

# Canterbury Tales

## **Canterbury Boys High School**

Where learning is innovative, inclusive and supportive

#### TERM 4 2016

220-252 Holden Street CANTERBURY NSW 2193 Phone 9798 8444 Fax 9716 7603 Email canterburb-h.school@det.nsw.edu.au

PAGF

## **Principal's Editorial**



Term 4 has continued to impress. We have seen our College 1 students join Year 12 for the HSC exams and have smoothly transitioned to the 2016/17 academic year. It is with great anticipation that we wait for the release of the HSC results (December 15<sup>th</sup>). Numerous students and staff have been recognised for academic, leadership, arts, civics and sports achievements. This includes:

- CBHS being selected to partner Sydney University as a STEM Academy School – 1 of 13 schools in NSW selected;
- Successful VET in schools audit– highlighting curriculum achievements in Construction and IDT (Information & Digital Technology);
- CHPRSL Hospitality Scholarship program graduation – Year 10 participating students gain their Certificate III in Hospitality;
- Inner West Council Reception to acknowledge the most outstanding Year 12 students. Congratulations to Danny Matar, Tyson McLeod, Nicholas Luong, Brian Hua, Michael Koorey, Aaron Nguyen and Yianni Giannopoulos;

## CALENDAR OF EVENTS

## **TERM 4 2016**

Thurs Dec 15HSC results releasedFri Dec 16Last day for studentsTues Dec 20Last day for staff

#### **TERM 1 2017**

Mon Jan 30	Start of Term 1 Year 7, College 1&2
Tues Jan 31	Start of Term 1 for Years 8, 9 & 10
Thurs Feb 16	School Swimming Carnival
Sat Feb 25	Open Day 10:00 am – 2:00 pm
March 6 & 10	Zone Swimming Carnival
<b>Tues March 14</b>	School Photo Day
<b>Tues March 21</b>	Harmony Day
Wed April 5	Year 7 Vaccinations
Fri April 8	Last day of school for Term 1

#### **TERM 2 2017**

Tues April 25	ANZAC Day
Wed April 26	Start of Term 1 for students
Thurs May 11	School Athletics Carnival
Tues May 16	Zone Cross Country
May 9 - 11	NAPLAN Tests
Mon June 12	Queen's Birthday Public Holiday
June 26 & 27	Zone Athletics Carnival
Wed June 28	Year 7 Vaccinations
Fri June 30	Last day of school for Term 2

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To keep up to date with regular news stories and events of CBHS, please follow us on: <u>http://www.canterburb-h.schools.nsw.edu.au/</u> <u>https://twitter.com/CanterburyBoys</u> <u>https://www.facebook.com/Canterbury-Boys-High-</u> School-467523453336257/

## Principal's Editorial Cont'd

 CBHS students recognised at the NSW Premier's Student Volunteering Awards Ceremony at NSW Parliament House: Congratulations to Brian Hua, Nicholas Luong, Finnian Jenkins, Thien Huynh and Michael Koorey who were acknowledged for their extraordinary efforts in volunteering at BUPA;



- Canterbury & Strathfield Networks Public Education Excellence Awards: Ms Giameos and Mr McKinley acknowledged;
- St George Zone Sports Awards- Jackson Sobkowski, Robert Han and Riyan Rafique acknowledged for achievements at school, zone and regional sport.

As a new Principal, I have now experienced many of the annual events CBHS offers. This includes such celebratory events such as the Prefect Induction Ceremony, Year 12 Graduation, the Annual Presentation Awards Evening and community events such as Cantervale and White Ribbon. May I again say how impressed I am by our fantastic students and dedicated teaching and support staff. I would especially like to thank the efforts of Ms Catherine Player and Ms Belinda Conway in addition to the Executive who collaboratively lead CBHS.

May I take this opportunity to wish you all a great Christmas holiday season and thank you all for welcoming me to the CBHS community. I look forward greatly to 2017 and beyond.

