

# Canterbury Tales

# **Canterbury Boys High School**

Where learning is innovative, inclusive and supportive

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**TERM 1 2016** 

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# Principal's Message

# We welcome Ms Giudice, Acting Principal to Canterbury Boys High School

I have proudly begun my journey at CBHS earlier this term as Acting Principal. I was fortunate enough to be given the honourable role of leading CBHS for the remainder of this term as a result of Mr Hill's retirement. I would like to take this opportunity to congratulate Mr David Hill on thirty seven years of quality service to Public Education in NSW, including his Principalship at Matraville Sports High School and more recently (2013 to 12/02/2016) Canterbury Boys High School. I would like to sincerely thank the staff, students and parents whom I have had contact with for their kind welcome.



My initial impressions of CBHS confirm the high expectations I have of a school that is focused on quality education in a caring and supportive environment; a teaching staff that teaches the boys a love of learning and sense of belonging; a school that prides itself on high uniform and behavioural expectations and one that is trusted by the local community.

# **CALENDAR OF EVENTS**

## **TERM 2 2016**

Tues April 26	Staff Development Day
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Wed April 27 Start of Term 2 for students

Thurs May 5 School Athletics Carnival

Tues May 10 Parent/Teacher Night Years 11&12

Tues May 17 Zone Cross Country

Thurs June 2 Parent/Teacher Night Years 7-10

Mon June 27 Zone Athletics Carnival Day 1
Tues June 28 Zone Athletics Carnival Day 2

Friday July 1 Last day of school for Term 2

#### **TERM 3 2016**

Mon July 18 Staff Development Day

Tues July 19 Start of Term 3 for students

Thurs July 21 Year 10 into College Night

Thurs Sept 22 Year 12 Graduation

Friday Sept 23 Last day of school for Term 3

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#### Principal's Message continued...

My background is Co-Principal at Merrylands High School (June 2012 to beginning of 2016) and concurrent Deputy Principal from 2008. I come with a wealth of educational leadership experience.

I have been impressed by the exceptional university and business partnership programs, the depth of student leadership including volunteering programs and the successes of the sports, theatre and 'green squad' environment groups, and the strong partnership links and programs with partner public schools across the Canterbury Network. Thank you.

Belinda Giudice Acting Principal

# **Deputy Principals' Notes**

#### Year 8

The school year has started well for Year 8 with many excelling in new Stage 4 subjects such as French. Students are maintaining an excellent level of attendance and academic engagement and I would like to extend my congratulations to our recent students of the week who model these learning habits: Robert Han and Liu Li Song.

Year 8 students have made some great contributions to school life through active involvement in Clean Up Australia Day with the Green Squad and The Theatre Group performing at Earlwood Preschool. The community has greatly benefited from this work and we look forward to continuing this spirit of community service as the year goes on.



Ms Christofides with Theatre Group students rehearsing

#### Year 10

I have recently attended an induction ceremony for our Year 10 CHPRSL Scholarship winners and was thrilled to see how excited they were to start their course. This is a wonderful opportunity for our boys to develop skills for the workplace and we are keen to see the boys in action in this inaugural program. Careers have been a focus for Year 10 this term and all students have completed a future planning session with Ms Giameos, Ms Bursill, Ms Boeriu and I. In this session, students were encouraged to consider their academic goals, future career plans and how to achieve them.

Year 10 will also be undertaking several partnership programs with Sydney University and UNSW. We are looking forward to the upcoming Physics Challenge at UNSW and study skills workshops at Sydney University in Term 2

#### Year 12

It has been heartening to see more Year 12 students accessing the Wednesday Tutorial program and using the Homework Centre. It is this commitment to study and improvement that we value highly at CBHS. Many students will have just completed assessment tasks and their half yearly reports will be available early in Term 2. We hope to see students and families at Parent Teacher Night to discuss progress and the path to the HSC.

The Text Nudge program is also available to our Year 12 students. It is a service provided by UNSW aimed at assisting students to keep on top of study demands, scholarship applications and the HSC. It is easy to subscribe and parents can also receive messages. Permission notes are available at the school. This is just one of the great ways our school connects with universities and we encourage all of Year 12 to participate in this great program.

Ms B. Conway Relieving Deputy Principal, Years 8. 10 &12

Term One has been a productive and exciting term. With Year 7 beginning their high school journey and College One starting on the path to the HSC. Year 9 has also taken up many exciting opportunities to develop their leadership and team work skills. I look forward to working with our students on more exciting learning opportunities throughout the year.

