



Canterbury Tales

Canterbury Boys High School

Where learning is innovative, inclusive and supportive

220-252 Holden Street
CANTERBURY NSW 2193
Phone 9798 8444
Fax 9716 7603
Email canterburb-h.school@det.nsw.edu.au

TERM 4 2015

PAGE 1

Principal's Message

Award Winners

I would like to congratulate the following students:

Samy Rahman on being awarded the Year 10 Academic Excellence Award 2015 from the *University of Sydney*;

Joseph Charrouf was successful in gaining an ABCN Scholarship (*Australian Business and Community Network Scholarship Foundation*).



Thank You Parent Helpers!

One of our parents, Mr Mark Muller, was nominated by the school for the Canterbury Network Public Excellence Awards. Mr Muller was recognised at a special awards ceremony held recently. He has worked tirelessly for the school as a member of the P&C over a six year period. I must also recognise Vicki Massey who similarly in her role as P&C Secretary has provided great service to the school over an extended period.



CALENDAR OF EVENTS

TERM 1 2016

Wed Jan 27	Staff Development Day
Thurs Jan 28	Term 1 starts for Years 7, 11, 12
Friday Jan 29	Term 1 starts for Years 8, 9, 10
Thurs Feb 11	School Swimming Carnival
Sat Feb 27	Open Day 10am-2pm
Tues March 1	Zone Swimming Carnival Day 1
Friday March 4	Zone Swimming Carnival Day 2
Friday April 8	Last day of school for Term 1

TERM 2 2016

Tues April 26	Staff Development Day
Wed April 27	Start of Term 2 for students
Thurs May 5	School Athletics Carnival
Tues May 10	Parent/Teacher Night Years 11&12
T,W,Th May 10-12	NAPLAN Tests
Tues May 17	Zone Cross Country
Thurs June 9	Parent/Teacher Night Years 7-10
Thurs June 23	Year 10 into College Night
Mon June 27	Zone Athletics Carnival Day 1
Tues June 28	Zone Athletics Carnival Day 2
Friday July 1	Last day of school for Term 2

IN THIS ISSUE

Page 1	Principal's Message/Calendar of Events
Pages 2-4	Deputy Principals' Notes
Page 4	ARCO Information/Holiday Survival!
Page 5	School Student Transport Updates
Pages 6-7	Faculty News
Pages 8-10	Careers Correspondence
Pages 11-14	Excursions and Events
Pages 15/16	Sport

Principal's Message continued...

White Ribbon Day

The school was represented at the White Ribbon March this year by both students and members of staff. Campsie Police and Canterbury Council invited the community to the White Ribbon March to share the message, *'There is no excuse for abuse!'*



Rollover

I am very pleased to say that we have had a very smooth transition to our 'new school year'. There will be some minor changes to our school timetable in 2016 as the school staffing changes but the majority of classes and teachers will remain as they are. One change of note, however, is that Year 9 will be in two classes for core subjects.



2015 has been a very exciting and successful year for the school. I wish you and your family a joyful festive season.

Regards
David Hill
Principal

Deputy Principals' Notes

As we come to the end of another year of learning, it's important to reflect on all the wonderful learning experiences and achievements that have happened throughout the year. I feel proud of the achievements of the students in my year groups and across the whole school, and the dedication of the Year Advisors who work with your students to help them develop into active citizens and lifelong learners.

Year 9

Our Year 9 students continue to grow and develop as learners and leaders in the school. Many participated in programs to help them on their journey. The RAISE mentoring and fusion programs helped them develop goal setting and resilience skills. The Y Brave program helped them with friendship strategies to ensure Year 9 continues to grow as a successful team. Riyan Rifique's achievement on the athletics field earned him a zone award and he is to be congratulated. I look forward to watching Year 9 continue to develop into school leaders. A big thank you to Nathan McKinley for his dedication to the wellbeing and progress of the students in his year group.