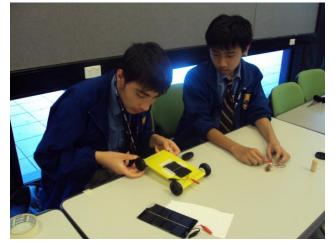
## **UNSW Aspire Taster Day**

## Year 10 Excursion

On November 25, 2016, Year 10 students attended an excursion to the University of NSW. The Aspire Taster Day is aimed at giving students first-hand experience of university life and courses, as well building confidence and getting students to start thinking about their future careers.



The students participated in two faculty workshops; Engineering and Performing Arts. The Engineering workshop involved problem solving, teamwork and individual work to build the fastest solar panel car engineered well enough to survive multiple races. The drama workshop involved small group work using props to create different scenarios and perform in front of everyone.



In the future we would love to come to this university! I am thinking of studying Medical Science (Ehsan Anam) and I am thinking of studying an IT related degree (Alex Grech).

Ehsan Anam and Alex Grech

Thank you, Ms Belinda Giudice Principal

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## **STEM Enrichment**

A Program for our Five Partner Public Schools



During the term, our specialist Science, Technology, Engineering and Mathematics teaching staff have led STEM Primary School Enrichment programs across many of our local partner schools. Students from Ashfield, Ashbury and Canterbury Public Schools attended lessons on-site at CBHS where they utilised a range of specialist facilities'; including our science laboratories, 3D printers, robotics and coding equipment. Our staff travelled to Campsie and Summer Hill Public Schools to deliver STEM lessons.

The feedback from both students and teachers from our local schools has been that the enrichment programs have been exceptional and of a high academic standard. Schools have committed to а more sustainable and long-term primary to high school transition program in 2017. We are excited to showcase our partnership with Sydney University with local schools.



Canterbury Boys High School is proud to have been one of thirteen high schools in NSW to be selected for the Sydney University STEM Academy.



Our teachers attended a three day conference at the university, enjoying working with STEM teams from other schools and university and industry experts in science, technology, engineering and mathematics.



Included in the conference was planning for STEM initiatives in schools and we are looking forward to delivering these at CBHS and with partner primary schools in early 2017.



## **Excellence Awards**

## Canterbury-Strathfield Public Education

On Wednesday the 9<sup>th</sup> of November, CBHS took a lead role in the Canterbury-Strathfield Public Education Excellence Awards; invited to showcase our school's talents by Canterbury Public School who had the honour of leading the organisation of the Awards Ceremony.

Our Prefects greeted guests as they arrived at Canterbury Hurlstone Park RSL Club and Issac Shim and Sherman Guo thrilled the crowd with their talented musical performance.

Ms Alexander Giameos and Mr Nathan McKinley received Excellence Awards in the Classroom and Executive Teacher categories for their achievements that improve student learning outcomes.



Ms Giameos leads the Career programs at CBHS, including the partnership programs with the University of Sydney and UNSW.

Mr McKinley is a highly respected Year Advisor, Student Leadership Coordinator and Relieving Head Teacher English. We thank and congratulate you both on your outstanding contributions to CBHS.

## Victor Chang School Science Awards

## **Omar Swiesah Wins Science Award**



Omar embodies many of the attributes of an outstanding scientist. He is enthusiastic, determined, creative, persistent and dedicated. He has an enquiring mind and frequently makes links between disparate phenomena. He demonstrates leadership and initiative. He willingly shares his knowledge and skills with others in a manner that serves as an encouragement in their studies.

Omar is a talented science student who has demonstrated an outstanding commitment to his achievement in Chemistry. He will be undertaking Biology and Physics as part of his senior studies next year and we expect him to excel in this as well.

He has a high level of understanding for science and is always keen and interested during discussions. He represents the values of Canterbury Boys.

## Farewell Year 12 2016

#### Last Week of School & Graduation

Week 10 in Term 3 is always one of the most significant weeks in the lives of our seniors, their last week of formal schooling. Whilst there is obvious excitement and joy that is liked to celebrating the end of the year, there is also a lot of nervous energy. Our seniors are now called to leave familiar surroundings, take their knowledge, values and skills that they have acquired and become productive members of our society. This does not mean an end to their learning. Learning is a life-long process. It will mean, however, an end to a secure and safe environment where teachers and mates genuinely cared, supported and challenged them when needed.