#### Year 7

Year 7 is to be congratulated on their positive start to high school. They have been doing well in the classroom, on the sporting fields and in programs that help build team and social skills. Interim reports have been issued and it is pleasing to see so many students actively embracing our learning habits and accessing the Homework Centre to improve their learning. They are valuable members of grade sporting teams, representing the school with pride.

They also eagerly embraced the recent antibullying workshops, learning about respectful relationships that will strengthen the year group. The camp will also be a good opportunity to continue to develop team work, communication and respectful relationships. I look forward to seeing them continue to grow and develop as learners in Term 2.

#### Year 9

Throughout Term 1, some Year 9 students have been involved in the 'Kids Say No' program with Belmore PCYC. This program has taught them about respectful relationships and active citizenship. The students have been outstanding ambassadors for the school, receiving high praise from Senior Constable Danny Kidd for their commitment to the program.



As part of the program, CBHS welcomed former Olympian and TV presenter Johanna Griggs to the school for a motivational presentation on setting and working towards achieving goals. All of Year 9 and our school leaders attended this engaging and informative presentation, with Ms Griggs commenting and tweeting about how impressed she was with our students. I look forward to Year 9 continuing to develop their leadership skills throughout the year.

#### Year 11

College One have continued to settle into their senior studies, working towards completing their preliminary studies under the compressed curriculum model. Study skills workshops and the Wednesday Senior Tutorial Centre continue to support their learning and I would encourage students to make the most of these opportunities for support and extension of their skills. Our VET students in Construction have completed some of their work placement, with some employers so impressed with their efforts, they offered our students part time work.

College One is also taking up roles in the wider community, volunteering at the Campsie After School Homework Club. It is a testament to their commitment to give back to the community by volunteering for this program and they are to be congratulated.

Congratulations should also go to our successful House Captains on being elected to lead their house and also leading their teams at the swimming carnival. This is one of many leadership opportunities available to College One and I look forward to the growth and development of leadership skills of all students throughout the year.

Ms C Player Deputy Principal, Years 7, 9 & College 1

# Message from the School Counsellor

# What to expect at a headspace centre

At your local headspace you can get help for any type of health problem. You might be concerned about your physical health, your mental health, or perhaps about using alcohol or other drugs. Headspace helps you to access the right type of health worker for your needs.

This could be a doctor, psychologist, social worker, counsellor, occupational therapist, youth worker, alcohol and drug worker, or Aboriginal health worker. People at headspace can also help you find an education or employment program that suits your needs. Headspace offer services for people who are aged between twelve and twenty five.

Headspace Centres are designed for young people – they understand the needs of young .people.

#### Finding a headspace centre

To find out if there is a headspace near you visit 'headspace sites' on our website: www.headspace.org.au/home/headspace-sites.

#### Making an appointment

Making an appointment is simple, just telephone headspace to find a time that suits you. Headspace Centres are located at:

 Camperdown:
 ph. 9114 4100

 Hurstville:
 ph. 8048 3350

 Ashfield:
 ph. 9193 8000

#### What to expect when you visit headspace

It's not unusual to feel nervous about getting help for the first time, and talking to a stranger about what's on your mind can take a while to get used to. It sometimes helps to bring along a friend or a family member for support. Services at a headspace are either free or have a low cost. You can ask if there is a cost when you make your appointment.

Doug Creighton, School Counsellor Ph. 9798 8444 Ext 120

# Uni for a Day

On March 31, Year 8 students attended an excursion to The University of NSW as part of the UNSW Aspire Program. We learnt about what university is, who can go to university, what university is like and the difference between school and university.



The day involved an ice breaker activity run by UNSW ambassadors, a tour of the campus, a fun fact relay, an Electronics workshop in the Michael Crouch Innovation Centre and a Performing Arts workshop at NIDA. The electronics workshop included building electrical circuits, a demonstration of the laser printer and the usage of a 3D body scanner resulting in a 3D model of our faces. At NIDA we engaged in drama warm up activities and we were given a behind the scenes tour of the stage and lighting equipment.





