



Principal's Editorial

Public Education Foundation Awards

The highlight of the Education calendar is the *Minister and Secretary Excellence Awards*, held by the *Public Education Foundation*. These awards recognize outstanding talent and achievement across the public education system.

On September 13, I had the pleasure of attending the award ceremony. CBHS received three awards at this prestigious event. We were one of fifteen NSW schools to receive an award for an outstanding school initiative for our extensive work across our partner primary schools. This award was presented by Mr Mark Scott, AO and Secretary of the NSW Department of Education.



Min Joung and Samy Rahman (pictured) were amongst an elite group of thirty-five NSW students to receive an award for *Excellence in Student Achievement* from the Hon. Rob Stokes, Minister for Education.

Min and Samy were then given the honour of delivering the closing vote of thank speech at these awards.

CALENDAR OF EVENTS

TERM 4 2017

Mon Oct 9	Start of Term 4 for Students
Mon Oct 16	HSC Exams Start
Mon Nov 6	Year 7 Vaccinations Period 1
Tues Nov 7	HSC Exams End
Thurs Nov 9	Years 7-10 Reports Distributed
Fri Nov 10	Cantervale
Mon Nov 13	Timetable Rollover
Thurs Nov 16	Presentation Night 6:30 pm
M&T Nov 20-21	Year 8 Swim School
Fri Nov 24	White Ribbon Day
Tues Dec 5	Orientation Day Year 7 2018
Thurs Dec 14	HSC Results Released
Tues Dec 19	Last Day of School for Term 4

TERM 1 2018

Mon Jan 29	Start of Term 1 Staff Only
Tues Jan 30	Year 7 & College Students Begin
Wed Jan 31	Years 8, 9 & 10 Begin
Thurs Feb 8	Year 7 & College 1 ID Photo Day
Mon Feb 19	Swimming Carnival
Fri March 2	Zone Swimming Carnival Day 1
Mon March 5	Zone Swimming Carnival Day 2
Tues March 13	School Photo Day
Fri April 13	Last Day of School for Term 1

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FOLLOW US ON SOCIAL MEDIA

To keep up to date with regular news stories and events of CBHS, please follow us on:

<http://www.canterburb-h.schools.nsw.edu.au/>

<https://twitter.com/CanterburyBoys>

<https://www.facebook.com/Canterbury-Boys-High-School-467523453336257/>

(Principal's Editorial Cont'd)

Impressive NAPLAN results

May I commend students on continued improvements in literacy and numeracy. The Years 7 to 9 value-added growth continues to remain above state average and there have been significant improvements in reading and writing trend data scores. This indeed sets up students for continued successes. There is information for parents on the minimum HSC standard reform on the school's website.

Student Leaders Recognised

I would like to congratulate the following students on their election to the student leadership group for 2017/2018.

Captains:

William DOUSHA & Judah THEODOR

Vice Captains:

Winston HO & Jaequan RATUMUKORE

Senior Prefects:

Sailes KHAREL & David LONG

Sports Captains:

Muhammad FARHAN & William GUTTENBEIL

Prefects:

Tony BUI
 Bezda FERDINAND
 Rojan KHANNA
 Andrew LIRAS
 Jonah PARSLOW
 Sabiul TEBE

I would also like to thank and congratulate our out-going Prefects and in particular our Captains (Min Joung and Tavin Munetsi) and Vice-captains (Daniel Liu and Samy Rahman), for the outstanding way they carried out their duties over the past twelve months. With term three coming to an end I would like to wish all college students the best of luck in their forthcoming HSC exams. I would like to thank and acknowledge the efforts of Year 12 for their contributions to our great school.

Ms Belinda Giudice
 Principal

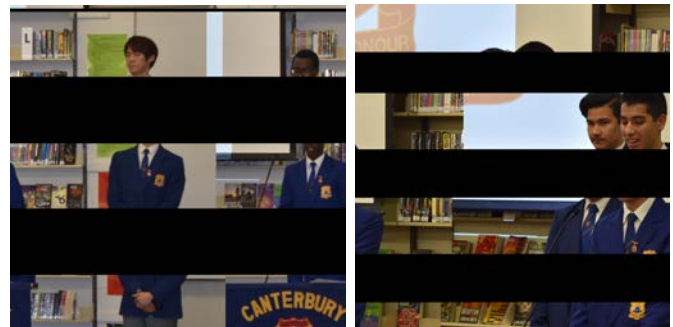
2018 Prefects Invested

New School Leaders Announced

On Thursday September 14, the Prefects' Investiture was held to recognise the incoming prefect body for 2018.



