



# Canterbury Tales

## Canterbury Boys High School

Where learning is innovative, inclusive and supportive

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TERM 4 2017

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## Principal's Editorial



2017 has been another impressive year. We have achieved so much! We wait with great anticipation for the release of the HSC results (December 14).

Some of this term's highlights include:

- National ABC news, radio and online coverage of our literacy achievements through our in-residence partnership with the Sydney Story Factory;
- Over 100 students acknowledged at our Annual Academic Awards night;
- Our annual *Cantervale* festival, shared with students from our local Canterbury schools. We enjoyed the musical performances by Canterbury Girls and the attendance by students from Canterbury Public;
- An extraordinary White Ribbon program, including a whole-school assembly, student performances, mural, and workshops with our students and students from Hamden Park Public. We proudly walked in the Lakemba White Ribbon march and were involved in the Inner-West LGA activities;

## CALENDAR OF EVENTS

### TERM 1 2018

Mon Jan 29	Start of Term 1 Staff only
Tues Jan 30	Yr.7 & College Students Begin
Wed Jan 31	Yr.'s 8, 9 & 10 Begin
Thurs. Feb 8	Yr.7 & College 1 ID photos
Mon Feb 19	Swimming Carnival
March 2 & 5	Zone Swimming Carnival (2 days)
Tue March 13	School Photo Day
Mar 30 – Apr 2	Easter Break
Sun April 1	Daylight Savings Ends
Tues April 3	Yr.7 Vaccinations
Fri April 13	Last Day of Term 1

### TERM 2 2018

Mon April 30	Staff Development Day
Tues May 1	Start of Term 2 for students
Thurs May 10	School Athletics Carnival
Thurs May 17	Yr.7 Digital Thumbprint
Thurs May 22	Zone Cross Country
Thurs June 7	Yr.9 Digital Thumbprint
Fri June 8	College 1 Digital Thumbprint
Mon June 11	Queen's Birthday Public Holiday
Wed June 28	Year 10 & College 1 Vaccinations
Fri June 30	Last day of school for Term 2
July 2 & 3	Zone Athletics Carnival

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## FOLLOW US ON SOCIAL MEDIA

To keep up to date with regular news stories and events of CBHS, please follow us on:

<http://www.canterburb-h.schools.nsw.edu.au/>

<https://twitter.com/CanterburyBoys>

<https://www.facebook.com/Canterbury-Boys-High-School-467523453336257/>

## Principal's Editorial Cont'd

- Outstanding achievements at the Canterbury-Strathfield Public Education Excellence Awards, with Ms Webster and Mr Kidd being formally recognised;
- Extensive co-curricular program participation including students participating in university programs with Sydney University, UNSW and Western Sydney University;
- Partner primary school programs, including a successful Orientation Day, a semester-long STEM program with Summer Hill Public and the introduction of the Maths Buddy program with Canterbury Public;
- The graduation of our Certificate II Hospitality students who have participated in quality vocational education and training with thanks to Canterbury-Hurlstone Park RSL;
- Successful completion of a pilot Certificate I program in Volunteering;
- Ongoing opportunities in academics, leadership, the arts, sports and civics embedded into an authentic CBHS school life.

At the end of 2017 we bid farewell to Mr William Sharp (English teacher) and Mrs Zeynep Testoni (Head Teacher Learning Support) and thank them for their years of service to CBHS.

We welcome Mr Jacob Riordan (Science teacher), Mr Dylan Cosgrave (Science teacher) and Mr Glenn Smith (English teacher) to CBHS.

May I take this opportunity to wish you all a great Christmas holiday season and thank you for a fantastic year

Our school community is truly made up of dedicated and caring students, supportive parents and exceptional students. I do have the best job in the best school!

Thank you

Ms Belinda Giudice  
Principal

## White Ribbon Day

### No Excuse for Abuse



Canterbury Boys High School once again demonstrated its values of 'truth', 'honour' and 'respect' when we marked White Ribbon Day. The day built on workshops with Hampden Park Primary School and work with the Inner-West Local Government Area, upholding the important community message: "No excuse for abuse".

On Friday November 24 our whole school stopped and joined with important community figures to hold an assembly acknowledging the White Ribbon cause. Following this, students moved into groups to complete activities, listen to a presentation by Senior Constable Danny Kidd, leader of the *Kid's Say No* program and make a permanent commitment to stand up in our community by leaving a thumbprint on the school mural.