College 1

It was an exciting year for our Year 10 students who, after completing their Year 10 studies, began their journey into College One and their HSC studies. They have had many fine achievements this year. Congratulations to Joseph Charrouf who won the ABCN Scholarship. This will help support his studies for the next three years. After another successful *Lawyers in Schools Program*, six of our students were chosen to be part of an expert panel at the *Rights of the Child Conference* for the *Australian Human Rights Commission*. Congratulations to George Pergamalis, Joseph Charrouf, Min Joung and Daiyaan Julius. Their opinions will be used to write a report for the Federal Government. I would like to take the opportunity to thank Roy Prasad for his dedication and hard work to the students in his year group.

Year 12 2014/15

Our Year 12 Students finished their journey at our school with their Graduation and HSC Examinations.



I would like to acknowledge the hard work of the leadership group, led so ably by Phillip Bui and Raymond Le, our outgoing school captains. Their leadership and mentoring of the junior students truly exemplified the school spirit and we are richer for it. I wish all of Year 12 luck as they start the next stage of their journey, whether it is further study, an apprenticeship or entering the world of work.



I would like to thank Marilena Webster, for her hard work and dedication to the students of her year group.

I would also like to recognise the achievement of one of our past school Captains, Michael Wright, who has been chosen by the *University of Western Sydney* to be an adjudicator at the *World Debating Championships* in Greece. Congratulations on this amazing achievement.

Whether in the classroom, on the sporting fields or within the community, I am proud of the achievements of our students. I look forward to continuing to work with our students in 2016 to help them achieve their learning goals. I wish you all a happy and safe holiday.

Ms Player

2015 has been a busy year and I would like to begin by congratulating students on their diligence and sustained effort throughout the school year. Their participation in diverse aspects of school life including sports, the environment, musical programs, drama and extra tutorial lessons has given many a rich learning experience. With our College Model now in operation, our students have all started a new school year and are to be commended for making a smooth transition into new classes with new teachers and programs.

Year 8

Students continued to demonstrate their learning in interesting ways this term with participation in Sleek Geeks, a Science initiative in cooperation with *Sydney University*. Students in 7H produced short films illustrating a scientific concept and then attended a presentation of these at Sydney University. Approximately forty students also attended an end-of-year excursion to Homebush to see the V8 Supercars, a great lesson in statistics and engineering in action. Students on this excursion were rewarded for a year of hard work and success with a great day out.

Year 10

Recently, Year 10 participated in RoSA (Record of School Achievement) workshops as part of their transition into the senior years. Ms Boeriu and I explained new regulations regarding assessment and learning and answered many interesting questions about embarking on senior school. Students in Year 10 showed interest and enthusiasm for their learning and have already made an excellent start to the year completing assessments in several subjects. They have also considered a variety of future pathways through careers workshops and attending programs at UNSW and TAFE.

Year 12 2015/16

The HSC is in full swing and Year 12 has completed the first of four terms of their HSC course. Students have applied themselves with diligence and many have shown extra initiative in attending the Wednesday afternoon tutorial sessions with teachers.

DP Notes continued...

I encourage students to continue to access this great program which provides assessment help and extra workshops to assist the development of skills. I would also like to take the opportunity to congratulate and thank the newly formed prefect body for their excellent work attending local primary school discos, volunteering at a nearby nursing home and supporting the wide array of school programs here at CBHS.



I would like to thank the Year Advisers and teaching staff who have so ably looked after our students. I wish everyone a safe and happy holiday period.

Ms Conway

Role of the ARCO

Our Anti-Racism Contact Officer (ARCO) is Mrs Abdi. She is the contact between students, staff, parents and community members who wish to make a complaint regarding racism and the procedure that will be used to resolve the complaint, including the person who will have responsibility for dealing with the complaint - the delegate. Her role can be described as the following:

- promote anti-racism education in the school;
- maintain records of suggestions, complaints and allegations concerning racism;
- decide what statistics regarding complaints about racism would be useful to collect;
- alert the school's executive and welfare team to significant statistical trends.