Members of the school community came together to both thank the outgoing prefect body led by the 2017 School Captains, Min Joung and Tavin Munetsi, and congratulate the 2018 prefect cohort.



Congratulations to the students in those positions and their families.



Mr McKinley
 Prefects Coordinator 2017

Community Citizenship Award

Sponsored by Wests Ashfield

I had the great pleasure to attend the *Wests Ashfield Citizenships Awards Ceremony* and be part of a wonderful event rewarding individuals and groups for their achievements in the wider community.

Congratulations to Daniel Liu for winning the *Wests Ashfield Community Citizenship Award* for his community participation, and being always willing to give up his time to help those in need.



His community participation included: regular volunteering for *BUPA Aged Care*, primary school tutoring at the *Salvation Army*, helping at CBHS Open Day, fundraising events and multiple local primary school events.

Daniel donated \$500 towards *BUPA Aged Care*, Ashbury and \$3000 towards our school.

Congratulations Daniel!

Ms Stamos

Trivia Night

Centenary Fundraiser

On Friday 28 July CBHS hosted a Trivia Night fundraiser for the upcoming 2018 Centenary.



The 2017 Prefects . . . deep in thought

Teams of parents, students (past and present) and staff battled each other for prizes and glory. Congratulations to the winning team, *The Teachers!*



Over \$1,000 dollars was made and great fun was had by everyone who attended. Special thanks to Mrs Fakinis, *Taper's Hairdressers* and *The Goni's Schnitzelria* bistro for their kind donations which helped to make the night a success.



Ms Robson
Centenary Team

Sydney Wildlife and Sea Life Sydney Aquarium

Year 7 Science Excursion



On 25th August Year 7 Science students were accompanied by Mrs Singh, Mr Gill, Ms Shuhevych and Ms Scott on an excursion to *Sydney Wildlife* and *Sea Life Aquarium*. The purpose of the excursion was to learn more about our Australian marine and land-based animals. Our first stop was *Sydney Wildlife* where the boys were treated to a forty-five minute hands-on animal encounter.



Two zoo keepers explained the different adaptations of our Australian animals. Students then had the opportunity to pat an echidna, quokka, diamond python and shingle-backed lizard. After lunch our next stop was *Sea Life Aquarium* – while some boys enjoyed Shark Walk and Dugong Island, others were fascinated by the colours and variety of the Great Barrier Reef display.



Ms Shuhevych – Science Teacher

Homework Centre

- Does your student need help with his homework?
- Have they got an assessment task to complete?
- What about a quiet place to study?
- We invite your student to come along to the Homework Centre in the Library.



Staff will be available to help students with their homework, assessment tasks and study skills.

WHERE: School Library

WHEN: Every Monday and Thursday

TIME: 3:30 pm - 4:45 pm

COST: It's FREE!

Contact Ms Robson at CBHS on 9798 8444.

Visual Arts

Body of Works for HSC

Throughout the year, College 1 & 2 Visual Arts students worked diligently to create their BOWs. We sacrificed our own time such as recesses, after school and holidays for successful completion of our works. We all exuberantly expressed our creative minds through a multitude of innovative mediums. We were very much inspired by subjective notions, from culturally inspired paintings to aesthetically pleasing collections of works. Complex philosophical perceptions and the appreciation of our friendship are also observable in some of the bigger scale works. The diversity of ideas and artworks created a collaborative and inspirational classroom atmosphere which lingered until the day the works were due.

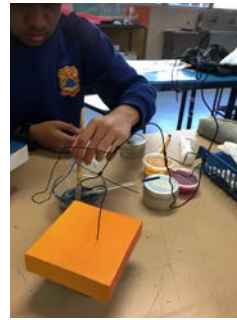
Min Joung
Year 12



Nam.Anh.Min (Past.Present.Future)