Our school is proud to be leaders in our community on this important issue and was once again a strong presence at the Lakemba march. This is Canterbury-Bankstown's Local Government Area major call for action.



## Literacy Achievements

Featured on ABC News



In November, we featured nationally on ABC News for our exciting literacy initiatives. The news story focused on our appreciation of Shakespeare and the innovative work we have done with our in-residence partners, the Sydney Story Factory. It can be viewed at: <https://www.youtube.com/watch?v=2VMMF6oANNE&fs=1&hl=en%5FGFB&rel=0>

## Sydney Story Factory

A great year with our in-residence learning partners

Throughout 2017, students from Years 7 to 12 have been working on a range of programs with storytellers and professional writers, including slam poet Bilal Hafta and our Story-Teller In-Chief Richard Short to improve written expression.

Our boys have engaged in creative writing initiatives, film making, drama and poetry opportunities with our English, Visual Arts and Photography and Digital Media classes all engaging in programs to extend literacy achievements. The partnership has seen literacy engagement transcend beyond the school gate. We are excited to continue our in-residence partnership with the Sydney Story Factory into 2018.

## Nature Poetry Readings

Brett Whitely Gallery in Surry Hills

Recently Years 9 and 10 students visited the Brett Whitely Gallery in Surry Hills for a weekend poetry reading. Amongst the beautiful surrounds, CBHS students gave dramatic readings and performed the poems they had developed in partnership with the Sydney Story Factory and students from John Edmondson High. This was witnessed by students' families and members of the public.



## Year of the Novella

Project at Bankstown Arts Centre



The 2017 Student Novella Project will be celebrated later this month at the Parramatta Sydney Story Factory venue. This is the gifted and talented extension project that two of our students have participated in. Every Sunday morning throughout the school year, Alexander Lorenzon and Annan Ahmed have been attending the Bankstown Arts Centre where there have worked with volunteer tutors to write their very own novella - a fully realised story, professionally edited, to publishable standard. Two of the six works published are from our students.

## Presentation Evening

### 100+ students acknowledged at the Annual Academic Awards Night

There was a buzz at Canterbury-Hurlstone Park RSL on the evening of 16 November as students, staff and parents acknowledged our 2017 awardees. We were greeted by our Prefect leaders, had our wonderful Band Program on display and acknowledged student achievement in academics, civics, citizenship, arts and sport. Congratulations to all the students awarded and special congratulations to our major awardees.



### Academic Awards

*University of Sydney Academic Excellence Award* - Harry Van Dorssen

*Long Tan Leadership and Teamwork Award* (sponsored by the Australian Defence Force) – Peter Pham

*Thomas Costa Scholarship* (in memory of Thomas who was school Vice-Captain 2006) - Halley Waterson and Vai Tuitupou

*Zonta Club of Sydney West Young Men Standing Strong Against Domestic Violence Award* – Azim Adit

*F.C. Wootten Memorial Prize for the Most Outstanding Student in the Higher School Certificate 2016* – Aaron Nguyen

*Manoel Callas Memorial Prize for Science in the Higher School Certificate 2016* - Aaron Nguyen

### Volunteering Awards

This year we have been piloting a *Certificate I in Active Volunteering* through the Education Minister's Office for volunteering. This included mandatory course work and over 40 hours of volunteering.

The following students were recipients of *Excellence in Volunteering* awards:

Ameen Ahmed Abdul Razek  
Mohamad Allouche  
Ali Behbahany  
Anas Elbana  
Rojan Khanna  
Sailes Kharel

### Certificate II Hospitality Awards

We thank the Canterbury-Hurlstone Park School of Hospitality for their continued partnership and sponsorship of the Hospitality program. The 2017 *Certificate II Hospitality* graduates were:

Azim Adit  
Zac Charrouf  
Jason Liu  
Tamapeni Nukunuku  
James Pergamalis  
Peter Song  
Tumaru Tokorangi  
Prem Vikash  
Alvin Zhou

### Cantabrian Awards

Our most prestigious award, the *Cantabrian Award* is presented to one student per year group, who displays the core values of truth and honour in their pursuit of academic excellence and in their service to the school and community. In 2017, these awards were presented by Sophie Cotsis, *State Member for Canterbury* and *Shadow Minister for Multiculturalism*. Congratulations to the following students:

Year 11 - Sabiul Tebe  
Year 10 - Ehsan Anam  
Year 9 - Azriel Healy  
Year 8 - Aris Georgouloupoulos  
Year 7 - Liam Knights

The Awards Night saw over 100 students recognised for outstanding achievement in 2017. It was a great celebratory event shared with students' families, staff and valuable supporters of our community. We thank Canterbury-Hurlstone Park RSL, our official sponsors for this event.