When complaints are resolved, further action is not required but the situation will be monitored. Concerned students and parents can contact her at:

Mrs Abdi
Industrial Technology Staffroom
(02) 9798 8444
nilo.abdi@det.nsw.edu.au



Holiday Survival!

A Guide for Students and Parents

Not everyone looks forward to the holidays. Sometimes they're not the happy time we would like them to be. What can I do to get through?



- Have a balance between keeping busy so you don't get bored and give yourself relaxation time so you don't feel stressed.
- Get enough sleep (8 or 9 hours a night).
- Many services close over the holiday break, so if you need a new prescription or need to buy medications, get them before the holidays.
- Do some physical activity for 15-30 minutes a day (walking, jogging, swimming, something else you like).
- Plan a regular outing or activity for each day or week. It doesn't have to be brilliant – just something you like doing.
- Make a list of who to contact if you need to. Some suggestions are listed below:

Kids Helpline	1800 551 800 www.kidshelp.com.au
Youth Beyond Blue	1300 224 636
Reachout	http://au.reachout.com
headspace	8048 3350 / 9193 8000 www.headspace.org.au
Canterbury Hospital	9787 0000
Belmore Youth Resource Centre	9718 9848
(Phone BYRC to get details of school holiday program)	

Mr Doug Creighton
School Counsellor
Phone: 9798 8444

School Opal Cards

SSTS Applications are now Online

From 2 November 2015, a new online School Student Transport Scheme application process is being introduced for schools within the Opal Network, coinciding with the introduction of the School Opal Card in 2016.



If students currently have a school travel pass in 2015, they will automatically receive a School Opal Card at the beginning of the school year in 2016 unless they have changed their personal details (eg address). School Opal Cards which are being automatically renewed will be sent to the school at the beginning of the school year. Students enrolled at CBHS who did not have a travel pass in 2015 but are now eligible (due to a change of address or residency) and new students enrolling must apply online at www.transportnsw.infor/school-students or call 131500. The online application portal will automatically assess eligibility based on distance rules. Online applications must be printed and brought to the school office for endorsement and posting to Transport for NSW. All new applications for 2016 travel will be sent directly to the student's nominated address.

Advertisement

FREE EXPERT COACHING
YOU MISSED OUT AT YTH LGE TRIALS?
NOT HAPPY WITH QUALITY OF SAP COACHING?
TRY FOR FREE! THE ACADEMY THAT GETS RESULTS!

FOOTBALL MUNDIAL FOCUSES ON DEVELOPMENT

- 40+ wks of training 3 times/wk & game
- TOP FFA & UEFA Lic. Italian Coaches
- Play vs Youth Lge & older teams.

Call 0400-324432 or footballmundial.com.au

Bus Changes for 2016

School Special Buses Renumbered

From the start of Term 1 2016, some school special bus services will be renumbered to eliminate any duplication of route numbers. The routes affected at Canterbury Boys High School, Canterbury Girls High School and Canterbury Public School are:

- 613 from and to Campsie will now be 609
- 615 to Belmore will now be 630
- 675 to Belmore will be 631
- 676 from Dulwich Hill shops will be 633
- 676 to Dulwich Hill shops will be 634
- 688 from and to Campsie will be 632

The routes will remain the same. It is only the bus numbers that are changing.

Exchange Student

Letter of Appreciation

During Semester 2 we had an exchange student from Germany visiting our school. He has now moved to Cairns before returning home. He wrote this thankyou letter to us.

Dear CBHS,

The 5 months that I've spent at this school were amazing. I made many friend and was able to learn a lot about life, friendship and education.

As Mr. Hill told us, this school is very supportive and helps to prepare the students for their life. I came to the conclusion that CBHS is the school that prepared me the best.

Special thanks to Mr. Hill and the deputies who were supporting and helping me when I was lost or not on track.

I would also like to thank the friendly staff at the office for always being very helpful and the teachers that were very nice and great.

Thanks for having me!