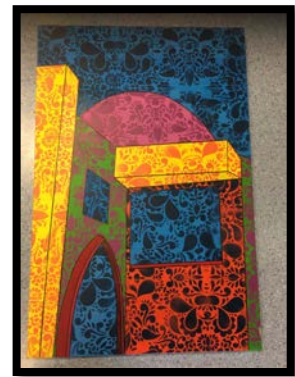
Released



Joshua creating pieces for *Centred Reveries*



Musjid Barokah



My Greatest Inspiration



In DG7, College 1 & 2 worked very hard in creating their BOWs. Throughout the year, the students produced a range of different artworks from paintings to sculptures. Our culturally diverse class generated a profound collection of both theory and practical work. As a class, we have worked for hours throughout the year, staying back after class, doing workshops through blood sweat and tears. Our mentors have had a huge positive impact in helping the students both in our theory and practical work, suggesting ideas, giving inspiration, motivation and providing a range of materials that allowed us to experiment and find our strengths. Their hard work and hours spent on our artworks have resulted in an array of unique artworks as can be seen in: Min's *Nam. Anh. Min (Past. Present. Future)*; Paul's *Released*; Joshua's *Centred Reveries*; Abdun Nur's *Musjid Barokah*; and Bishal's *My Greatest Inspiration*.

Elijah Stewart Emery & Ibrahim Abdun Nur
Year 12

'A Cosmic Perspective'

Science Presentation by Dr Neil De Grasse Tyson

On Saturday, July 29, five Year 12 students and I had the great pleasure of attending Dr Tyson's (world renowned astrophysicist) event at the *Sydney Convention Centre*. Students were very fortunate to personally meet Dr Tyson back stage and have their questions answered.



Dr Tyson enlightened the audience with his mind-blowing science talk and passion for studying the universe. Dr Tyson's main message was the idea of having a 'cosmic perspective' when thinking about and solving world issues to benefit humanity.



We are very grateful to UNSW Faculty of Science and ASPIRE for organising the free tickets to attend this event.

Ms Giameos

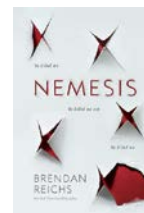
Reading in the Holidays

Librarian's Recommendations

With the school holidays ahead, reading a book can be one of the best boredom-eliminating activities for children. Reading is exercise for the brain! As well as learning about the world around them, children build up vital literacy skills. With that in mind, here are our suggested holiday reads from our New Fiction arrivals.

Nemesis by Brendan Reichs

Min is not your average 16-year-old. Every two years, on her birthday, she's murdered by the same man. And every two years she comes back, completely unharmed. Across the valley, Noah just wants to be like everyone else. But nightmares of murder and death plague him, though he does his best to hide the signs. As the world around them starts to spiral towards panic and destruction, the two troubled teens discover that people have been lying to them their whole lives



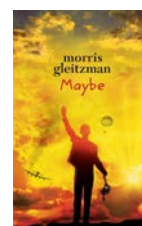
All the Bright Places by Jennifer Niven

Theodore Finch is fascinated by death, and he constantly thinks of ways he might kill himself. But each time, something good, no matter how small, stops him. Violet Markey lives for the future, counting the days until graduation, when she can escape her Indiana town and her aching grief in the wake of her sister's recent death. The two meet by chance on their school's bell, and it is never clear who saves whom from falling to their death. When they pair up on a project, both Finch and Violet make more important discoveries. However, as Violet's world grows, Finch's world begins to shrink...



Maybe by Morris Gleitzman

The next episode in the life of Felix, hero of Morris Gleitzman's multi-award-winning *Once, Then, Now, After and Soon*. 1946. Europe is in ruins. Millions of people dream of finding happiness somewhere else. Fourteen-year-old Felix is one of them. When he's offered a journey to somewhere far away, he seizes the opportunity. Before Felix can embrace the love and friendship of his new world, he must confront the murderous urge for revenge still alive in the old. He may not survive, but he's hoping he will. *Maybe*.



National Disability Insurance Scheme

Information for Parents

The *National Disability Insurance Scheme* (NDIS) is the new way of providing support for children and adults with disabilities, and for providing support for their families and carers. The NDIS supports people with disability to improve outcomes in their current daily living and improve outcomes later in life. The NDIS is now available in the Canterbury-Bankstown area.



Who is Eligible for the NDIS?

The person must:

- Have a permanent disability that significantly affects their ability to participate in everyday activities;
- Be aged less than 65 years when first entering the NDIS;
- Be an Australian citizen or hold a Permanent Visa or Protected Special Category Visa;
- Live in Australia.

What is the Funding for?

- It's to help the person pursue goals and aspirations which may be affected by their disability;
- It can be used for areas including daily personal activities, therapeutic support, behaviour support, mobility equipment, workplace participation, transport to enable participation in daily life activities, home modification design and construction, vehicle modifications, help with household tasks, help from skilled personnel to design support programs.