The highlight of the last week of Term 3 was the graduation which celebrated and farewelled the senior class of 2016. It was held at school in front of parents, teachers and distinguished guests, including Mr Tony Burke (*Member for Watson*), Ms Lucille McKenna (former *Mayor of Ashfield*), Ms Belinda Cook (*Principal, Canterbury Public School*), Ms Anne Larkin (*Deputy, CBHS*) and Mr Tim Reynolds (*Year 12 Advisor 2011-2015*).



The Graduation Ceremony was moving and a thought provoking experience, a celebration of Cantabrian spirit and pride. The farewell speeches by our Captains, Finnian Jenkins and John Nguyen, were clearly heartfelt.



Academic prizes were distributed, the highlight being Aaron Nguyen Vu who was the recipient of three of the major six awards, including the Dux Award. A special mention must go to all students who worked diligently in class throughout the year but did not receive an award; we thank you for your efforts. The musical performances by our Year 9 students helped to make the afternoon truly memorable. Thank you to everyone involved. Special thanks to Ms Stamos and Ms McKenzie whose organisation and creativity was nothing short of brilliant.

HSC results will be delivered to students on Thursday, 15<sup>th</sup> December 2016. We wish students the very best in their future endeavours.

John Kosta, Year 12 Advisor

## Annual Presentation Awards

## **Over 100 students recognised**

The annual Presentation Awards Ceremony is the highlight of the 2016 academic year. Again sponsored by CHPRSL, 100+ students were acknowledged on November 16<sup>th</sup> for their outstanding achievements.



The Honorable Sophie Cotsis, *NSW Shadow Minister for Multiculturalism*, presented our prestigious Cantabrian Awards to:

- Daniel Liu (Year 11);
- Sailes Kharel (Year 10);
- Ky Nishimura-Smirthwaite (Year 9);
- Daniel Stewart-Emery (Year 8);
- Jackson Sobkowski (Year 7).

The University of Sydney Academic Achievement Award recipient was David Long (Year 10). This year, David participated in an accelerated Mathematics program and ranked first place in his HSC assessment task against College 1 and Year 12 students.

## **VET In School**

## Successful Audit

In Term 3, the school showcased its achievements in Vocational Education and Training. A highlight of the audit was the successful introduction of Construction as part of College One and the continued achievements in Information and Digital Technology (IDT).



The internal audit team were very impressed with the learning opportunities provided to our boys, especially the practical projects that enhanced the school environment. This included the creation of picnic tables, the resurfacing of cricket pitches and the tiling of the bubbler area.



Congratulations to our VET team: Mr Cao, Mr Dukes and Mr Maharaj.



## **Hospitality Scholarship**

## Graduation

This term has seen our ten Hospitality Scholarship students complete a *Certificate III in Hospitality*. The students, all from Year 10, were selected for this pilot program during the first term of this year and successfully completed the competencies alongside Year 10 academic responsibilities throughout 2016. These scholarships were made possible by the generosity and commitment of Canterbury Hurlstone Park RSL Club (CHPRSL).

Over the course of the year these young men have been wonderful ambassadors for our school community, carried themselves with maturity and are developing skills for a life after school. They engaged positively in an adult learning situation and also demonstrated an ability to balance school and life commitments. The skills they have learnt will prepare them for life as young men in the wider world.

I feel privileged to have worked with the young men and the wonderful staff at the School of Hospitality at CHPRSL this year. I feel sure that the skills learnt and qualifications gained this year will assist them to find employment in the future.

Our young men will receive their certificates at a graduation morning tea at CHPRSL on December 1<sup>st</sup> where they will showcase their barista and food service skills to their families, teachers and guests at the graduation.

On behalf of the school, students and the families involved I would like to thank Cate, Dianne and Kim form the School of Hospitality and all at CHPRSL for the opportunity given through this valuable program.

Congratulations gentlemen! We are so proud of your achievement!

Patricia Bursill Transition Adviser

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## Cantervale

The annual CBHS celebration of cultural diversity was held on 11 November 2016. Events began with a respectful Remembrance Day ceremony then current and ex-students, family and friends enjoyed a day of fun, food, entertainment and activities. Our special guests also included students from Canterbury and Canterbury South Public Schools.