Jennis Vollbrandt

Victor Chang Awards

For Excellence in Science

Syed Hasan, Brian Hua, Michael Koorey, Tyson McLeod, Nicholas Luong and Aaron Nguyen Vu were six of twenty Year 11 students from seven schools across *Canterbury City Council* who were presented with awards for excelling in Science at a special ceremony held at Lakemba Library on Thursday 12 November.



The awards were established to continue Dr Victor Chang's legacy and to promote and inspire students to pursue a career in science or health and medical research. The *Victor Chang Cardiac Research Institute* believes that it is vitally important to recognise the efforts and achievements of Australian school students in the area of science.



The school has good reason to be proud of these students' academic efforts. The award recognizes that they have worked with diligence to achieve excellent results and have applied themselves to the course work and assessment, striving for their personal best at all times.

Ms Webster

Science Workshop

Canterbury South Public School at CBHS

CSPS had hands-on science experiences in our Science Labs in November. Some Year 9 students volunteered to provide the Stage 3 students with a valuable and unforgettable experience. The purpose of the workshop was to supplement the work the students were doing in their Stage 3 Science Unit on *Solids, Liquids and Gases*.



In the Science Labs the Stage 3 students got really involved in demonstrations involving changes of states of matter through the distillation process and iodine sublimation. Students were able to see and understand the different states of matter such as solids, liquids and gases.



Students gained hands on experience with a non-Newtonian Fluid as they were able to punch it. They learnt that, although things can be classified into solids, liquids or gases, there are some substances, like slime, that behave a little strangely. Students were given an opportunity to make their own slime. The students really enjoyed these activities.

Mr Gill

LINK Support Program

Social, Vocational and Survival Skills

The first 'LINK Support Program' was facilitated this term by Mr Frade, Ms Scott and Ms Melas for a very lucky group of students.



The program provided students with a range of practical and engaging teaching and learning opportunities, which took place at school and at several venues over a two week period. There was a social, vocational and survival skills focus, including: menu planning, shopping, cooking, budgeting, visiting the Commonwealth Bank at Rockdale, writing cover letters, visiting headspace and enjoying a special lunch at Pymont Fish Markets.



Student responses to LINK SP included:

'I really enjoyed learning how to cook.'

'Visiting headspace was very helpful and now I know where to get help from.'

'Angus from Sydney Kings was awesome, it was great to meet him.'

'Thanks for taking us out on so many excursions.'

'We've learnt so much, thanks for everything.'



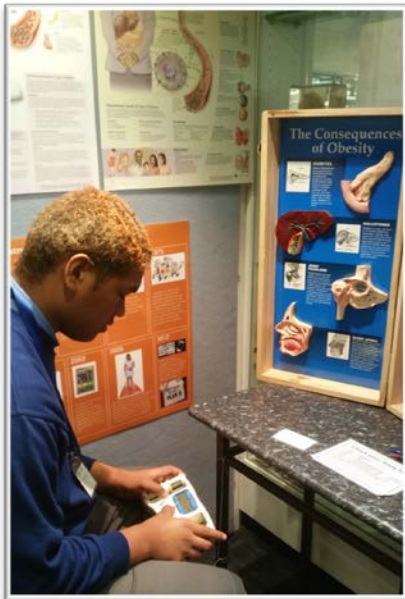
Thank you to Ms Goni and Mr Prasad for their support.

Ms Melas

Careers Correspondence

Aspire Uni for a Day

On Thursday December 3, Year 9 went on an excursion to the *University of New South Wales* (UNSW). The first place we visited was the *Museum of Human Diseases* where we heard a lecture about the effects of smoking on the lungs and the aorta resulting in Atherosclerosis. We were then given ipads for a quiz to answer questions based on body parts which were on display in glass cases on the wall in the Museum.



The next session was a visit to the UNSW Business School where we worked in groups to create a product or service to sell for Christmas. We had to work out a need for the product, the target audience, the budget, how it would be sold and for what price, a tagline, and how it would be delivered. One interesting job we learnt about was a Social Media Strategist who could earn up to \$200,000 per year!