How Do You Access the NDIS?

- If you're already receiving disability support from the NSW government, someone from NDIS will contact you to discuss ongoing support;
- If you are not already receiving disability support from the NSW government, you need to contact your local NDIS Office to check your eligibility and arrange a planning meeting with an NDIS official.



NDIS | Revolutionising disability services

How Do You Get More Information?

- The *Canterbury- Bankstown NDIS Office* is at 2-14 Meredith Street, Bankstown;
- Phone NDIS on 1800 800 110;
- Contact the School Counsellor or the Deputy Principals at Canterbury Boys High school for additional information.

Doug Creighton
School Counsellor
Phone 9798 8444 Extension 106

Need Help in the Holidays

Kids Helpline: 1800 551 800
www.kidshelpine.com.au

Youth Beyond Blue: 1300 224 636

Headspace: 9193 8000

Canterbury Hospital: 9787 0000

Belmore Youth Resource Centre: 9718 9848
(Phone BYRC to get the details of their school holiday program.)

Careers Events

ABCN InRoads

On August 31, Year 12 students interested in pursuing a vocational pathway in the IT industry attended the launch of *the InRoads Program* at *Price Waterhouse Coopers*, Barangaroo.



ABCN has partnered with PWC and recruitment agency, *TalentRise* to assist students to find employment in the IT industry after the HSC.



PWC staff talked about their own experiences working in the field of IT and important employability skills required for this industry.

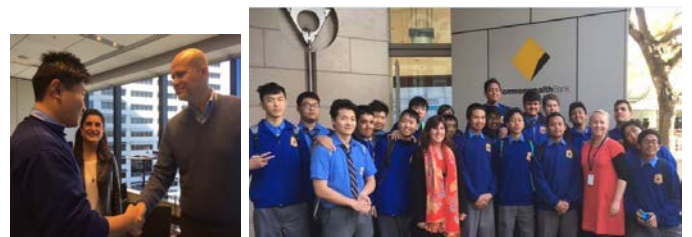
The next phase of the program involves recruitment staff from TalentRise meeting with students individually to conduct interviews regarding job opportunities after the HSC.

ABCN Interview 2 Impress

How can pretending to be a vase of flowers help you improve your first-job interview skills?



On Friday, July 21, *CBA Markets* and students from Canterbury Boys High School found out the answer to this question as part of the *Australian Business Community Network's* (ABCN) 'Interview 2 Impress' workshop. In this three hour workshop, students were mentored on how to prepare for a first job interview. They practiced body language, eye contact and how to make a good first impression, leading in to how they should conduct themselves in an interview. The boys were very receptive to learning new skills and it was very rewarding for the CBA mentors to see the boys' growth and development over the workshop.



One of the recurring questions, from the boys, was around what should you do if you don't know the answer to a question? Should you admit to a lack of knowledge? Will you still get the job? The clear message given to the boys was to be honest and show you are willing and able to learn. The quote of the day has to be given to Harry (student) who declared that his top learning from the workshop was "*Authenticity is more important than perfection.*"

Peta Melki
Commonwealth Bank,
Associate Director Corporate Interest Rates

Year 10 USYD Compass 'Preparation for Senior Study'

On May 26, Year 10 students participated in three different workshops at the USYD campus. These sessions aimed to assist students in developing positive study habits in preparation for their senior years of high school. The General Study Skills seminar taught us how to develop sound study tips, minimise procrastination and apply effective time management strategies. The English session focused on analysing texts and images, the essay structure, and analysing key words in exam questions. The Maths session included advice on which level Maths to choose in senior school, related careers and handy online Maths resources. One handy resource shown was the ASTAR.TV website, www.astar.tv/your_tutor. Students can access free online tutoring across all subjects from 3pm – 10pm Sunday to Friday!

Riyan Rafique
Year 10

USYD B. Inspiring Program

During the July school holidays, I attended the *University of Sydney, B. Inspiring* three day Business workshop. This involved Years 10 to 12 students from different schools working in teams to problem solve and work on business plans which involved research, marketing and pitching our ideas. Days 1 and 2 were held in the Biochemistry and Microbiology buildings where we met company executives from *Uber, LinkedIn, ShowPo* and several other companies. We heard about their career stories and how they reached their positions. We were able to ask them questions relative to their fields and gained great advice from all representatives. Day 3 was held at the *USYD Abercrombie Business School*. We heard from university students who shared their first hand experiences of starting their own business and the challenges they had to face such as teamwork and deadlines. Our groups were then given a task which was to present a final pitch on how to minimise 'food wastage' in the world. The speeches and presentations would be judged and we were asked questions about our ideas.