# Cantervale 2017

## Annual Music and Food Festival



On Friday November 10 the sun shone and so did our talented students!

The day was filled with amazing music, food and an assortment of activities. Our annual Cantervale celebrates the cultural diversity of our school, reflected in all the food stalls.



Canterbury Public School attended and took part in Dance Central, mask-making, paper-plane throwing and face painting. There was also basketball and table tennis for those who were more sports minded. Canterbury Girls High School showcased their musical talents alongside our boys, adding to the great community feel.

Anna Shaw from ASPIRE offered information to students about the University of NSW and was also on the judging panel with Danny Kidd for the Talent Quest. We heard a number of great songs and were treated to Alexander Lorenzon on the violin. The boys are given the opportunity at Cantervale to show their musical talents, through their wonderful voices and instruments. We would like to thank our staff, parent and community volunteers for making the day a success.



## ABCN Optus

### Christmas Casual Positions

On Wednesday, October 11, we attended an excursion to Optus Head Office at Macquarie Park through our partnership with ABCN. The purpose of the day was to learn about the interview process and develop our communication skills and confidence in preparation for the job interview process. We were given the HR contact details so that we could apply for Christmas casual positions at various Optus stores. For being part of this program we would be given the opportunity to jump ahead of the queue to be considered in applying for advertised positions.

We heard from Optus staff who started off in Retail Positions and have moved into various roles at Head Office. We were told that Retail staff who have worked in small stores are highly sought after and make the best people to work at Head Office, as they have key skills in providing exceptional customer service, problem solving, excellent communication skills and product knowledge.

The day included interactive activities to highlight a range of interview tips that we could take with us to job interviews. We learnt about 'soft and hard' interview skills being equally important in an interview situation, what makes a good first impression, and how to answer behavioural interview questions using the STAR model (Situation, Task, Action, and Result). As a result of the program I feel much more confident and prepared for an interview situation and have learnt about the various pathway options available in the retail industry.

Awse Gherwi



## AMAZE 2017

### Technology Expo

On October 19 Year 9 students were lucky enough to take part in the AMAZE Technology Expo held at the Commonwealth Bank, Darling Harbour.

Upon entry to the building we were given visitor security passes, and made our way to the expo where we were shown a presentation by Commonwealth Bank representatives who informed us about what the expo had to offer. We were also given a brief talk about different career paths associated with STEM, such as Computer Engineers, Data Analytics, Data Visualisation Developer, Business Intelligence and Cyber Security, Digital Marketing Engineer, User Experience Designers and Biotechnology jobs.

As we moved through the various stalls at the expo we participated in practical activities and gained valuable information about future career paths and innovative technologies such as:

- Virtual currency (Bit Coin);
- Block Chains;
- Stock Market;
- Cyber Security ;
- Virtual Painting;
- Innovation Lab;
- Sphere Programing.



Thank you to ABCN for providing us with this unique opportunity to experience STEM in a fun and interactive way!





## University Partnerships and Opportunities

### Year 9 PATHE Chase the Dream at Western Sydney University

On December 8, Year 9 Pasifika students attended the Western Sydney University 'Chase the Dream' conference at the Parramatta Campus with students from a number of schools.

A number of motivational and fantastic speakers focused on the themes of encouraging students to pursue their dreams. These themes include policing, law, health, sports, entrepreneurship and engineering.



The students that attended described the PATHE excursion as 'the best day ever'. They learnt the meaning of the two secret phrases for success: 'Unlimited Potential' and 'Dream Big'.

Interested students will receive mentoring from WSU PATHE students in 2018. We are excited about this program.

### Uni for a Day at UNSW

On November 21, ASPIRE hosted an event, *Uni for a Day*, at The University of NSW.



Students were given the opportunity to tour the campus and gain first-hand experience of university life through faculty-led interactive workshops.



Students had fun exploring the Museum of Human Diseases, participating in Mock Trial within the Law Faculty and making a cast for a broken arm within the Faculty of Medicine.



### Year 10 Science Spectacular at Sydney University

On November 21 the University of Sydney Faculty of Science hosted 'Science Spectacular', the STEM-focused excursion on campus at the University of Sydney. Year 10 students experienced first-hand the intriguing and up-to-the-minute research that scientists are working on in a series of interactive activities.