A variety of delicious global cuisine was available including: Greek, Australian, Asian, Mediterranean, Portuguese and Maori and Pacific Islander. The French Café served their delicious milkshakes and pastries and the gelato and cold drink stall sold out quickly on a hot day.

Among the activities and sports that kept students and guests entertained were basketball, table-tennis, Dance Central and face painting. The Green Squad ran Rockin' Recycling where students made their own mini-terrarium from recycled plastic bottles. The SRC ran the Paper Plane Challenge and the CBHS Theatre Group put on the wellreceived production of 'The Starfish Man'. The was treated to crowd also non-stop performances from our talented musicians.



The Talent Quest had one of its strongest lineups to date. Beginning the performance (and setting the standard high) was the teacher band 'Blue Room'. First place in the Talent Quest was awarded to dancer Henry Ifopo.



Thomas performed with the Theatre Group

*Cantervale* is strongly supported by the community. A huge thank you to the many parents, carers and organisations who generously gave their time, food and financial support. Due to generous donations we were able to raffle off three grocery hampers and a dinner voucher for *Goni's Schnitzelri*. Thanks also to the teachers and students who organised stalls and ran activities to make the day a success.

Ms Robson

## **Homework Centre**

- Does your student need help with his homework?
- Have they got an assessment task to complete?
- What about a quiet place to study?
- We invite your student to come along to the Homework Centre in the Library.
  Staff will be available to help students with their homework, assessment tasks and study skills.

<u>WHERE:</u> School Library <u>WHEN:</u> Every Monday and Thursday <u>TIME:</u> 3:30 pm - 4:45 pm <u>COST:</u> It's FREE! Contact Ms Robson at CBHS on 9798 8444.



## Reduce, Reuse. Recycle

On Tuesday 20 September a representative from Cleanaway came to CBHS to talk to the Greensquad and Year 7 students about recycling and what happens when you put the wrong things in the wrong bins.



We also learnt where all the rubbish goes after it is collected and how long it takes for different materials to decompose.



Suhaib, Dimitri, Jackson & Aris

Muhammad Mawardi, Year 8

## SRE

Special *Religious Education (SRE)* will be available at CBHS starting Term 1, 2017 and is run by authorised volunteers of:

- Canterbury Local Area Scripture combined Protestant (including Anglican, Uniting, Presbyterian, Christian)
- Confraternity of Christian Doctrine Catholic Archdiocese of Sydney
- Islamic provider TBA

The school uses the information provided at enrolment to set up SRE classes. Students continue in the same arrangement each year, unless a parent/caregiver has requested a change in writing. At any time, you have the right to change your SRE nomination or to withdraw your child from the nominated lessons. A note to the Principal will affect this change. SRE will be held every Wednesday 8:40-9:10am. During SRE students who have opted not to participate are supervised by classroom teachers in a separate space and will be completing the school's morning reading program. Your child will receive a participation or withdrawal letter in the near future. It is a Department of Education. that this letter is returned to the school.

Ms B Giudice



## Link Support Program

The second 'LINK Support Program' was facilitated this term by Mr Frade, Ms Scott and Ms Melas for a very lucky group of students. The program provided students with a range of practical and engaging teaching and learning opportunities, which took place at school and at several venues over a two week period.

Mr Frade completed a FOODcents education program that helps students to achieve a healthy diet and save money on their grocery bills. He is now a FOODcents program facilitator!

The LINK Support program had a social, vocational and survival skills focus, including: menu planning, shopping, cooking, budgeting, visiting headspace Ashfield, a Woolworths workplace visit and workshop, and enjoying a special lunch at Pyrmont Fish Markets. To conclude the program we explored some of Sydney's historical and cultural sites, including Royal Botanical Gardens, Mrs Macquarie's Chair, The Rocks and Haymarket.