In my case, my team's idea was to build an app to track food wastage in the household. An example questions was: *How will we be able to track the waste in a day?* We responded, *'The wastage will have to be manually put into the app to calculate daily, weekly and monthly'*. This program helped me develop a new mindset relating to business, become even more motivated and attain a clearer perspective on what I want to achieve in the senior school. I need to work hard to attain a very high ATAR to enter university, and studying Business is definitely an option I would seriously consider.

Azim Adit
Year 10

USYD Compass Study Skills

On August 18, Year 10 students participated in a study skills workshop aimed at preparing students for senior studies. Students were mentored in small groups by pre-service education students on useful strategies for reading, writing and/or English study.



Activity content included developing skills in brainstorming, using mind maps, graphs, note taking methods and summarising text.

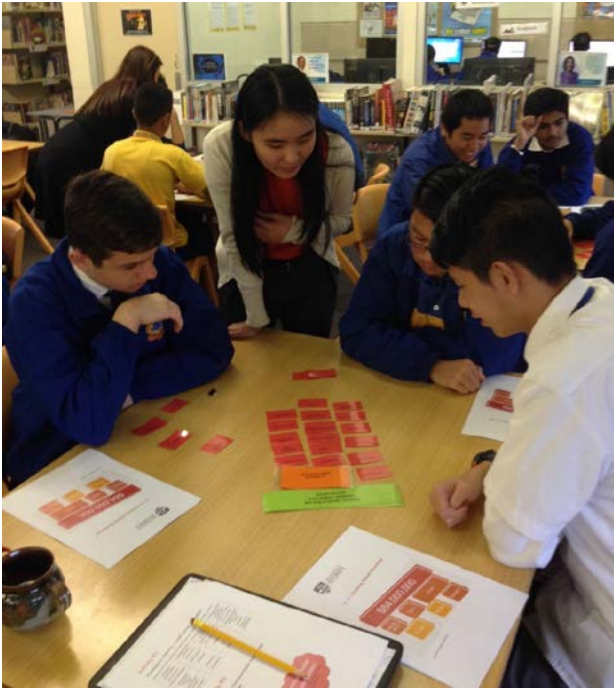


Conversations centred on higher education requirements, lectures, course duration, electives, difference between lectures and tutorials, expected hours of study, and the university ambassadors shared their own study regime with our students.



Year 11 USYD Compass ‘Thinking Ahead’ Workshop

‘Thinking Ahead’ is aimed at developing student awareness of the criteria they will need to address when applying for university scholarships or alternative entry pathway applications.



The need for becoming involved in extracurricular activities or community participation, and articulating this experience, in writing, as well as the leadership skills and qualities gained from volunteering was highlighted to students. Two examples of volunteering available CBHS include the opportunity to volunteer at the *Exodus Foundation* or *BUPA Aged Care*. Students should speak to the Careers Adviser if they are interested in becoming involved.

USYD Compass Investig8

On June 15, Year 8 students spent the day at the *University of Sydney* campus, participating in various fun and interactive workshops according to their pre-selected workshops. Workshops were faculty based and designed to give students a taste of courses offered at university. Some examples of workshops included: Programming; Designing Digital Products; Creating Artworks; Engineering Solutions; Forensic Psychology; Chemistry Experiments; Discovering Ancient Artefacts; Investigating Crime; and Writing for Media.



UNSW ASPIRE Workshops

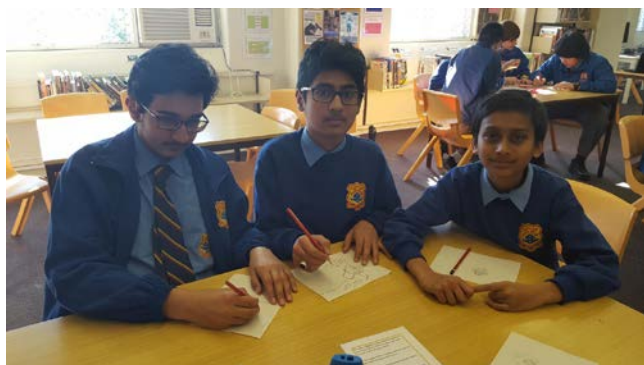
On August 7, Aspire staff and ambassadors delivered workshops to our Years 7 and 8 students. The Year 7 workshop involved students working in small groups to create their tree of life.



