unity3D or display using Arduino Boards for use in the Powerhouse Museum during Vivid Sydney. The prize for the winning teams and runnersup was a trip to Microsoft headquarters in Macquarie Park. Two of the four teams competing in the Hackathon were invited to attend Microsoft to present their finished products. We thank our learning partner, ABCN (Australian Business & Community Network) for this opportunity.

Teaching and Learning Project

CBHS has joined the NSW Department of *Education* as one of four NSW schools to pilot a *Data Skills and Use Project* with the *Centre of Evaluation and Statistics*. All staff will trial *SCOUT*, a data package that will be available to all NSW public school teachers in 2018. The project will see faculties working collaboratively on unit design and quality assessment.

Teacher Professional Learning

Staff from Yeo Park Infants School and Canterbury, Canterbury South and Ashfield Public Schools joined CBHS staff in combined professional learning sessions during Term Two. Teachers focused on a K-12 approach to 21st Century learning and wellbeing. Feedback from the sessions has been outstanding as we collaboratively work together to support students of the Canterbury area.



Leaders in STEM

CBHS has been a hub of STEM activity in 2017. Building on its selection as a *Sydney University STEM Academy* partner school, the school has been working hard to deliver a range of STEM initiatives.



In June, our teachers presented our work on STEM to an audience of teachers and university professors from across NSW. Our Year 7 project was particularly popular and teachers asked many questions about the learning activities and project outcomes.



At the end of the first day, Ms Conway was asked to address the teachers and professors about the professional learning experience for teachers. Our school continues to

work hard on STEM and we look forward to the second semester's achievements.

Bite Back Challenge – Caring for Mental Wellbeing

Student mental health and student wellbeing are priorities at CBHS. Our school has a range of programs supporting students from Years 7 to 12. This is part of our focus on prevention early intervention programs which and psychological wellbeing promote for all This priority students. has important connections to academic and social success.

We have established links with the *Black Dog Institute*, to implement a *'Mental Fitness'* Program for Year 7 students. This initiative is being introduced to students this term.

What does the program cover?

- Peer Pressure;
- Stress;
- Anxiety;
- Depression;
- Anger Management;
- Being Labelled;
- Technology and Social Networking;
- Building Resilience and Moving Forward;
- Getting the Right Help.

The program uses an innovative format to discuss concepts that are traditionally difficult to articulate.

The majority of wellbeing and mental health concerns appear before the age of 25, but research shows only one in four young people will seek professional help for their needs. To assist in this area, the Black Dog Institute has developed 'Bite Back', an online wellbeing support program for young people 12 to 18 years old, to encourage them to communicate their needs and develop ongoing resilience. It enables adolescents to build important information community networks, access about their wellbeing, and become engaged in all aspects of their life. Bite back is presented in a fun way, with interactive activities, guizzes, stories, videos, and fact sheets about mental health topics. Bite Back focuses on positive psychology, to help students feel happy and engaged in life.

Parents can access details of *Black Dog Institute* programs on their website: <u>www.blackdoginstitute.org,au</u>

Mindfulness Project with Sydney University

This term students have been involved in a 'Building Resilience in Adolescence' research program with the University of Sydney.



The initiative is designed to enhance student wellbeing, through self-awareness, socialawareness, relationship skills, and responsible decision-making. Students learn to understand and regulate their emotions, and make positive lifestyle choices – skills which result in well-adjusted and more resilient individuals.

The ten week training program focused on:

- Mindfulness and Emotion Regulation;
- Mindfulness and Distress Tolerance;
- Interpersonal Effectiveness.

The program is designed to empower students to consider their individual wellbeing and develop supportive environments which promote mental health and safe lifestyles.

Students in Years 7, 8 and 9 have been involved with this research project. Pre-test and post-test evaluation focused on students' ability to maintain and develop healthy and rewarding interpersonal relationships, increase social-awareness, and engage in responsible decision-making.

This program has been great in supporting students both academically and socially, and in promoting resilience and psychological wellbeing.

From the Counsellor



What Parents Should Know About Instagram . . .

*What is Instagram?

It's a Social Media app for smartphones. It's one of the most popular social networks for children aged 13 years and over. It's a free photo and video sharing application. There's no age-verification process, so younger children can easily create an account.

*Why Do Kids Love Instagram?