## STEM Academy presentation at University of Sydney

On November 26 2017, Ms Conway, returned to the University of Sydney STEM Academy to present our achievements in STEM. This includes the integrated projects from our junior students and the extraordinary STEM partner primary school programs. This semester we have had Summer Hill Public School students excelling in STEM.



## Student Participation in University Research Projects Linked to PDHPE and Student Wellbeing



A high-expectations environment supports university research and best-practice supporting boys' education. During Term 4 we participated in two research projects. Our Year 9 students were involved in the second phase of the *Mindfulness* research project with the University of Sydney. This built on the Term 2 weekly program implemented at the school.

We have also partnered with the University of Technology to participate in *Designing in Youth: Young Peoples' Participation in Sport* research. Students in the junior years are participating in a survey that will identify barriers to young people participating in sports in your local area, and how youth participation in sports could be increased.

## Leading by Example

### Public Education Excellence Awards

On November 9 the Canterbury and Strathfield *Public Education Excellence Awards* were held at Homebush Boys High School. Congratulations to Ms Webster, Ms Giudice and Senior Constable Danny Kidd who were recognised in the *Community Award* category. Ms Webster was one of eighteen executive colleagues recognised and Ms Giudice was one of three Principals awarded for excellence. Congratulations to all!



## School Holiday Activities

### Canterbury-Bankstown Council

A range of School Holiday programs can be found at:

<https://www.cbccity.nsw.gov.au/community/community-services/children-families/school-holidays-programs>

Activities include: Learn To Surf Program, Swim School Programs and a range of activities run through the Belmore Youth Resource Centre.

### Inner-West Council

A range of School Holiday programs can be found at:

<https://www.inner.west.nsw.gov.au/news-hot-topics/media/media-releases/school-holiday-activities-for-children-and-teens>

Activities include: Ashfield Swim School programs and a range of activities run through the IWC and Marrickville Youth Resource Centre.

## Holiday Survival!

### A Guide for Students and Parents

Not everyone looks forward to the holidays. Sometimes they're not the happy time we would like them to be. What can I do to get through?

- Have a balance between keeping busy so you don't get bored and give yourself relaxation time so you don't feel stressed.
- Get enough sleep (8 or 9 hours a night).
- Many services close over the holiday break, so if you need a new prescription or need to buy medications, get them before the holidays.
- Do some physical activity for 15-30 minutes a day (walking, jogging, swimming, something else you like).
- Plan a regular outing or activity for each day or week. It doesn't have to be brilliant – just something you like doing.
- Make a list of who to contact if you need to. Some suggestions are listed below:

**Kids Helpline:-1800 551 80**  
[www.kidshelp.com.au](http://www.kidshelp.com.au)

**Youth Beyond Blue:-1300 224 636**  
**Reachout:-[reachout.com.au](http://reachout.com.au)**

**Headspace:-9193 8000**  
[www.headspace.org.au](http://www.headspace.org.au)

**Canterbury Hospital:-9787 0000**

**Belmore Youth Resource Centre:-9718 9848**  
 (Phone BYRC to get details of their school holiday program)

Mr Doug Creighton  
 School Counsellor  
 Phone: 9798 8444

## Planning for 2018

Has your situation changed? This might be your address, contact details, health care needs etc. Now is the time to update your details. Now is also the time to update Health Care Plans. We encourage relevant students to visit their GP in the holidays to update any ASCIA plans. You may contact the administration office for further advice. If you are planning an interstate or overseas trip, please contact the Principal to discuss.

## School Opal Card

### School Student Transport Scheme

A reminder to all students who have School Opal Cards that your card will 'switch off' over the long school holidays and 'switch back on' at the beginning of Term 1 2018. Please do not dispose of your card.

If students have changed address or school; are changing their travel route; or have been sent any expiry notification they should go online to:

<http://apps.transport.nsw.gov.au/ssts/updateDetails>

Applications must be submitted by December 31 to ensure entitlements are updated and their current card is not cancelled.

Students who are applying for a School Opal Card for the first time will receive their card at their nominated postal address. Cards will be mailed out during the third week of January 2018.



Plan your trip at [transportnsw.info](http://transportnsw.info)

Get on board with Opal at [opal.com.au](http://opal.com.au)

## Homework Centre

- Does your student need help with his homework?
- Have they got an assessment task to complete?
- What about a quiet place to study?
- We invite your student to come along to the Homework Centre in the Library.

Staff will be available to help students with their homework, assessment tasks and study skills.