Students drew on their personality, their influences in life, values, skills and interests in order to think about suitable future career choices. Students also created their dream box and wrote their future goals inside the box to open in the near future.



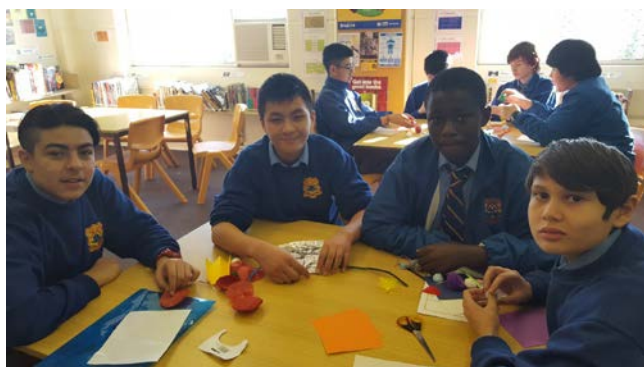
The Year 8 workshop focused on the *Design Thinking* process and students were taught about how various occupations use the design thinking process to solve problems in the workplace.



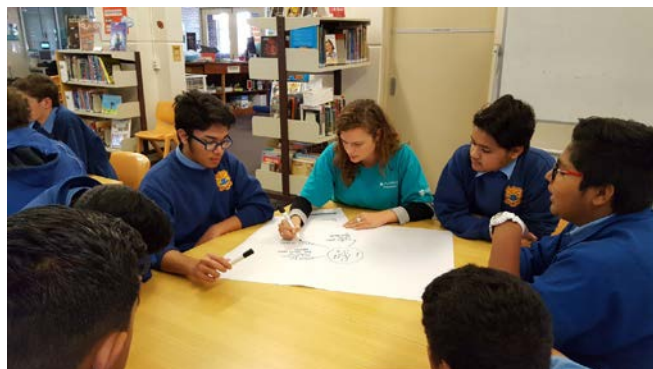
Students then worked in groups to apply the design thinking concept in the innovation of a unique toothbrush used by a character in *The Simpsons*.



The best design was chosen by group members who then created a model of the toothbrush using craft materials and presented their pitch to the rest of the audience.



On June 5, Year 9 students participated in an Aspire workshop delivered by Aspire staff and university ambassadors. The aim of the workshop was to get students to start thinking about their future career through listening to the career stories and study experience of Aspire ambassadors, and through group work activities.



Students were shown a 'weird item' or an invention on screen and they were required to work in groups to come up with interesting and creative ideas regarding the product name, its purpose or function, and the careers that would be associated with that product, for example: Testers, Engineers, Programmers, Designers, Entrepreneurs, Marketeers, Sales people, Lawyers and Accountants. The next activity involved each group being given a problem to solve and then presenting their product and ideas to the rest of the class.



The Year 10 workshop focused on small group discussions and ambassador advice on subject selection and transitioning to the senior school. Students and ambassadors collaborated in small groups to brainstorm the different support networks available or the 'sphere of influence' in the student's lives showing students that they are not alone in making important decisions for their future. This was followed by ambassadors rotating to each group so that students could ask each ambassador questions relating to career planning and university information such as fees and courses.

Work Experience

Automotive Mechanics

Last term I completed Work Experience at *D&D Automotive*, a mechanical workshop in Burwood. It was a great experience and I learnt a lot about what it takes to be a mechanic and the day to day tasks performed.



I started work at 8.30am each day and finished at 5pm. It was physically tiring in comparison to school, however, I really enjoyed the hands-on practical work so I didn't mind the long hours. I was shown how to replace an oil filter, balance and change tyres, de-rust brakes, and change headlights. I am definitely considering becoming a mechanic in the future as I have a passion for cars and enjoy practical work. I will be choosing to study the *Automotive Mechanic* course at TAFE as part of my HSC to get a head start in my career. My ultimate dream is to build my own car and race it with my uncle.



Marcus Rosa, Year 9

UNSW Civil Engineering

Late last term (June 19-23) we were fortunate to be given the opportunity to participate in Work Experience with *UNSW Civil Engineering*, an opportunity available to Year 10 students across NSW with only two students being selected from each school.