My future career plan is to study Medicine at UNSW and become a General Practitioner. (Annan)

My future career plan is to study Sport Science at UNSW and become an Exercise Physiologist in a clinic. (Jacob)

Jacob Nabhan and Annan Ahmed Year 8

## **Hospitality Scholarships**

Ten students have been awarded a full scholarship to complete a Certificate III in Hospitality with Canterbury Hurlstone Park RSL Club's School of Hospitality: Luca Angrisano, Andrew Liras, Jordan Haenga, Cameron Douglas, Dipak Paija, John Psihoyios, Peter Pergamalis, Denzel Taumalolo, Tulley Rogers-Homoki and Craig McKenzie.



The students and their families attended the launch of the pilot Hospitality Scholarship Program at the club on Monday 21 March, where they were welcomed congratulated by the club's General Manager, Mary McTaggart and other key members of staff. The course is valued at \$6.500. however, the cost to the student is nil. The course will take place over fifteen days spread throughout the school vear where the students will work through 15 units of competency to gain a full Certificate III in Hospitality. This qualification will provide these young men with the opportunity to begin a career in Hospitality or give them the skills and ability to work within the industry while pursuing further education. Students will be given a workplace mentor at the club and, provided they work well throughout the year, be given a written reference.

We are grateful to CHPRSL for this unique opportunity. I would like to thank Cate Griffiths, RTO Manager and Paul Kougias, Community Sports/ Club Grants Coordinator who have made these scholarships available to our students.

Patricia Bursill Transition Adviser

## Twinkle, Twinkle, Little Stars

On May 11 the Theatre Group went 'on the road' to perform for the local community, at Earlwood Uniting Church Preschool. The short play was an engaging jungle story which the pre-schoolers were anticipating for weeks. Each of the three performances was met by enthusiastic laughter and applause from both the staff and children. It was wonderful to watch all the little faces light up in delight as the lion roared and the zebras and antelopes cowered.

The students spent hours in rehearsal, making sure their performance was perfect. The group painted their own backdrop, and made hand puppets and jungle animal masks with the aid of their Drama teachers, Ms Horne and Ms Christofides.

The director of the preschool, Ms Lynne Marshall, had been thrilled at their offer to perform and afterwards commented that it was a special experience that the children would talk about for days. The performance was a great opportunity for the children to apply their new understanding as they had been learning all about animals of the jungle in preparation. They were in awe but at the same so excited to see all the 'wild' creatures materialise at their preschool.



The whole event was a positive experience for all and helped to forge wonderful links between the high school students and the younger children. The performers stated that they looked forward to mentoring other young children in the future. The Theatre Group is to perform for several local primary schools and community aged care facilities in the near future.

Ms Christofides

#### **Careers Column**

# **Years 11 and 12 Career Planning Interviews**

Individual student Career Interviews have been conducted by the Careers Adviser and students have been given a copy of their Career Plan to follow and show their family. This Career Plan outlines student career aspirations beyond the HSC, steps required to achieve their goals as well as a 'back-up' plan in the event that the original goal is not achieved. Students have been advised to discuss their plans with their teacher mentors and family and to seek support in pursuing their goals.

Parents/carers are welcome to contact the Careers Adviser on 9798 8444 to discuss their student's post school options or alternatively make an appointment to meet with the Careers Adviser.

#### **Work Experience**

Work Experience is a fabulous opportunity for students enabling them to explore career possibilities and fine-tune their career aspirations for the future. It also assists students to gain general knowledge and skills required in the workplace, increase confidence and assist with subject selection for the senior school.

Work Experience is usually undertaken by Years 9 and 10 students but is not compulsory and may be undertaken throughout the year except during exam and assessments.

I encourage parents/carers to have a discussion with their student about choosing suitable work experience and for students to see the Careers Adviser for further information. Parents/carers are also welcome to contact the Careers Adviser on 9798 8444 should they have any queries regarding Work Experience.

#### **JobJump and Wirl Career Websites**

Our school has subscribed to two Careers websites, "JobJump" and "Wirl" that parents, students and staff can access with passwords given below.

www.jobjump.com.au Password is "colt". www.wirl.com.au. Password is "giant81"

JobJump contains a range of very useful information and tools to assist with career decision making, including career testing, TAFE, University and apprenticeship information, resume and cover letter samples as well as occupational information and short videos. You can also register online to receive weekly Careers News based on pre-selected subjects and career areas of interest.

**Wirl** contains a Career Testing tool to assist students with identifying suitable career choices as well as a wide range of occupational videos for students to explore.

I am confident that parents and students will find both JobJump and Wirl to be valuable resources regarding future career planning.