They love socialising on their phones through a simple, eye-catching sharing of photos and videos.

*Are There Any Risks Using Instagram?

It's basically safe, but there's a problem if inappropriate photos or videos are shared. There's also a potential problem if students interact directly with people they don't know.

*How to Stay Safe on Instagram?

Our posts reflect on us and others who are in the photos or videos. We need to be respectful of ourselves and others. Don't post provocative images or interact with people we don't know.

*Should Students Have a Private or Public Account?

A public account means anyone can follow a contributor. A private account means the student needs to approve each request from a potential follower. However, the private account does not guarantee a student won't be seen on other photo-sharing services. It's important to remember that anything digital can be copied and shared with others.



*How Can Parents Help?

Probably the easiest way to stay informed is to ask your son what apps and social media he knows about – ask him to show you how they work. It's a good approach because:

- kids and teenagers usually find out about new apps, games and social networks before we do;
- your son might enjoy sharing his expertise;
- you'll be familiar with the specific social networks and apps your son uses;
- you can ask to be shown how to block other users, report abuse, delete your own posts, and change privacy settings. You'll have confidence your son can use these options if necessary;
- we should talk regularly with our children about their social life – both on and offline.

*Would you like to know more about Instagram?

Go online to 'A Parents' Guide to Instagram' – download the full PDF.

Doug Creighton School Counsellor

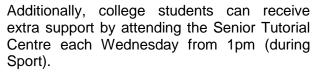
If you would like to make contact with the School Counsellor to discuss your child's needs, please contact 9798 8444 Extension 106. Doug is at CBHS on Mondays and Wednesdays.

Homework Centre

- Does your student need help with his homework?
- Have they got an assessment task to complete?
- What about a quiet place to study?
- We invite your student to come along to the Homework Centre in the Library.

Staff will be available to help students with their homework, assessment tasks and study skills.

<u>WHERE:</u> School Library <u>WHEN:</u> Every Monday and Thursday <u>TIME:</u> 3:30 pm - 4:45 pm <u>COST:</u> It's FREE!



Contact Ms Robson at CBHS on 9798 4444.

Work Experience

UTS Science Faculty

I attended Work Experience at UTS within the Science Faculty and got to visit the Super Lab and research facilities. The research on cockroach, mosquito and insect repellent was quite interesting. The Super Lab was amazingly huge and could hold over 100 students participating in various experiments at the one time. The Work Experience students were also given the opportunity to use the equipment and apparatus to conduct specific experiments which I found to be fun.



Overall, I gained a lot of knowledge about what it would be like to study Science at UTS, the different branches of Science available such as Medicine, Chemistry, Physics, Bioscience, and Microbiology, the majors within degrees as well as course duration. really liked the UTS campus and would consider studying at UTS in the future, though I have not quite yet decided which course to study and will keep exploring.

Fawaz Indrajaya Year 10

NSW Fire & Rescue

Early this term, I attended work experience at *NSW Fire and Rescue* at their training college in Alexandria. I learnt about fire hazards and safety, and the different types of extinguishers used to put our fire. At the training college we were shown how to use fire extinguishers and had to extinguish a real fire! Another simulation activity involved us entering a pitch black room to search for 4 dummies so that we could experience what real fire rescues are like.

We also got to put out a car on fire and assembled a hydrant in order to get an unlimited water source.



During the week we visited fire brigade premises around Sydney and also got to use fire hoses at Coogee Beach. This was one of the best experiences ever and joining NSW Fire and Rescue is definitely a career I would consider in the future.

Prem Vikash Year 10

Greg J Goold Solicitors

I attended work experience at a criminal law firm from May 15–19. During my work experience, I visited a courtroom and learnt about courtroom procedures and etiquette, the role of the magistrate and the jury, short court case proceedings, and how sentences are given out.

Back at the office, I learnt about statements collected from police officers, search warrants, how the office is run and the role of the personal assistant. I saw the personal assistant performing tasks such as answering phones in a professional manner as well as typing letters using a dictaphone.

Tasks assigned to me at the office were printing for the solicitors, filing and purchasing CDs from JB Hi-Fi for clients to hear recordings. I am very grateful for this opportunity especially at my age to be accepted to do work experience alongside solicitors.

When I finish my HSC I would definitely like to study law at university and get into corporate law.