The final session included a fact relay which involved groups competing against each other to answer questions designed to test our intelligence. We also participated in a brainstorming activity which involved reasons why someone should or should not choose to go university.



From this experience, the three of us would definitely like to attend university in the future. Overall it was a great experience and we very lucky to have the opportunity to visit one of the best universities in Sydney!

Tumaru, Tamapeni, Raihan
Year 9

B.Inspiring Conference

Between November 30 and December 2, we attended the B.Inspiring Science and Engineering Conference at the *University of Sydney* over three days. We worked collaboratively with students from other schools on a series of different projects.

Rakesh and Kelepi worked on the issue of food shortage in sub-Saharan Africa, whilst Esam and his group worked on the issue of water management in Afghanistan. Day one started off with problem solving and learning about how to think like a scientist. We also had the chance to meet Dr Karl, a guest at the conference who gave a speech about his occupation and how science can improve the world. Towards the end of the day we were introduced to the major projects that each group had to complete, which would then be presented during the final day.

The next day, we were given time to collaborate, share ideas and structure our presentations with the rest of our group members. One of the main highlights of the day was a presentation given by Jean Mary Voon, the Head of the B. Inspiring Program. It helped us gain a better understanding of our personal brand.

On the last day we finalised our presentations and filmed our reflection videos which were shown to the audience. The judges were associates of Ms Voon, who were working in major scientific and technological occupations. After presenting our projects, the winners were decided, with Kelepi's group coming first! At the end of the day we received our certificates of participation.

The conference has increased our desire to enter university and gave us the opportunity to expand our comfort zones by meeting new people and working with them.

Rakesh Saha and Kelepi Tupou
Year 12

UNSW Aspire Design Thinking Day

On November 27, a group of Year 10 students were chosen to participate in a Design Project run by *Aspire*. The aim of this event was to raise awareness and understanding of the design thinking process and social entrepreneurship. We worked in UNSW's newest building, *The Michael Crouch Innovation Centre*, which is a fabulous learning space for encouraging creativity and working in small groups.



Our students were separated into six different groups, consisting of a mix of students from various schools, and were assigned the task of creating a project design that supports six topics of interest. Some of these topics included; *Mental Health* (finding the balance between social and study life), *Physical Health* (body image), *Food Security* (providing healthy food for children), *Community* (Racism), *Environment* (Ocean plastics) and *Integrating Generations* (care of aging population).

An example of a project that was presented by the group assigned the mental health task was designing a phone/tablet application that balanced social and study life. Another example included the project presented by the group that worked on community racism was also an application that would educate anyone about various races, religions, cultures and traditions in a community. All projects solved problems in a creative way and then were presented to an audience including academic staff, teachers and students.

During the day we had a very special guest come to visit us, the Premier himself, Mike Baird. Mr Baird spent time talking to the students about their work and also gave a motivational speech to inspire the students.

Luca Angrisano and Jaequan Ratumukore
Year 10



Careers continued...

Mentoring Program

On December 10 Years 8, 9 and 10 students participated in a careers program. We are very thankful to the fifteen wonderful former HSC students who volunteered their time to mentor our students in small groups.



Ex- students HSC 2012 & 2014

The program focused on: job categories and personal suitability, occupational information through research, employability skills, the job seeking process, resume writing and interview techniques.



Following is some feedback from students about one thing they learnt:

Year 8

"There are many paths in life to take". Alexander
"Do what you enjoy and what you are good at". Jun

"To never stop believing in yourself and take advice, but don't let anyone force you into something you don't want to do". Junior

"Your career starts right now." Rael

"I learnt about what bosses want from their employees". Andreas

"One thing I learnt is that you need to push yourself to the limit and stick to your dreams". Sherman

Year 9

"How a resume is set out and what interview questions to expect". Zarif

"You don't have to be 14 years and 9 months to apply for a job". Asim

"I have learnt various skills to overcome my fears of applying for a job". Alex

Year 10

"I know what to say at an interview and know what qualities are needed to apply for casual work". George