Student responses to LINK SP 2016 included: 'I really enjoyed learning how to cook'; 'Mr Frade is the best cook!'; 'I'm going to try and come up with a budget so I can save some money'; 'Visiting headspace was very helpful and now I know where to get help from'; 'Thanks for taking us out on so many excursions'; 'We've learnt so much, thanks for everything'; 'Can I join the group next year again?'

Special thanks to Ms Melas, Ms Scott and Mr Frade.

## Holiday Survival!

#### A Guide for Students and Parents

Not everyone looks forward to the holidays. Sometimes they're not the happy time we would like them to be. <u>What can I do to get</u> <u>through?</u>



- Have a balance between keeping busy so you don't get bored and give yourself relaxation time so you don't feel stressed.
- Get enough sleep (8 or 9 hours a night).
- Many services close over the holiday break, so if you need a new prescription or need to buy medications, get them before the holidays.
- Do some physical activity for 15-30 minutes a day (walking, jogging, swimming, something else you like).
- Plan a regular outing or activity for each day or week. It doesn't have to be brilliant – just something you like doing.
- Make a list of who to contact if you need to. Some suggestions are listed below:

Kids Helpline:-1800 551 800 www.kidshelp.com.au Youth Beyond Blue:-1300 224 636 Reachou:-au.reachout.com Headspace:-9193 8000 www.headspace.org.au Canterbury Hospital:-9787 0000 Belmore Youth Resource Centre:-9718 9848 (Phone BYRC to get details of school holiday program)

Mr Doug Creighton School Counsellor Phone: 9798 8444

## PAGE 10

## **Science Events**

## **ASELL Project**

Advancing Science and Engineering through Laboratory Learning (ASELL) Project is a University of Sydney initiative. It provides professional development to teachers to assist them in improving the quality of teaching and learning in laboratory programs in science by running workshops targeted at science teachers and their students. Canterbury Boys were excited to be involved in this initiative and successfully hosted a workshop.



Our teachers and students and those from our neighbouring schools: Ashfield Boys High School, **Belmore** Boys High School. Canterbury Girls High School and Wiley Park Girls High School attended the workshop at CBHS on November 3. In the workshops teachers undertook a number of science investigations, where they developed skills to improve student experiences of investigations, and had the opportunity to meet up with other teachers who are also trying to revitalise their practical classes. The teachers and students involved found it to be a valuable event, experiencing teaching and learning science with an inquiry focus. Thanks to the University of Sydney for this great initiative and for the schools willing to participate in the project.

#### **Spectacular Science**

On 22 November, 30 Year 9 students took a journey into the fascinating world of science, with a day trip to *Spectacular Science* at The University of Sydney. The boys engaged in hands on science activities and met real scientists who shared their discoveries about the world around us.



'The excursion to the University of Sydney was an overall enjoyable experience that was both practical and engaging. The members of the faculty showcased the broad range of topics within science through their comprehensive presentations and prepared activities. I believe the day achieved its purpose in further exploring science in a way that sparks the interest of students so they may become upcoming innovators in leading fields of Science.'

Harry Van Dorssen – Year 10

#### Enviroweek Challenge – Wind Power

As part of Environment Week (September 11-17), Years 7 & 8 Science students participated in a Wind Power Challenge. Students were asked to design a simple wind turbine capable of lifting a foam cup off the floor. The winning team was the team who could produce a machine that lifts the most weight.



Students were provided with cotton reels, paper plates, string, foam cups, tape and pencils and a hairdryer to replicate wind. Each team of three or four were given 40 minutes to research, design, build, test, evaluate and redesign their turbine. What seemed a fairly easy task to some, took more thought and design to achieve a result. Some of the designs were very creative, the winning team lifting 100 grams!

## **SPARK Festival**

## **Excursion to Powerhouse Museum**

The STEAM (Science, Technology, Engineering, Arts and Maths) pop-up activity hub at the Powerhouse Museum was part of the Spark Festival to connect technology, people and ideas. On October 27, selected students from year 7, 8 and 9, attended the Spark Festival.