WHERE: School Library

WHEN: Every Monday and Thursday

TIME: 3:30 pm - 4:45 pm

COST: It's FREE!



Contact Ms Robson at CBHS on 9798 8444.



## Summer Grade Sport

### Basketball Grand Final Win

Congratulations to our Junior Basketball team who won the Grand Final against Sydney Technical High on Wednesday, November 8, 2017.

A special mention should go to Junior Taupau and Hussein Allouche for their magnificent effort. I am equally proud of all team members for their outstanding effort and sportsmanship resulting in an undefeated season!



Alexandra Giameos, Coach

### Senior Basketball Teams

Congratulations to our Senior Basketball team who fought hard and represented Canterbury in the Division 3 Zone Finals on Wednesday November 8.

Unfortunately the boys were defeated but represented their school with pride and showed excellent sportsmanship.

On a brighter note our younger Open team won the Division 4 Finals with a 34-15 comeback. After a shaky start the boys pulled together and were able to bamboozle their opponents with an enormous effort.

All of the boys played well but special mention should go to super sub Emani Togia-Lafo who was able to provide a much needed lift to the team.

Both teams showed excellent school spirit and should feel proud of their efforts.

William Sharp  
Coach

### Epic Volleyball Finals Win

Both the 1st Grade and 2nd Grade Volleyball teams won their summer sport Grand Final matches.

The 2nd Grade team played a tight encounter in their best of 3 sets match against Kingsgrove High School. Both sets went down to the final points, with the lead in each set changing numerous times.

CBHS took the first set 27-25, but faced a set point against them in the second set, only to win the next 3 points to secure the set 26 - 24. This gave CBHS the match, 2 sets to nil.

The 1st Grade game was also very tight, with Blakehurst High School securing the first set with an impressive performance.

CBHS showed more composure in the second set and dominated Blakehurst to level the match at one set all. Blakehurst came out firing in the final set, and came within 2 points of securing the win. However, CBHS showed excellent teamwork and patience under pressure to win the final 4 points of the match and take out the Grand Final, 2 sets to 1.

The boys had a great season, going undefeated in all their matches. It was a pleasure coaching these excellent sportsmen who have made the CBHS community very proud.

Mr Ghama, Coach

### Swim School

Year 7's excelled during our *Swim School* program held in November at Canterbury Aquatic Centre. Students learnt valuable swimming and life-saving skills. What a fantastic way to prepare for the hot summer ahead!



## Excellence in Sports

### Congratulations to our MVP's

At the annual awards night on 16 November, the prestigious *Most Valuable Player (MVP)* awards were presented to:

#### MVP Summer Grade Sport

##### Basketball

Tavin Munetsi	3 <sup>rd</sup> Grade
Zac Charrouf	4 <sup>th</sup> Grade
Jacob Nabhan	14A
Abraham Lekkas	14B
Henry Nguyen	13A

##### Cricket

Samiul Ifti	15s
Thomas Raj	14s

##### Mini Soccer

Justin Selems	15A
Nicholas Borgia	15B
Alusine Kanu	13A
Elijah Bonifacio	13B

##### Table Tennis

Alexander Lorenzon	3 <sup>rd</sup> Grade
Chen Pham	4 <sup>th</sup> Grade

##### Volleyball

Asim Ali	3 <sup>rd</sup> Grade
Vai Tuitupou	2 <sup>nd</sup> Grade

#### MVP Winter Grade Sport

##### Rugby League

Lockyer Kupu	14s
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##### Soccer

Awse Gherwi	2 <sup>nd</sup> Grade
Justin Selems	15B
Dimitri Makapagal	14A
Attar Sungkar	13s

##### Table Tennis

Ehsan Anam	5 <sup>th</sup> Grade
Yaqoob Kowaidar	6 <sup>th</sup> Grade

### Annual Zone Presentation Day

Congratulations to the following students who attended the St George Annual Zone Presentation to receive their individual and team awards:

- Jackson Sobkowski - St George Zone Runner Up - 14 years Swimming Champion.
- Riyan Rafique – St George Zone Age Champion – 16 years Cross Country Champion.
- Junior Teremoana – Representative of the CBHS 1st Grade Volleyball Team.

Outstanding!



### Season Greetings



We wish everyone a happy and safe holiday break and we thank you for an incredible year. We welcome our incoming Year 7 students and extend the welcome to new enrolments from other years.

School resumes Tuesday 30 January for Years 7, 11 & 12 and Wednesday 31 January for Years 8, 9 & 10. Looking forward to a fantastic 2018!