This program enabled us to experience first-hand real engineering projects across six areas of Civil and Environmental Engineering. We attended daily field trips to various engineering sites across Sydney which was followed by afternoon sessions and lectures at UNSW led by university academics. Both the visits and lectures complemented each other resulting in greater knowledge, awareness and insight into the different aspects of Civil Engineering. In particular, I most enjoyed the visit to the *Multiplex* construction site where a thirteen-storey hotel is being built in Barrangaroo. We met the project manager and his team who explained their roles and we were also given a tour of the site and a presentation. Another highlight of the program was listening to the *Innovation* lecture which made us "think outside the box" as to the possibilities available within the engineering field. In the future, we are definitely interested in studying at UNSW and pursuing a career in Civil Engineering.



Raihaan Siddiquee and Ramdhani Zein
Year 10

GET into VET

Electrical

In Term 2, I participated in a one-week introduction course to the Electrical trade at Gymea TAFE.

On the first day of the course we were given steel capped boots, safety glasses and overalls to wear in the workshop. We learnt about the different types of electrical apprenticeships available and what is involved in becoming an electrician. During the week, we were shown various tools and machinery used by electricians. We were assigned the practical task of making a *Calibration Tester* using tools such as metal cutters, drills, pop rivets and benders.



We visited an Electrical wholesaler in Sutherland where electricians purchase equipment to be able to carry out their work and we were also given a tour of the premises and shown the different equipment, tools, lights, pipes, security systems, copper wires used in both industrial and domestic sites. We also learnt about the retail and management option available to people who have an interest in the business aspect of trades.

On the last day of the course, we received a *Statement of Participation*. I would definitely consider becoming an electrician after my HSC and will be choosing the VET course as part of my HSC so that I can get a head start in my future career.

Peter Pham
Year 10

Plumbing

At the end of Term 2, we participated in a one-week Plumbing course at Gymea TAFE. During the week we learnt about what is involved in a plumbing apprenticeship and the different types of plumbing trades. We were shown various tools and machinery used in plumbing and given the opportunity to use some tools to make a metal dustpan and downpipe. We also learnt how to install a bath tub and toilet.



In the future, we are definitely considering doing an apprenticeship as we enjoy practical work using tools and machinery, but we would still like to explore other trade areas and will be applying for short TAFE courses as they become available in Term 3.



Vai Tuitupou and Emosi Tagivetaua
Year 10

Opal Card on Light Rail

Transdev Circular for Opal Card Use on Light Rail Services

What is a School or Child/Youth Opal Card?

The *School Opal Card* gives eligible school students free or subsidised travel on public transport between home and school on Opal network transport mode(s) specified in the original application. It is important to remember that the School Opal Card is only for travel to and from school on school days and doesn't cover travel to After School Care, school excursions, sport and other activities away from school. For travel outside of school, for personal travel or if ineligible for a School Opal card, students must use a *Child/Youth Opal Card*, a concession fare Opal Card for customers aged 4-15 years (inclusive), or 16 years or older who hold a NSW/ACT Senior Secondary School Concession Card. The card must have sufficient balance on it for the intended travel.

Tap on and off, every time to validate your trip

At the start of each trip, tap on by placing your Opal Card on an *Opal Card Reader* located on the Light Rail platform; at the end of the trip, tap off by placing your Opal Card on an Opal Reader again. It is the responsibility of the Opal Card holders to always tap on and off for each trip and each transport mode used during their journey. If an error message displays when tapping on or off, students must take notes of the error code and contact immediately *Opal Customer Care* for assistance.



No tap on and off, no light rail services

Although some students might have a free pass, all students must tap on and off, so we understand customer travel patterns and can adjust the services provided if necessary. If students do not tap on and off, services may be reduced due to the lack of recorded commuters and students. Any lost, stolen, faulty or damaged Opal card must be reported online immediately. While waiting for a replacement card, students must use a Child/Youth Opal Card to travel.

Your Opal Customer Care useful contacts

Call **13 67 25 (13 OPAL)** or visit opal.com.au (24 hours, 7 days):

- Access Opal School or Opal Child/Youth eligibility criteria;
- Apply for an Opal card;
- Register a Child/Youth Opal card, view balance or top-up credit;
- Report an Opal card error message when tapping on/off;
- Update a student profile if details have changed (eg school, home address);
- Report a lost/stolen, faulty or damaged Opal card;
- Order a replacement Opal card.