At the Powerhouse Museum we were first introduced to a robot named Ruby who could talk, sing and dance. We were then allowed to go around to each stall and interact with them. The stalls available were: virtual reality, Sphero/robots, paper lanterns, drones, 3D printing and a crime scene. The virtual reality stall was the best as they had multiple VR headsets as well as a HTC Vive. A close second was the Sphero/robots stall because we got to control and program the robots' movements. Overall the experience was not only fun, but also educational as we learned many things which will help us in the technology filled future.

#### Austin King and Mark Thu - Year 8



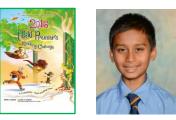
When I had the excursion to the Powerhouse Museum I got to see a multitude of robots, programs in action and scenery. There was contemporary art around the showcase too so I saw that on the way in. We got to see how 3D printers work and what their limitations were. After that we went into a CSI exhibit where we had to look around and use technology to find clues to solve the crime.

Cassius Makda – Year 8

## In the Library

## **NSW Premier's Reading Challenge**

Congratulations to Nabeeluddin Ghori of 8T, who successfully completed the 2016 NSW Premier's Reading Challenge. Hopefully he will enjoy his new prize books and gift voucher over the upcoming holidays!



Well done to all students who participated in this fantastic initiative which provides experiences for students to enjoy literature. The Premier's Reading Challenge encourages a love of reading for leisure and pleasure. It was the biggest year ever for the challenge. This year over 277,000 students across NSW K-9 participated and completed the challenge, reading over 7 million books in the process!

#### **Student Borrowing**

Now that students have moved into next year's curriculum, they have been requested to return all outstanding Library books as soon as possible. I will be mailing out overdue notices to homes in Week 9. If your son still has an overdue book listed on the slip, please return the book, or in the case of lost books, please arrange to pay for them via the school office.

#### **Library Makeover**

If you have visited our Library over the last few years, you may have noticed a few changes. With the introduction of the 3+3 curriculum model and resulting change in Library usage patterns, we are aiming to create a fresh 21<sup>st</sup> century learning space, starting with the furniture! Here is a sneak peek at what used to be the carrel area for individual study.



Before

After



## School travel 2017 Application information Nov 2016

## Information for parents, guardians and students

Our school has partnered with Transport for NSW to use the new online process for you to submit school travel applications.

This means we will be able to process your applications online, making it easier and faster for parents, guardians and students to apply for school travel.

Applications for school travel in 2017 are now open, including for travel to Mascot and Green Square station and for private ferries. Parents, guardians and students are encouraged to apply as soon as they are able via:

#### Applications for 2017 school travel are now open via www.transportnsw.info/school-students

A new application is required when:

- applying for a School Opal card or travel pass for the first time,
- enrolling in Kindergarten, or
- requesting an additional entitlement as a result of a shared parental responsibility situation.

You will need to do an update application if the student has a current school travel pass and:

- is progressing from Year 2 to Year 3,
- is progressing from Year 6 to Year 7, or
- · changes address, or
- · changes school or campus.

Already have a School Opal card or travel pass?

- When you've updated, and you are eligible for free school travel next year, Transport for NSW will send you an email confirmation once your application has been processed. For travel in rural or regional NSW, we'll also inform your nominated transport operator(s).
- If you already have a School Opal card that does not need updating, or you've successfully re-applied, the Opal card will automatically be updated for travel next year. Do not throw it out as you'll be able to use it when the school year starts in 2017.
- If you currently have a printed travel pass provided by your transport operator, a new pass will be will be ready at the beginning of the new school year.

Transport for NSW Tel: 8202 2200 Fax: 8202 2209 18 Lee Street, Chippendale NSW 2008 | PO Box K659, Haymarket NSW 1240

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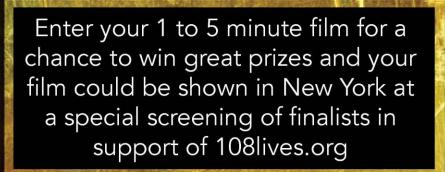
#### A SHORT FILM COMPETITION FOR PARTICIPATING SCHOOLS IN THE INNERWEST

A P&C INITIATIVE | CANTERBURY GIRLS HIGH SCHOOL



# shortFilmfestival

Explore and celebrate what we all have in common: Being Human



## Entries Close 6 March 2017 RED CARPET INTER-SCHOOL GRAND FINAL 6 April 2017 at Canterbury Girls High School

Use your film to share and promote ideas of human commonality, compassion and understanding and did we mention you can win stuff!