"I learnt that learning is a key part of a job and life". Judah

"One thing I learnt today is confidence and communication is the key to success". Junior

"I learnt the types of questions asked at an interview". Luca

"Good communication skills, teamwork and the ability to learn". Jordan

"Be confident and passionate about what you want to do". Zeel

"If the interviewer asks you, do you have any questions? Don't say No". Tony

Ms Giameos
 Careers Advisor

Future Googlers

Students in Year 12 Computing and those in College 1, who did elective computing, visited the Australian Google offices in Sydney. Students were allowed a backstage pass to see what it was like to work at Google. They were invited to attend a Q & A panel with several employees of Google, followed by a tour of the offices including workspaces, meeting rooms and the boys' favourite location, the kitchen. Students were able to ask various questions about careers and why the employees wanted to work for Google. As a final treat, all students received a pair of Google Glasses! (sunglasses in one of the Google colours with the logo on them). A great day was had by all!



*Mr Dukes
Computing Teacher*

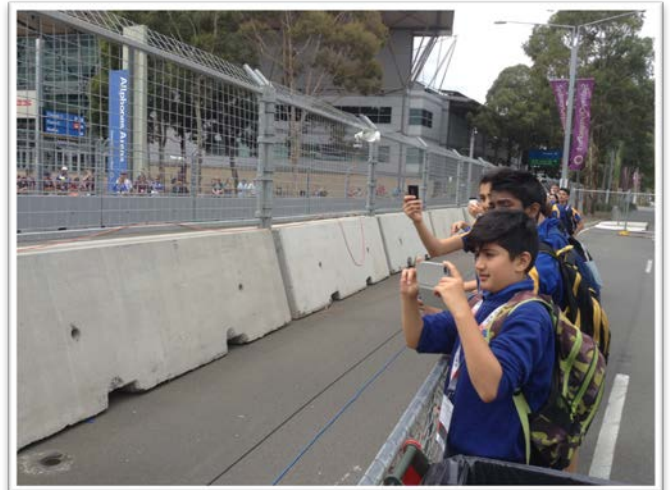
National Young Leaders

The National Young Leaders Day was a great experience for me as it allowed me to hear different perspectives and pathways to success and what people have done in order to get there. The CEO of AIME, Jack Bancroft, I found to be very inspiring because of the success he had at such a young age and how he didn't let age define what he could and couldn't do. Another speaker that clicked with me was Jessica Fox. She talked about the balance of studying for her HSC while training for the London Olympics 2012 and what she had to do to get there. The day was very good and I thoroughly recommend more people go next year.

*Finnian Jenkins
School Captain*

Year 8 at the V8s

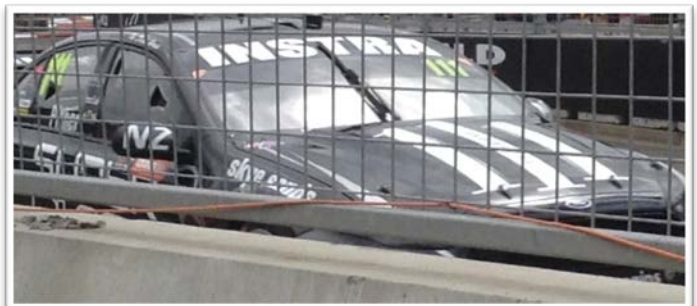
Recently, Year 8 students attended their final year group event, the *Coates Sydney 500* at Homebush on Friday December 4. Students were able to get up close and personal to many of the areas of the race track which are usually restricted for the public.



Some students were able to get autographs by drivers, visit pit lanes and look at the crew trucks that transport the cars between races.



A highlight of the day was that students were able to witness the practice races of the V8 Supercars, which zoomed past with intensity and speed.



We look forward to planning more events for Year 8 next year.

*Mr Dukes
Year Advisor*

Maths in Surveying

Excursion to Bicentennial Park

Year 10 had a great day out at Homebush Bicentennial Park. The boys used the skills and techniques they gained in class and applied them to real life scenarios.