# UNSW Aspire – 'Text Nudge' SMS Service

'Text Nudge', a project run by UNSW's ASPIRE program, uses SMS technology to send students and parents important text messages regarding HSC study and exam tips, stress management tips, and reminder texts of key dates relating to TAFE and university applications and open days.

Year 12 students have been given the opportunity to take advantage of the 'Text Nudge' service by completing the Text Nudge student form and returning it to the Careers Adviser. Parents also have the option to register and receive the same messages as students by stating their name and mobile number on the same form. Please note that students and parents can opt out of the service at any time they wish.

#### Careers continued...

# Big Day In At the University of Technology Sydney

Year 9 and 10 students studying Information, Software and Technology attended an IT careers conference at UTS on March 1. The aim of the event was to create awareness and interest in careers available in technology.



Through interactive presentations and demonstrations, students heard from leading speakers from companies such as Microsoft, Westpac, Fishburners, Adobe, CBA, Animal Logic and Wisetech Global talk about their own career journey, the future of technology and skills required in the field of technology.

Students were also given the opportunity to visit exhibitor stands to speak with university and business representatives.

Research indicates that Australia faces a shortage of people with STEM (Science, Technology and Engineering) qualifications and 75% of new jobs created will require these qualifications.

Whilst not all students are interested in STEM subjects at school, it is important to make them aware of the opportunities that such subjects can provide in terms of future job prospects.

# **2015 Higher School Certificate Post- School Destinations**

Our 2015 HSC cohort have chosen to pursue a variety of career pathway options including university, private colleges, apprenticeships, traineeships, TAFE, or employment.

Charles Lokoli-Ngoy, a talented soccer player is striving to become a professional soccer player and is currently playing for the under 20s Sydney FC.

Of the 69 students who sat the HSC, 62% of students have continued onto tertiary studies, 8% commenced apprenticeships or traineeships, 13% engaged in employment and the remaining students are seeking employment or were not contactable.

Courses undertaken at University range from Aviation, Civil Engineering, Chemical Engineering, Computer Science, Information Technology, Science (Zoology), Business, Commerce, Construction Management, International Studies and Policing.

Students at TAFE have chosen courses in Hospitality, Computer Assembly and Repair, Games Design, Multimedia, Maritime Operations, Surveying and Youth Work. Students at private colleges have chosen courses in Business and Aged Care.

The types of trades chosen by students include Carpentry, Automotive Mechanics, Air Conditioning and Refrigeration, Plumbing, and one student has commenced a traineeship in Library and Information Services.

Alexandra Giameos Careers Adviser

# Leadership

#### **SRC 2016**

Congratulations to these students who have been elected to the Student Representative Council for 2016.

Year 7:

Azhar Hossain Sami Orakzai Richard Redwood

Year 8:

Moynor Islam James Loukis Justin Selems

Year 9:

Azim Adit Zac Charrouf Tumuru Tokorangi

Year 10:

William Dousha Sailes Kharel Jaequan Ratukumore

Year 11:

Joseph Charrouf Min Joung Tavin Munetsi.

Mr McKinley Leadership and SRC Coordinator

#### **Bupa Volunteering**



The prefect body of CBHS have been volunteering at their local Bupa nursing home centre in Canterbury. The students who participate complete activities such as dominos, card games, bingo, snakes and ladders and memory games.

Tyson McLeod Prefect

#### **Watson School Leader Awards**

On Thursday 31 May, our School Captains, Finnian Jenkins and John Nguyen, attended the Watson School Leader Awards.



The Watson School Leader Awards was a great event to attend for me because I got a sense of the other schools in the area and what kinds of people were leading their respective schools. To have the Honourable Tony Burke to present our awards was important because it allowed both him and the students to mingle and connect and not have the perceived gap between students and someone of his position.

Finnian Jenkins School Captain

## **Open Day**

We would like to thank the Prefect body, SRC and other student and family helpers who assisted the staff to run a successful Open Day on Saturday February 27 2016.



## Clean Up Australia Day

The CBHS Green Squad continued its proud tradition in participating in Clean Up Australia Day on Wednesday March 9. Twenty six students and two teachers started in Saint Mary MacKillop Reserve and followed the Cooks River down to Sutton Reserve, picking up rubbish on both sides of the bank.



The majority of the litter was plastic bags, paper flyers, glass bottles and cans. The human impact on the ecosystem was evident in the appalling amount of rubbish clinging to the banks of the river. However, it was encouraging to see the wide variety of bird life in the area, including a very noisy flock of cockatoos. The Green Squad was also pleased to see the schools of fish swimming in the river.