Oscar Davis Year 9



PAGE 1

Get into VET

Electrical Course at Gymea TAFE

I participated in a TAFE taster course in the

electrical trade over five days at Gymea TAFE. We were given steel capped boots, safety glasses and overalls on the first day to use in the workshop.



During the course we learnt about the different types of electrical apprenticeships, and what is involved in becoming an electrician. We were shown various tools and machinery used by electricians. We used metal cutters, drills, hole punchers, pop rivets and benders to make a Calibration Tester. We visited an electrical wholesaler in Sutherland where electricians go to purchase equipment to carry out their work and we were given a tour of the premises and shown tools, lights, pipes, security systems, and copper wires used in both domestic and commercial settings. On the last day, I received a Certificate of Participation. I would definitely consider becoming an electrician after the completion of my HSC.

Peter Pham Year 10

Library News

Match the Selfie with the Shelfie

Advances in technology are accompanied by changes in the language - Do you know what a selfie is? What about a shelfie?

<u>A selfie</u> = A photograph that one has taken of oneself, typically one taken with a smartphone and shared via social media.

<u>A shelfie</u> = A photograph which is taken, usually by a smartphone or a similar device, of a bookshelf or bookshelves, and shared via social media.

Put them together and what do you have? A Match the Selfie with the Shelfie competition! Teachers were asked to submit their selfie and a shelfie of their own personal bookshelves at home. Students were then asked to match the photo of the teacher to the photo of their bookshelf.



Despite lots of boasting about how easy it was going to be, many students quietly admitted they found it hard to do. The main difficulty was that the students had expectations of what the teachers *should* have had on their bookshelves. They

simply couldn't believe that teachers read anything non-related to the subjects they taught!. Congratulations to our student winner, David Long and staff winner, Ms Bursill.

Reading

The NSW Premiers Reading Challenge is underway and runs until the 25th August. For those undertaking this challenge, online reading records must be completed and validated by this date. Please see the Librarian to validate your reading records. May is National Family Reading Month. Research shows that regular reading aloud with family members is a powerful predictor that children will become frequent readers. This year Scholastic ran a Read Aloud More in May Challenge. The aim was for students to read aloud with family and friends every day in May. There were thousands of entries, with winners randomly drawn in early June.

HSC resources

At this time of year, many public libraries are hosting HSC lectures. Campsie Library has hosted a series of HSC talks from senior teachers and HSC markers throughout May, and City of Canada Bay, Burwood and Inner West libraries have put together a range of free workshops for students in the lead up to the exams. Keep a look out for them in your local area. CBHS Library has a range of study guides, textbooks and selected 2016 HSC Exam Workbooks for senior students to use. New additions include NESA 2016 Workbooks for Biology, Business Studies, Standard English (Paper 1 & 2), Advanced English (Paper 1) & Legal Studies plus the 2017 Study Guide, produced by the Sydney Morning Herald and NESA (New South Wales Standards Education Authority, formerly known as BOSTES), published in print and online.

Athletics Carnival

There was movement at the oval, for the word had passed around That the boys from Canterbury had come to play, And had joined with friend and foe - to compete with the renowned So all the champions had gathered to the fray. All the tried and noted sportsmen from each house near and far Had mustered at the oval in delight, For the boys they love competing and the chance of being a star, So the records fell and how it did excite!

Well done to the students of Hola for getting out there and accumulating enough points to put them in front of Mundine. It was a close competition right up until the last few events.

House ranking:

1 st	HOLA	427
2 nd	MUNDINE	426
3 rd	MORRIS	348
4 th	PEPONIS	222



Swiesah Brothers

Age Champions for 2017 12yrs Peter GEORGOULOPOULOS 13yrs Filipe TUPE 14yrs Justin SELEMS 15yrs Zac CHARROUF 16yrs Riyan RAFIQUE 17+ Hamza SWIESAH and Tavin MUNETSI

New Records

There were four records broken this year. Well done to the following students for their efforts:

Awse Gherwi – 16yrs, 100m 11.35

Aarib Syed – 12yrs, 400m 1min 32sec

Riyan Rafique – 16yrs, 1500m 4min 36 sec

Filipe Tupe – 13yrs, 400m 1min12sec







Congratulations to students who went onto the field – your participation made the day a great success. Good luck to those of you who are attending the St George Zone Athletics Carnival.

Mrs N Clark