Through the use of Pythagoras' Theorem; sine, cosine and tangent rules, the young men of CBHS were able to find the exact measurements of the height of a trellage tower, calculating the radius of Earth; and measure the distance of a throw with instruments used in the Olympic games; just to name a few.



The boys and I would like to thank all the staff on the day for making it such a successful learning experience and sharing their knowledge on surveying with the group.

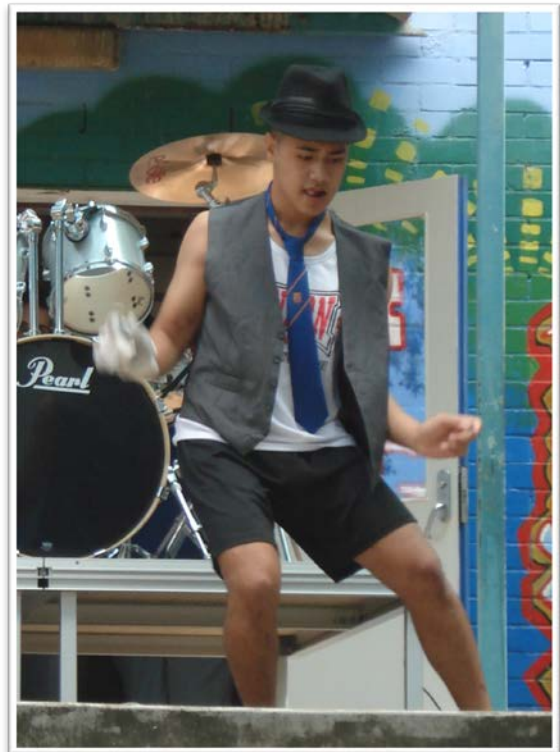
Mr Prasad

Talent Quest

After a washout at *Cantervale*, the school's annual talent quest was held on Friday December 4. An enthusiastic and appreciative crowd was kept entertained by various talents including singing, dancing and playing musical instruments. The judges awarded first prize to Alexander Lorenzon (Year 8). Close runners-up were Finnian Jenkins (Year 12) and Pita Lolohea and Christopher Solo (Year 8). All winners received a gift certificate and all entrants a CBHS hat.



Alexander Lorenzon



'Kingbo'

Ms Robson

Cantervale

Annual Festival

The annual CBHS celebration of cultural diversity was held on 6 November 2015. Current students, ex-students, family, friends and local primary students from Canterbury Public School and Canterbury South Public School enjoyed a day of fun, food, entertainment and activities.

Food from around the globe was on offer including: Greek, Australian, Asian, Mediterranean, Portuguese and Maori and Pacific Islander. The P&C were kept busy selling gelato and cold drinks. Back by popular demand was the French Café serving scrumptious milkshakes and pastries.



Ms Conway serves Chen at the Asian stall

A variety of activities and sports kept students and guests entertained including basketball, mini-soccer, table-tennis, Dance Central and face painting. The SRC ran the Paper Plane Challenge which was won by Winston Ho (distance) and Muhammad Firdaus (flight time). A special event at *Cantervale* this year was a well-received performance by the CBHS Theatre Group of their production *'Fur and Feathers'*. The crowd was treated to non-stop musical performances from our boys and Canterbury Girls High School also showed off their musical talent.

Due to generous donations we were able to raffle off two grocery hampers and a dinner voucher for The Goni's *Schnitzelria*.



CBHS Theatre Group



Connor enjoyed the day

Unfortunately, the good weather did not last and a downpour put an end to the fun and led to the postponement of the Talent Quest.



The Paper Plane Challenge

Cantervale is strongly supported by parents, students and staff. So a huge thank you to all those parents who generously gave their time, food and financial support. Thanks also are due to the teachers and students who organised stalls and ran activities to make the day a success.