The event is a reminder that community involvement is essential to the health of the Cooks River and other natural environments that are affected by human activity.



It is important that as individuals we are aware of the impact of our actions and always dispose of litter carefully and responsibly. Well done to the Green Squad for demonstrating active citizenship!



# **Kids Say No Program**

A group of selected year 9 students are taking part in the 'Kids Say No' program run by Belmore PCYC to develop a greater awareness and understanding of respectful relationships and lead the school as White Ribbon ambassadors.

The students have had the opportunity to listen to a variety of guest speakers and take part in practical activities.



As part of the program Johanna Griggs, an Olympic Gold medallist, TV presenter and ambassador for Beyond Blue came out CBHS to speak to the boys about the importance of mental health and wellbeing.



Stephanie Goni Student Support Officer

# **Start Smart Workshops**

#### **Maths Incursion**

On the March 17 the Commonwealth Bank ran a workshop at CBHS for all of Years 8, 9 and 11.



This workshop supports financial literacy and the financial maths which all students learn in Mathematics.



The students appreciated the workshop and were quite engaged in leaning about earning money, investing money and making smart choices with money.

N Simpson Head Teacher Mathematics

#### **Zoo Business**

On March 23 our senior Business Studies students went to Taronga Zoo. They learnt how Taronga Park implements their marketing plan. This excursion was very beneficial to our Business Studies students, relating to the topic currently being studied in class.



## **Homework Centre**

- Does your student need help with his homework?
- Have they got an assessment task to complete?
- What about a quiet place to study?
- We invite your student to come along to the Homework Centre in the Library.

Staff will be available to help students with their homework, assessment tasks and study skills.

WHERE: School Library

<u>WHEN:</u> Every Monday and Thursday

TIME: 3:30 pm - 4:45 pm

COST: It's FREE!

Contact Ms Robson at CBHS on 9798 8444.

#### **Knockouts**

#### Sydney East Open Basketball Knockout

On Wednesday March 16 our Opens Basketball team, accompanied and coached by Mr Frade, competed in the Regional Basketball Knock-out Competition. We travelled to Sutherland Basketball Stadium to compete against Woolooware High School.



Our boys, aged 14-16, tried their best during the two 20 minute halves, both offence and defence. Unfortunately, we were out matched by Woolooware's strong offence and faced defeat 31-37. It was a profound learning experience as well a great opportunity for our boys to be a step closer to their sporting endeavours.

by Min Hyeok Joung

#### **Sydney East Open Cricket Knockout**

On Wednesday March 16, the Open Cricket Team played a knockout game against Menai High School at Beaman Park, accompanied by Mr Rao.

Unfortunately, the team was beaten soundly with Menai scoring 193 runs to our 24 runs. However, they proved themselves to be good sportsmen, valiant in defeat.

## **Congratulations Peponis**

# **2016 Swimming Carnival House Champions**



The swimming Carnival was a success with lots of participation from the students in both the races and novelty events. It was great to see everyone giving it a go and supporting their house colours including the teachers who took part in the relay. Overall it was a fun day for everyone involved.





#### **Age Champions**

12 years Dimitri MAKAPAGKAL13 years Jackson SOBKOWSKI

14 years Robert HAN

15 years Tulley ROGERS-HOMOKI

16 years George PERGAMALIS

17 years Kai ROGERS-HOMOKI

#### **Record Broken**

Congratulations to Jackson Sobkowski who also broke the 13 years 50 meters Freestyle record – 33.41 seconds!

# **Zone/Regional Swimming**

The following students represented our school at the St George Zone Swimming Carnival on Tuesday 1 March and/or Friday 4 March 2016.

James BUTT

Aris GEORGOULOPOULOS

Shannen GRECH

Robert HAN

Dimitri MAKAPAGKAL

George PERGAMALIS

Thomas RAJ

Jasper ROGERS-HOMOKI

Kai ROGERS-HOMOKI

Jackson SOBKOWSKI

Rhys TURNBULL

Congratulations to all these students and especially to Jackson who became the 13 years Age Champion and Robert who was the 14 years Age Champion Runner Up.



Jackson and Robert then went on to represent CBHS and St George Zone at the Sydney East Regional Swimming Carnival on Tuesday 15 March 2016. They both did extremely well. Jackson made it through to the State Swimming Carnival.

Mr Kapsimalis Sports Coordinator