Alternative contacts:

National Relay Service (NRS) – for deaf, hearing or speech impaired customers – Phone: 133 677

Translating and Interpreting Service (TIS) – for non-English Speakers – Phone: 131 450



Regional Cross Country

On Wednesday June 4 five of our students competed in the *Sydney East Regional Cross Country Carnival*:

James FAKINOS	Year 7
Jackson SOBKOWSKI	Year 8
Raoel YAKUB	Year 9
Justin SELEMS	Year 9
Riyan RAFIQUE	Year 10

Athletics

Regional Athletics Carnival

On August 2 and 3, some of our athletic students represented the St George Zone at the Sydney East Regional Athletics Carnival held at Sylvania Waters.

13s

Alusine KANU	100 & 200 metres
Filipe TUPE	Discus & Javelin

14s

Justin SELEMS	Javelin
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15s

Zac CHARROUF	Discus
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16s

Rojan KHANNA	110 metres Hurdles
Jaideep SINGH BASATI	Javelin

17s

Tavin MUNETSI	High Jump
Daiyaan JULIUS	Triple Jump
Jarren SALANG	Triple Jump
Junior TEREMOANA	Discus

State Athletics Representatives

Riyan Rafique competed in the *NSW Combined High School Cross Country Championships* on Friday July 21. Justin Selems competed in Javelin at the *NSW Combined High School Athletics Carnival*. We congratulate them on their success.

Age Champions 2017



Cross Country

- 12 years – Peter GEORGOULOPOULOS
- 13 years – James FAKINOS
- 14 years – Justin SELEMS
- 15 years – Zac CHARROUF
- 16 years – Riyan RAFIQUE
- 17+ years – Tavin MUNETSI

Swimming

- 12 years – Ali ZAROUAL
- 13 years – Dimitri MAKAPAGKAL
- 14 years – Jackson SOBKOWSKI
- 15 years – Robert HAN
- 16 years – Mohammed ALLOUCHE
- 17+ years – George PERGAMALIS

Athletics

- 12 years - Peter GEORGOULOPOULOS
- 13 years - Filipe TUPE
- 14 years - Justin SELEMS
- 15 years - Zac CHARROUF
- 16 years - Riyan RAFIQUE
- 17+ years – (aeq) Hamza SWIESAH and Tavin MUNETSI

Winter Grade Sport

Results

2017 was a very competitive year for our boys. Many of our winter grade teams missed out on making the semi-finals by just a point or by goal difference. Our boys still played with excellent sportsmanship and commitment up until the last round. Special congratulations to the following teams who made it through to the winter finals and especially to those who went on to play in the grand finals.

Semi-Finalists

5th Grade Table Tennis – Coached by Ms Ali

6th Grade Table Tennis – Coached by Ms Ali

Premiers - Rugby 14s

Our 14's Rugby League team played against Georges River College, Peakhurst High Campus in the 2017 final on Wednesday August 16.



Leading into the final, the team had a remarkable season, losing only one game to Peakhurst High in the early rounds of the competition.

It was clear from the opening kick-off that the strong wind was going to have an influence in the game. Filipe took advantage of some poor defence and ran for 60 metres for the first try of the game. The next try was scored by Gerald as a result of pure strength and determination. The team then combined for the next scoring opportunity. The team captain, Abraham saw an opportunity and threw a cut off ball to put Chris over for our third try untouched. The team were looking strong heading into half-time with a 16-0 lead.

The second half was going to be a lot tougher because of running into the wind. Peakhurst scored early and put the pressure on early. At 16-6, Canterbury dug deep in defence and despite a large number of errors and penalties kept the score the same. This awesome effort and win by the boys would not have been possible without the work of:

Ms Giameos (*Head Coach*);
 Mohammad (*Backs' Coach*);
 Anas (*Forwards' Coach*);
 Emani (*Halves' Coach*);
 Ali (*Motivational Speaker*);
 Vai (*Equipment Manager*);
 Quincy (*Trainer*);

and the parents who came to support the boys.

Mr McKinley & Ms Giameos
 Coaches

Sports Achievement

Riyan Rafique has been one of the most talented young sportsman and athletes here at CBHS. He has represented the school in many St George Zone Athletics and Cross Country carnivals since 2014. Riyan is extremely committed to his running and is always seeking advice on how he can improve his personal best. He has very high expectations in achieving his personal goals of becoming a professional cross country runner and/or 1500 metre runner. This year he represented the St George Zone in cross country and finished second. He then made the Sydney East squad and competed amongst the best in NSW. He finished fifteenth in the state. We wish Riyan the very best in achieving his goals!