More photos from *Cantervale . . .*



Raffle Winner Jeffrey



Mr Prasad – BBQ king



Team Portugal



The Maori & Pacific Islander stall



Sherman, Tyrone, Dante, Finnian and Daryl

Our appreciation is also extended to:

- *Canterbury Leagues Club,*
- *Frangos Charcoal Chicken*
- and
- *The Goni's Schnitzelria.*

*Ms Robson
Cantervale Organiser*

Summer Grade Sport

Congratulations to the following teams who made it to the Summer Grade Sport Finals.

Semi Finalists

- Opens Basketball (Coach: Mr Frade)
- 14A's Touch Football (Coach: Mr O'Halloran)
- 14B's Touch Football (Coach: Mr O'Halloran)
- 14A's Basketball (Coach: Ms Giameos)
- 15B's Mini Soccer (Coach: Mr Gill)
- 14A's Mini Soccer (Coach: Mr Kosta)
- 14C's Table Tennis (Coach: Ms Ali)
- 14D's Table Tennis (Coach: Ms Ali)

Grand Finalists

- Opens Touch (Coach: Mr Ghama)
Runners up to Georges River College
Peakhurst Campus
- 14B's Mini Soccer (Coach: Mr Kosta)
Joint Premiers with Kingsgrove High School
- 13B's Mini Soccer (Coach: Ms Abdi)
Runners up to Blakehurst High School
- 14's Cricket (Coaches: Mr Rao & Mr Bah)
Runners up to Blakehurst High School



Congratulations to all the teams on their efforts this year. A special thank you to all the staff and senior boys who helped coach these teams to great success.

Mr Kapsimalis
Sports Coordinator

Swim School



Year 7 Learn Water Skills

Swim School was held at *Canterbury Aquatic Centre* during Week 7 for three days. It was a compulsory program held for Year 7 students and it was a great success. The weather was fantastic and the boys participated with enthusiasm each day, all day.



Swim School introduces students to the joy of water activities, develops confidence and water safety skills and helps develop swimming technique. They are taught important issues such as how to save themselves and others from harm, especially around various water environments. Some of the skills they learn are basic first aid, water confidence, life-saving drills, emergency care and various swimming strokes. Students are encouraged to utilize the new skills they have gained from Swim School to have a safe and enjoyable holiday whilst enjoying water activities. Thank you to Ms Melas, Mr Ghama, Mr Howe and Mr Frade for all their time and efforts during the swim school program.

Mr Kapsimalis
Swim School Coordinator

Age Champions 2015

Trophies Presented at Assembly



Swimming, Athletics and Cross Country Age Champions received their trophies from Mr Kapsimalis

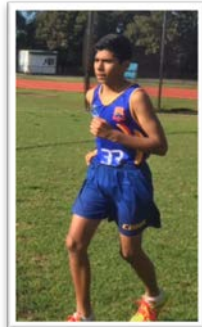
Excellence in Sports

Annual Zone Presentation Day

Congratulations to the following students who attended the St George Annual Zone Presentation day to receive their awards:

Robert Han

St George Zone Runner Up
- 13 years Swimming



Riyan Rafique

St George Zone Age Champion
- 14 years Cross Country

Charles Lokoli Ngoy

- Sydney East Soccer Representative
- NSWCHS Soccer Representative
- St George Zone Blue Award for Soccer
- Selection Under 20s Australian Soccer camp
- 2015-2016 Squad member Under 20s Sydney FC



Charles playing for Australia Under 20s
(www.zimbio.com/photos/)

Outstanding boys!

Mr Kapsimalis
Sports Coordinator

Sydney Kings Visit

Basketball Coaching Clinic

We were lucky enough to have Angus Brandt from the Sydney Kings visit our school on Thursday October 29 to conduct a coaching clinic. Boys from the school's basketball club and boys participating in the LINK SP were part of this experience.



Angus taught the students new skills and ran a variety of dribbling, passing and shooting drills.



'My skills improved, it helped my team play and my communication skills.'

'Angus was nice and showed us how to do the drills.'



Angus expressed his excitement about visiting our school and was impressed with how well behaved and cooperative the students were. We are grateful for the experience and hope Angus can visit our school again.

Mr Frade