1st and 2nd place winners from each school's mini festival go into the grand final to be held at Canterbury Girls High School on 6 April 2017

## How to Enter

Go to: www.beinghumanfilmfestival.com

- Read the terms and conditions and guidelines then make your film
- 2. Upload to YouTube or Vimeo
- 3. Complete the online registration form

email info@beinghumanfilmfestival.com www.beinghumanfilmfestival.com

## **Summer Grade Sport**

Congratulations to the following teams who made it to the Summer Grade Sport Finals.

#### Semi Finalists

15A's Basketball (Coach: Mr Frade)

14A's Touch Football (Coach: Mr O'Halloran)

14A's Mini Soccer (Coaches: Ms Abdi & Mr Chaudhuri)

## **Grand Finalists**

Opens Touch (Coach: Mr Ghama) **Premiers**, defeated Blakehurst HS 6-3

15C's Mini Soccer (Coaches: Mr Kosta/Mr Gill)

Premiers, defeated Kingsgrove HS 2-1

15D's Mini Soccer (Coaches: Mr Kosta/Mr Gill)

**Premiers**, defeated Kogarah HS 5-1

15B's Basketball (Coach: Mr Frade) **Premiers**, defeated Kingsgrove Nth HS 30-16

14's Cricket (Coach: Mr Keating) **Premiers**, defeated Sydney Technical HS

3<sup>rd</sup> and 4<sup>th</sup> grade Table Tennis *(*Coach: Ms Simpson)

Runners Up to Sydney Technical HS

Congratulations to all the teams on their efforts this year. A special thank you to all the staff and senior boys who helped coach these teams to great success.

Mr Kapsimalis

Sports Coordinator

#### **Table Tennis**

Congratulations to the CBHS 14s 3<sup>rd</sup> and 4<sup>th</sup> Table Tennis teams on their success at reaching the Grand Finals against Sydney Technical High School and Blakehurst High School. Unfortunately, they were both out played by the better team. Overall, we had a great season with all members of the team contributing to our success in reaching the Grand Final. Well done boys.

Ms A Simpson Table Tennis Coach

## **Opens Boys Touch Football**

The Opens Boys Touch Football team participated in the grand finals recently after winning a tough semi-final clash with Georges River College, Peakhurst Campus. The grandfinal was against the minor premiers Blakehurst High School. Blakehurst started well with a try in the opening set of the match. Canterbury Boys hit back moments later with a great team try. The first half was a tight encounter with both teams locked up 2-all nearing the half-time break. The second half started intensely with both teams attacking and defending well. Canterbury then went into overdrive lead by Captain Craig, who together with his middles partners and links dominated the Blakehurst defensive line to set up four straight tries before Blakehurst scored a late Canterbury was victorious try. with а convincing 6-3 final score. It was a pleasure to coach the boys this year and they have made our school proud of their achievements. Well done boys. The team are pictured below (missing: Helu, Rohan).



J Ghama Coach

## 15's C and D Mini Soccer Finalists

This year the C and D teams took on Sydney Technical HS and Kogarah HS respectively, in the finals. The boys from both teams went into the game undefeated but they knew their opposition were a force to be reckoned with. Although Kogarah scored the first goal in the D match, Canterbury fought back at half time with the score 2-1. After half time Canterbury scored early and stepped up a gear and scored 2 consecutive goals placing the game out of our reach. It was an exciting match with the final score Canterbury: 5, Kogarah: 1.

An exciting and hard-fought win was also fashioned by the boys in the C Grade final. Sydney Tech edged out to an early 1-0 lead but a determined team approach saw the half-time score 2-1 in our favour. Mr. Gill rallied the players in the team huddle and exhorted them to keep up the intensity and execution. The boys followed the script and played their hearts out in a pulsating and

rallied the players in the team huddle and exhorted them to keep up the intensity and execution. The boys followed the script and played their hearts out in a pulsating and nerve wracking second half. Eventually we ran out 2-1 winners, and the smiles proved a challenging struggle we had what witnessed. An historic moment had been achieved as it was the school's first time winning this particular grade, so heartiest congratulations to all the players involved. It was an honour to be associated with this team and the players can be forever proud of the skill, determination and spirit displayed.

Mr Kosta, Coach

#### **15Bs Basketball Champions**

2016 has been a great season for our 15Bs basketball team, becoming premiers with a great win over Kingsgrove North High School in the final. The CBHS team started the game nervously but were determined to get the win and bring the trophy home. The game started evenly with both teams trading baskets during the first half. But in the second half the CBHS team increased their intensity at the defensive end which created quick baskets at the offensive end. CBHS won the game 32-16. Durina the whole season the team demonstrated fair play, sportsmanship, great teamwork and most importantly, represented the CBHS colours with honour, respect and truth. Well done boys, it was a pleasure coaching a great group of students.



Mr Frade, Coach

#### **U14s Cricket Grand Final**

Even though Canterbury started as underdogs against the undefeated Sydney Technical HS, the team knew if they brought their 'A' game, they would be competitive. Thanks to a century from Sandais and a devastating spell of fast bowling from Moiz they were victorious. Canterbury lost the toss and was sent in by Sydney Tech. A strong opening stand of 60 by Sandais and Atique (18) ensured we weathered the early onslaught. Abraham pushed the pace but Rayhan steadied the innings and provided valuable support to Sandais allowing him to wreak havoc on the bowling, slamming 17 boundaries on his way to 114 not out, taking Canterbury to 2/200.



Moiz bowled with pace and venom to have Sydney Tech at 3/13 early in their innings, a setback from which they never recovered. They were eventually all out for 134, with Moiz (4/20 and a direct hit run out) ably supported by Sandais 2/33, Jayden 1/2 and leg spinning sensation Annan 1/36. Keen fielding by Thomas, Farwaz, solid keeping by Abraham and astute field placement by captain Ehsan ensured the victory was Canterbury's.



Ehsan is to be congratulated on his strong leadership as captain, with his inspiring team talks motivating the boys to perform at their best. It is also important to acknowledge Sydney Tech who played the game in the right spirit and were quick to congratulate CBHS on their victory.

Mr Keating, Coach

## More Sport . . .

## Excellence in Sports – Annual Zone Presentation Day

Congratulations to the following students for their outstanding athleticism and achievements:

#### Jackson Sobkowski

• St George Zone Age Champion 13 years Swimming

#### Robert Han

• St George Zone Runner Up 14 years Swimming

#### Riyan Rafique

 St George Zone Age Champion 15 years Cross Country



#### Year 7 Swim School Program

Swim School was held at Canterbury Aquatic Centre during Week 6 for three days. It was a compulsory program held for Year 7 students and it was a great success. The weather was fantastic and the boys participated with enthusiasm each day, all day.

Swim School introduces students to the joy of water activities, develops confidence and water safety skills and helps develop swimming technique. They are taught important issues such as how to save themselves and others from harm, especially around various water environments. Some of the skills they learn are basic first aid, water confidence, life-saving drills, emergency care and various swimming strokes. Students are encouraged to utilize the new skills they have gained from Swim School to have a safe and enjoyable holiday whilst enjoying water activities. Thank you to Ms. Melas, Mr. McKinley, Mr. Maharaj, Mr. Howe, Mr. Frade and Mr. O'Halloran for all their time and efforts during the swim school program.

Mr. Kapsimalis Swim School Coordinator

#### Football NSW Schools Development Programs

During Term Four, 30 students from Year 7 to 10 have been participating in a Football program conducted by Football NSW. Students have been coached by two accredited coaches from Football NSW every week (Fridays) and put through their paces with a series of planned activities to enhance their skills, improve coordination, fitness and enjoyment of the game.

This program has exposed our students to have fun playing football and will encourage students to represent CBHS in grade sport and even play for their local community club.

Students' quotes:

*'We enjoy having two coaches from NSW football with us every week'* 

'The drills are challenging but fun'

'The program has been fun and enjoyable'

